

Red Deer Duathlon

Sprint Solo Overall Results

Pos	No	Name	Time	Cat	C.Pos	Run1	T1	Cycle	T2	Run2
1	255	Jesse Bauer	00:57:28	M20-29	1	00:17:38	00:01:00	00:29:27	00:00:20	00:09:05
2	284	Deon Flynn	01:01:53	M40-49	1	00:18:37	00:01:00	00:32:02	00:00:33	00:09:44
3	373	Jason Barrett	01:06:19	M20-29	2	00:17:54	00:01:00	00:36:51	00:01:04	00:09:33
4	306	Juston Laprairie	01:08:41	M30-39	1	00:21:14	00:00:51	00:34:45	00:00:33	00:11:20
5	334	Suzie Poirier	01:09:59	F30-39	1	00:22:17	00:00:45	00:34:35	00:00:40	00:11:45
6	331	Jeff Pennington	01:10:23	M50-59	1	00:22:38	00:01:06	00:33:46	00:00:57	00:11:59
7	309	David Lorensen	01:12:38	M40-49	2	00:22:09	00:01:06	00:36:40	00:00:53	00:11:52
8	369	Jacob Kolunovsky	01:15:59	M20-29	3	00:23:57	00:01:03	00:37:35	00:00:43	00:12:43
9	278	Rebecca Dunne	01:16:05	F40-49	1	00:22:18	00:01:10	00:39:33	00:00:47	00:12:20
10	352	Tom Switzer	01:16:14	M40-49	3	00:23:23	00:01:15	00:38:38	00:01:04	00:11:57
11	374	Sorab Gill	01:16:27	M20-29	4	00:23:21	00:01:19	00:39:18	00:00:46	00:11:46
12	262	Natalie Burge	01:17:22	F40-49	2	00:25:05	00:00:51	00:38:22	00:00:44	00:12:23
13	327	Blair Nielsen	01:18:27	M30-39	2	00:24:15	00:01:03	00:39:38	00:01:17	00:12:17
14	291	Pat Harty	01:19:03	M40-49	4	00:23:46	00:01:27	00:40:42	00:01:00	00:12:11
15	293	Leigh Heie	01:19:03	F30-39	2	00:24:26	00:01:34	00:39:24	00:01:17	00:12:25
16	296	Raquel Hicks	01:19:11	F40-49	3	00:25:15	00:01:01	00:39:28	00:00:52	00:12:38
17	351	Nicole Steele	01:20:21	F20-29	1	00:23:22	00:01:23	00:42:30	00:01:13	00:11:56
18	282	Adam Ferguson	01:22:28	M30-39	3	00:27:11	00:01:20	00:38:26	00:01:14	00:14:19
19	342	Tyler Schultz	01:22:56	M30-39	4	00:25:20	00:00:52	00:42:33	00:00:49	00:13:26
20	258	Fraser Bowles	01:24:21	M30-39	5	00:25:08	00:01:24	00:43:19	00:01:13	00:13:19
21	271	David Delorme	01:24:46	M50-59	2	00:25:58	00:01:26	00:37:45	00:01:02	00:18:38
22	356	Janet Vande Glind	01:25:13	F30-39	3	00:25:13	00:01:25	00:44:37	00:01:08	00:12:53
23	359	Richard Vander Leek	01:26:42	M50-59	3	00:25:49	00:01:01	00:44:50	00:00:46	00:14:19
24	338	Scott Rude	01:27:46	M30-39	6	00:26:17	00:00:46	00:46:06	00:00:46	00:13:55
25	312	Jan Martin	01:27:59	F40-49	4	00:16:11	00:02:06	00:50:36	00:00:45	00:18:25
26	354	Ryan Tuck	01:28:31	M30-39	7	00:25:24	00:01:05	00:46:57	00:00:37	00:14:31
27	343	Daren Schwieger	01:28:45	M40-49	5	00:23:43	00:01:42	00:48:46	00:01:20	00:13:17
28	305	Tyler Labelle	01:28:47	M30-39	8	00:25:55	00:00:57	00:44:26	00:00:58	00:16:33
29	253	David Baillie	01:28:52	M60+	1	00:27:49	00:01:07	00:45:26	00:01:00	00:13:33
30	252	Cam Ames	01:29:35	M30-39	9	00:27:20	00:00:46	00:45:16	00:00:36	00:15:40
31	324	Jackie Morettin	01:29:38	F50-59	1	00:29:55	00:01:51	00:40:51	00:01:35	00:15:29
32	345	Lori Seguin	01:29:47	F40-49	5	00:27:38	00:01:09	00:46:28	00:00:46	00:13:48
33	263	Jocelyn Burns	01:30:04	F30-39	4	00:26:36	00:01:19	00:48:13	00:01:14	00:12:44
34	323	Ryan Mooney	01:30:05	M30-39	10	00:29:11	00:01:09	00:42:22	00:00:55	00:16:31
35	340	Rose Schmaltz	01:30:11	F20-29	2	00:28:25	00:01:18	00:45:04	00:00:58	00:14:28
36	280	Jody Ellis	01:31:08	F30-39	5	00:27:46	00:00:59	00:47:13	00:00:58	00:14:14
37	286	Shannon Frayn	01:31:35	F40-49	6	00:30:03	00:01:36	00:43:15	00:01:08	00:15:34
38	347	Miriam Skelton	01:31:55	F50-59	2	00:30:29	00:01:23	00:42:24	00:01:07	00:16:34
39	320	David Misener	01:32:55	M30-39	11	00:27:45	00:00:59	00:49:38	00:00:45	00:13:51
40	281	Holly Evenson	01:33:14	F50-59	3	00:29:32	00:02:04	00:45:17	00:01:26	00:14:57
41	344	Sharon Schwieger	01:34:14	F40-49	7	00:29:57	00:01:52	00:44:37	00:02:06	00:15:45
42	341	Roxanne Schmidt	01:34:34	F50-59	4	00:31:40	00:01:29	00:43:52	00:01:13	00:16:23
43	277	Michelle Driedger	01:35:11	F40-49	8	00:29:25	00:00:57	00:48:21	00:00:34	00:15:57
44	301	Toni-Lee Johnstone	01:36:05	F30-39	6	00:28:30	00:02:02	00:49:46	00:01:01	00:14:49

Red Deer Duathlon

Sprint Solo Overall Results

Pos	No	Name	Time	Cat	C.Pos	Run1	T1	Cycle	T2	Run2
45	270	Steve Cousine	01:36:26	M60+	2	00:28:23	00:01:24	00:51:01	00:01:11	00:14:30
46	257	Kelsey Bilyk	01:36:56	F30-39	7	00:29:48	00:01:00	00:50:23	00:01:03	00:14:45
47	266	Shauna Cingel	01:37:02	F30-39	8	00:29:17	00:01:21	00:48:53	00:00:59	00:16:36
48	254	Denise Barkemeyer	01:37:10	F50-59	5	00:30:32	00:01:02	00:48:08	00:01:03	00:16:28
49	337	Jennette Rude	01:37:56	F30-39	9	00:31:33	00:00:45	00:48:25	00:00:39	00:16:38
50	274	John Donald	01:38:41	M50-59	4	00:32:03	00:01:32	00:45:09	00:01:19	00:18:41
51	355	Shelly Tuck	01:40:01	F30-39	10	00:28:44	00:01:00	00:54:40	00:00:47	00:14:52
52	362	Dave Wiebe	01:40:20	M40-49	6	00:28:52	00:01:10	00:53:20	00:00:54	00:16:06
53	366	Robbin Worr	01:43:28	F30-39	11	00:31:00	00:01:31	00:52:56	00:00:58	00:17:06
54	273	Joan Donald	01:45:02	F50-59	6	00:33:28	00:02:19	00:49:56	00:00:59	00:18:23
55	302	Ashley Jorgensen	01:45:10	F20-29	3	00:31:05	00:01:06	00:55:34	00:00:46	00:16:43
56	260	Anita Brown	01:46:42	F50-59	7	00:31:05	00:01:02	00:56:39	00:00:59	00:17:00
57	275	Angele Downie	01:47:53	F50-59	8	00:35:03	00:01:14	00:49:12	00:01:57	00:20:29
58	360	Wilma Vander Leek	01:48:11	F40-49	9	00:33:01	00:01:06	00:54:49	00:01:23	00:17:54
59	308	River Lennox	01:49:18	F20-29	4	00:32:17	00:01:18	00:57:00	00:00:43	00:18:04
60	316	Nellie Mcgeehan	01:50:27	F50-59	9	00:34:17	00:01:12	00:55:03	00:01:13	00:18:45
61	375	Brook Lennox	01:51:29	F20-29	5	00:32:17	00:01:19	01:01:12	00:00:49	00:15:54
62	318	Monique Mcleod	01:52:45	F60+	1	00:33:20	00:02:20	00:54:55	00:01:49	00:20:25
63	264	Andrea Caraca-Hart	01:54:05	F30-39	12	00:34:58	00:01:29	00:56:29	00:01:16	00:19:56