

Only Women's Fitness Fun Run

5k Run

Age Category Results

Ages 18 & Under

Pos	No	Name	Time	O.Pos	Time Behind Categ	Time Behind Winner
1	151	Jillian Stewart	00:22:32	1	00:00:00	00:00:00
2	126	Bailey Johnson	00:22:33	2	00:00:01	00:00:01
3	168	Dina Latrou	00:22:57	3	00:00:25	00:00:25
4	170	Tara McDonald	00:25:12	6	00:02:40	00:02:40
5	169	Sofia Latrou	00:25:20	7	00:02:48	00:02:48
6	141	Megan Johnson	00:25:34	8	00:03:02	00:03:02
7	274	Jessica Porter	00:25:35	9	00:03:03	00:03:03
8	153	Brigitte Lischewski	00:26:01	11	00:03:29	00:03:29
9	278	Zaza Lockhart	00:27:15	17	00:04:43	00:04:43
10	258	Amanda Beasley	00:27:36	18	00:05:04	00:05:04
11	254	Malena Lorensen	00:27:37	19	00:05:05	00:05:05
12	234	Kayla Nesseth	00:27:47	20	00:05:15	00:05:15
13	300	Jayden Johannson	00:28:47	28	00:06:15	00:06:15
14	164	Mallory Fisher	00:28:50	29	00:06:18	00:06:18
15	249	Andrea Aguilar	00:29:06	33	00:06:34	00:06:34
16	318	Megan Kilpatrick	00:29:23	38	00:06:51	00:06:51
17	322	Jade Bussard	00:29:26	39	00:06:54	00:06:54
18	314	Kira Weddell	00:29:27	42	00:06:54	00:06:54
19	13	Lily Overacker	00:29:50	45	00:07:18	00:07:18
20	43	Rachel Vida	00:30:22	52	00:07:50	00:07:50
21	264	Keely Radmacher	00:30:33	54	00:08:01	00:08:01
22	307	Paige Roslinsky	00:31:04	60	00:08:32	00:08:32
23	326	Avery Hansen	00:31:04	61	00:08:32	00:08:32
24	355	Amy Metzger	00:31:30	62	00:08:58	00:08:58
25	312	Emma Lacroix	00:32:10	71	00:09:38	00:09:38
26	305	Quinn Ryckman	00:32:21	73	00:09:48	00:09:48
27	238	Catriona Borys	00:32:35	74	00:10:03	00:10:03
28	345	Chloe Hollings	00:32:44	78	00:10:11	00:10:11
29	392	Karimo Zamara	00:32:47	79	00:10:15	00:10:15
30	189	Anika Bergstrom	00:32:53	81	00:10:21	00:10:21
31	228	Natalie Allan	00:33:37	92	00:11:05	00:11:05
32	200	Keesha Fairbrother	00:33:41	93	00:11:09	00:11:09
33	163	Haley Lefferson	00:33:48	97	00:11:16	00:11:16
34	253	Julia Zhu	00:34:19	102	00:11:47	00:11:47
35	113	Elizabeth Westwood	00:34:23	104	00:11:51	00:11:51
36	40	Emma Kowalchuk	00:34:49	111	00:12:17	00:12:17
37	334	Isabella Kutrowski	00:35:08	115	00:12:36	00:12:36
38	91	Neveah Blohm	00:35:42	129	00:13:10	00:13:10
39	85	Noelle McMurray	00:36:32	144	00:14:00	00:14:00
40	393	Ally Latschislaw	00:38:28	169	00:15:56	00:15:56
41	202	Eden Engel	00:38:30	171	00:15:58	00:15:58
42	319	Leah Kilpatrick	00:39:12	177	00:16:40	00:16:40
43	327	Sophie Hansen	00:39:18	179	00:16:46	00:16:46
44	328	Olivia Hansen	00:39:24	182	00:16:52	00:16:52
45	255	Ava Lorensen	00:39:26	185	00:16:54	00:16:54
46	271	Erin Findlay	00:39:57	194	00:17:25	00:17:25
47	316	Marin Walton	00:40:50	202	00:18:18	00:18:18
48	123	Allegra Michalsky	00:41:15	216	00:18:43	00:18:43
49	623	Ella Tennant	00:41:17	218	00:18:45	00:18:45
50	333	Alexis Squire	00:41:26	228	00:18:54	00:18:54
51	193	Makena Paul	00:44:28	255	00:21:55	00:21:55
52	377	Jordan Quirk	00:45:50	265	00:23:18	00:23:18
53	124	Greta Michalsky	00:47:19	271	00:24:47	00:24:47
54	363	Chelsey Malcolm	00:47:38	274	00:25:06	00:25:06
55	364	Kennedy Malcolm	00:47:39	275	00:25:07	00:25:07
56	145	Kendra Pollock	00:48:34	282	00:26:01	00:26:01
57	338	Janae McClusky	00:50:09	293	00:27:37	00:27:37

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Pos	No	Name	Time	O.Pos	Time Behind Categ	Time Behind Winner
58	339	Lynece McClusky	00:50:09	295	00:27:37	00:27:37
59	368	Jensen Tang	00:51:34	305	00:29:02	00:29:02
60	120	Braelynn Hill	00:52:22	311	00:29:50	00:29:50
61	133	Dalen Dupont	00:52:22	312	00:29:50	00:29:50
62	36	Sheridan Kozyra	00:57:55	331	00:35:23	00:35:23
63	598	Jordan Findlay	01:17:08	343	00:54:36	00:54:36
64	134	Megan Murphy	01:18:03	344	00:55:31	00:55:31
65	384	Avery Kawahara	01:21:14	347	00:58:42	00:58:42
66	382	Addison Kawahara	01:21:15	348	00:58:43	00:58:43
67	383	Sophie Caddell	01:26:32	351	01:04:00	01:04:00

Ages 19-24

Pos	No	Name	Time	O.Pos	Time Behind Categ	Time Behind Winner
1	310	Alysse Bowd	00:24:51	4	00:00:00	00:02:19
2	100	Jalaine Anderson	00:26:37	14	00:01:45	00:04:05
3	78	Amy Hawkings	00:26:55	16	00:02:03	00:04:23
4	257	Sara Beasley	00:29:12	34	00:04:20	00:06:40
5	386	Sophia Falls	00:30:15	50	00:05:23	00:07:43
6	70	Michelle Novotney	00:33:14	87	00:08:22	00:10:42
7	346	Miranda Harsch	00:33:28	90	00:08:36	00:10:56
8	110	Avery Lachbre	00:34:18	101	00:09:26	00:11:46
9	330	Leah Doef	00:34:32	107	00:09:40	00:12:00
10	84	Lauren McMurray	00:34:49	110	00:09:57	00:12:17
11	219	Beth Piercey	00:36:30	142	00:11:38	00:13:58
12	261	Kylie Jensen	00:36:43	145	00:11:51	00:14:11
13	356	Eliza Bowness	00:37:23	155	00:12:31	00:14:51
14	185	Jeanette Nicolay	00:38:11	164	00:13:19	00:15:39
15	90	Madeline Brower	00:38:14	165	00:13:22	00:15:42
16	226	Caitlin Graham	00:40:16	196	00:15:24	00:17:44
17	277	Krystal Schellenberg	00:41:02	206	00:16:10	00:18:29
18	223	Barb McEntire	00:41:25	225	00:16:33	00:18:53
19	109	Haley Khatib	00:42:56	243	00:18:05	00:20:24
20	111	Katelyn Mciver	00:42:57	244	00:18:05	00:20:24
21	353	Teresa Parsons	00:45:26	259	00:20:34	00:22:54
22	199	Abby Clarkin	00:45:32	261	00:20:40	00:23:00
23	280	Alison Rust	00:45:41	263	00:20:49	00:23:09
24	337	Kiana McClusky	00:50:06	290	00:25:14	00:27:34
25	159	Lainie Rehn	00:55:31	324	00:30:39	00:32:59

Ages 25-29

Pos	No	Name	Time	O.Pos	Time Behind Categ	Time Behind Winner
1	105	Karri Lukens	00:28:37	24	00:00:00	00:06:05
2	18	Kristy Braseth	00:28:41	25	00:00:03	00:06:09
3	24	Amanda Sigurdson	00:29:17	35	00:00:39	00:06:44
4	260	Selene Bolin	00:30:04	47	00:01:26	00:07:32
5	391	Justine Peeke	00:30:13	48	00:01:35	00:07:40
6	63	Tiffany Roos	00:31:46	66	00:03:08	00:09:14
7	442	Shelley Blair	00:31:56	68	00:03:18	00:09:24
8	246	Joelle Sypkes	00:32:38	75	00:04:00	00:10:06
9	341	Annemarie Trentham	00:33:21	89	00:04:43	00:10:48
10	142	Nickole Prodaniuk	00:35:10	117	00:06:33	00:12:38
11	279	Alexandra Skultety	00:35:22	120	00:06:44	00:12:50

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5k Run

Age Category Results

Ages 25-29

Pos	No	Name	Time	O.Pos	Time Behind Categ	Time Behind Winner
12	358	Chelsea Jamieson	00:35:32	125	00:06:54	00:13:00
13	230	Kelly Carramusa	00:36:11	136	00:07:33	00:13:39
14	378	Melissa Meyer	00:36:18	140	00:07:40	00:13:46
15	299	Michelle Northey	00:36:49	146	00:08:11	00:14:17
16	72	Dallas Hofstra	00:37:06	149	00:08:28	00:14:34
17	103	Elizabeth Grzybouski	00:38:15	166	00:09:37	00:15:43
18	34	Jocelyn Behuncik	00:38:51	172	00:10:13	00:16:19
19	275	Tanya Sherwick	00:39:31	188	00:10:53	00:16:59
20	217	Jaimie Schmidt	00:39:43	191	00:11:05	00:17:11
21	67	Gloria Saldana	00:41:12	212	00:12:34	00:18:39
22	11	Nicole Manchur	00:41:25	223	00:12:47	00:18:53
23	58	Shauna Grzyb	00:42:53	241	00:14:15	00:20:21
24	175	Kimberley Brotherton	00:46:28	269	00:17:50	00:23:56
25	173	Jennifer Baker	00:46:30	270	00:17:52	00:23:58
26	197	Jessica Hartel	00:49:59	288	00:21:21	00:27:27
27	196	Melissa Adkins	00:50:00	289	00:21:22	00:27:28
28	77	Sue Jensen	00:50:41	296	00:22:03	00:28:09
29	250	Cherise Lowe	00:50:41	297	00:22:03	00:28:09
30	177	Andrea Connell	00:50:45	298	00:22:07	00:28:13
31	174	Jacqlyn Brotherton	00:50:45	299	00:22:07	00:28:13
32	220	Lindsey Knudson	00:52:06	308	00:23:29	00:29:34
33	146	Stephanie Bouchard	00:53:15	316	00:24:37	00:30:43
34	268	Natasha Resta	00:53:17	317	00:24:40	00:30:45
35	149	Lisa Yetter	00:53:18	318	00:24:40	00:30:46
36	147	Kim Paylor	00:53:22	319	00:24:44	00:30:50
37	157	Kaylah Gastrell	00:55:31	323	00:26:53	00:32:59
38	235	Jessica Blurton	00:59:46	334	00:31:08	00:37:14

Ages 30-34

Pos	No	Name	Time	O.Pos	Time Behind Categ	Time Behind Winner
1	283	Kerri Johnstone	00:24:52	5	00:00:00	00:02:20
2	267	Chelsey Clifford	00:26:08	12	00:01:16	00:03:36
3	320	Breanne Kinney	00:26:38	15	00:01:46	00:04:06
4	117	Natasha Doyle	00:28:26	22	00:03:34	00:05:54
5	195	Jody Audenart	00:28:44	26	00:03:52	00:06:12
6	106	Heather Callicott	00:29:06	32	00:04:14	00:06:34
7	343	Cheyenne Whitehead	00:30:01	46	00:05:09	00:07:29
8	26	Lindsay Ziegler	00:30:22	51	00:05:29	00:07:49
9	294	Rhonda Fontaine	00:31:39	64	00:06:47	00:09:07
10	357	Tara Devereaux	00:31:58	69	00:07:06	00:09:26
11	20	Jodi Hinshaw	00:32:53	80	00:08:01	00:10:21
12	22	Heidi Hinshaw	00:32:59	84	00:08:07	00:10:27
13	236	Lisa Heinrichs	00:33:09	86	00:08:17	00:10:37
14	210	Alana Brooks	00:33:46	95	00:08:54	00:11:14
15	213	Christine Engel	00:34:01	99	00:09:08	00:11:28
16	212	Amy Sapp	00:34:13	100	00:09:21	00:11:41
17	227	Crystal Allan	00:34:23	103	00:09:30	00:11:50
18	28	Jacqueline Belbin	00:34:52	113	00:10:00	00:12:20
19	15	Leanne Coulter	00:35:26	121	00:10:34	00:12:54
20	296	Kristin Mauro	00:35:30	122	00:10:38	00:12:58
21	379	Chelsea Cassidy	00:36:05	133	00:11:13	00:13:33
22	92	Amy O'Brien	00:36:06	135	00:11:14	00:13:34
23	205	Lori Short	00:36:14	137	00:11:22	00:13:42
24	206	Lisa Nielsen-Pirie	00:36:14	138	00:11:22	00:13:42
25	211	Becky Kievit	00:36:20	141	00:11:28	00:13:48

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5k Run

Age Category Results

Ages 30-34

Pos	No	Name	Time	O.Pos	Time Behind Categ	Time Behind Winner
26	81	Michelle Rauckman	00:37:39	159	00:12:47	00:15:07
27	216	Heather Nelson	00:37:55	163	00:13:03	00:15:23
28	201	Pamela Engel	00:38:30	170	00:13:37	00:15:57
29	136	Ashley Brant	00:38:58	174	00:14:06	00:16:26
30	370	Stephanie McNeil	00:39:22	180	00:14:30	00:16:50
31	61	Ashley Carroll	00:39:26	186	00:14:34	00:16:54
32	87	Jessica Brake	00:40:34	200	00:15:42	00:18:02
33	128	Lindsey Foreman	00:40:58	204	00:16:06	00:18:26
34	101	Brieanne Ofstie	00:41:06	207	00:16:14	00:18:34
35	96	Crystal Lam	00:41:06	208	00:16:14	00:18:34
36	387	Maria Olmos	00:41:12	213	00:16:20	00:18:40
37	66	Karen Obregon	00:41:12	214	00:16:20	00:18:40
38	65	Algeles Lopez	00:41:13	215	00:16:21	00:18:41
39	288	Carol Aguilar	00:41:26	227	00:16:33	00:18:53
40	190	Diana Graham	00:41:32	230	00:16:40	00:19:00
41	281	Bec Dent	00:42:06	237	00:17:14	00:19:34
42	127	Melissa Trithart	00:42:27	239	00:17:35	00:19:55
43	59	Leslie Redlick	00:42:53	242	00:18:01	00:20:21
44	69	Brandi Henheffer	00:43:50	250	00:18:58	00:21:18
45	180	Nadine Sengaus	00:43:50	252	00:18:58	00:21:18
46	225	Amy Dyck	00:45:01	257	00:20:09	00:22:29
47	56	Kathy Parsons	00:45:27	260	00:20:35	00:22:55
48	88	Alana Quamrul	00:45:49	264	00:20:57	00:23:17
49	93	Danielle Verklan	00:48:04	278	00:23:12	00:25:32
50	95	Naomi Spendiff	00:48:04	279	00:23:12	00:25:32
51	89	Mylagh Leyland	00:49:00	287	00:24:08	00:26:28
52	54	Amandha Richter	00:51:55	307	00:27:03	00:29:23
53	158	Kristen Adema	00:55:32	326	00:30:40	00:33:00
54	68	Melissa Ramsay	00:59:50	336	00:34:58	00:37:18
55	25	Jenn Pon	01:05:20	340	00:40:28	00:42:48

Ages 35-39

Pos	No	Name	Time	O.Pos	Time Behind Categ	Time Behind Winner
1	62	Rhonda Hesterman	00:26:36	13	00:00:00	00:04:04
2	237	Rebekah McDonald	00:27:48	21	00:01:11	00:05:15
3	125	Elaine Dies	00:29:22	37	00:02:46	00:06:50
4	390	Gerry-Lynn Borys	00:30:37	56	00:04:01	00:08:05
5	99	Maria Tisdale	00:30:42	57	00:04:06	00:08:10
6	104	Shauna Kadar	00:30:42	58	00:04:06	00:08:10
7	372	Carrie Tobler	00:31:35	63	00:04:59	00:09:03
8	116	Kerri Orriss	00:31:52	67	00:05:16	00:09:20
9	362	Megan Darby	00:34:52	112	00:08:16	00:12:20
10	194	Nicole Dawson	00:35:30	123	00:08:54	00:12:58
11	94	Lisa Ramsay	00:35:31	124	00:08:54	00:12:58
12	340	Maggie LaGrange	00:35:32	126	00:08:56	00:13:00
13	389	Kacey Oehlerking	00:35:34	127	00:08:57	00:13:02
14	295	Erika Gonzalez	00:36:31	143	00:09:54	00:13:58
15	107	Deanna Spielman	00:37:20	154	00:10:44	00:14:48
16	304	Roxanne Ziola	00:37:24	157	00:10:48	00:14:52
17	365	Rachel Peters	00:37:31	158	00:10:55	00:14:59
18	47	Carmen Roung	00:37:53	162	00:11:17	00:15:21
19	143	Belem Hernandez	00:38:27	167	00:11:51	00:15:55
20	348	Tricia Boukall	00:38:27	168	00:11:51	00:15:55
21	38	Erin Buckland	00:38:59	175	00:12:23	00:16:27
22	37	Sheila Darnell	00:39:05	176	00:12:29	00:16:33

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5k Run

Age Category Results

Ages 35-39

Pos	No	Name	Time	O.Pos	Time Behind Categ	Time Behind Winner
23	252	Melissa Lorenson	00:39:26	184	00:12:50	00:16:54
24	369	Robin Papez	00:39:50	193	00:13:13	00:17:17
25	224	Carla McQuay	00:40:17	197	00:13:41	00:17:45
26	241	Lesley Jorgensen	00:41:10	210	00:14:34	00:18:38
27	309	Heidi Tennant	00:41:17	217	00:14:41	00:18:45
28	332	Christine Squire	00:41:25	226	00:14:49	00:18:53
29	115	Dora Wayne	00:41:32	231	00:14:56	00:19:00
30	27	Mandie Gillard	00:42:05	235	00:15:29	00:19:33
31	166	Lisa Robertson	00:43:23	246	00:16:46	00:20:51
32	192	Carla Paul	00:44:27	254	00:17:51	00:21:55
33	371	Jennifer Wuhlar	00:46:11	268	00:19:34	00:23:38
34	361	Jody Malcolm	00:47:41	276	00:21:05	00:25:09
35	181	Janelle Nichols-Siemens	00:51:23	302	00:24:47	00:28:51
36	367	Kim Tang	00:51:34	304	00:24:58	00:29:02
37	118	Natasha Hill	00:52:21	310	00:25:45	00:29:49
38	179	Tannia Bristow	00:57:01	329	00:30:24	00:34:28
39	16	Elizabeth Klein	00:57:56	333	00:31:19	00:35:23
40	626	Giselle Kutrowski	01:07:07	342	00:40:31	00:44:35
41	132	Lonnie Murphy	01:18:04	345	00:51:28	00:55:32
42	135	Merrie Lou Dyck	01:18:06	346	00:51:30	00:55:34

Ages 40-44

Pos	No	Name	Time	O.Pos	Time Behind Categ	Time Behind Winner
1	71	Rachel Bilo	00:25:44	10	00:00:00	00:03:12
2	273	Carmel Porter	00:28:36	23	00:02:51	00:06:03
3	298	Sasha Johannson	00:28:46	27	00:03:01	00:06:14
4	248	Bekki Hope	00:29:02	31	00:03:17	00:06:30
5	313	Jackie Weddell	00:29:26	40	00:03:41	00:06:54
6	321	Cori Bussard	00:29:26	41	00:03:41	00:06:54
7	14	Vicki Overacker	00:29:50	44	00:04:05	00:07:18
8	263	Sherry Radmacher	00:30:34	55	00:04:49	00:08:02
9	308	Kelly Roslinsky	00:31:04	59	00:05:19	00:08:32
10	232	Carmen Tayles	00:32:11	72	00:06:26	00:09:39
11	23	Laurette Woodward	00:33:16	88	00:07:31	00:10:44
12	342	Maria Felix	00:34:28	105	00:08:43	00:11:56
13	385	Kimberley Salmon	00:34:39	108	00:08:54	00:12:07
14	306	Sherri Ryckman	00:34:45	109	00:09:00	00:12:13
15	41	Lorna Kearnes	00:37:51	161	00:12:06	00:15:19
16	317	Tawnee Kilpatrick	00:39:17	178	00:13:32	00:16:45
17	325	Julie Hansen	00:39:23	181	00:13:38	00:16:51
18	53	Monica Gingerich	00:39:36	190	00:13:51	00:17:04
19	388	Serena Chouinard	00:40:11	195	00:14:26	00:17:39
20	290	Rhonda Cosby	00:40:24	198	00:14:39	00:17:52
21	315	Jen Walton	00:40:55	203	00:15:10	00:18:23
22	152	Claire Funk	00:41:25	222	00:15:40	00:18:52
23	244	Crystal MacLellan	00:43:24	247	00:17:39	00:20:52
24	245	Juanita MacEachern	00:43:24	248	00:17:39	00:20:52
25	331	Sandy Ashcroft	00:45:37	262	00:19:52	00:23:04
26	270	Elaine Findlay	00:45:50	266	00:20:05	00:23:18
27	233	Cindee Scarrott	00:45:58	267	00:20:13	00:23:26
28	122	Angie Mellett	00:47:19	272	00:21:34	00:24:47
29	282	Mary Liefhebber	00:48:26	280	00:22:41	00:25:54
30	60	Raylene Bateman	00:52:51	314	00:27:06	00:30:19
31	35	Catherine Kozyra	00:57:55	332	00:32:10	00:35:23

Only Women's Fitness Fun Run

5k Run

Age Category Results

Ages 45-49

Pos	No	Name	Time	O.Pos	Time Behind Categ	Time Behind Winner
1	167	Dawn Iatrou	00:29:17	36	00:00:00	00:06:45
2	42	Heidi Vida	00:30:31	53	00:01:13	00:07:59
3	165	Shelley Fisher	00:31:41	65	00:02:23	00:09:09
4	229	Carla Nordby Muir	00:31:59	70	00:02:41	00:09:27
5	138	Laurel Letourneau	00:32:39	76	00:03:21	00:10:07
6	242	Lori Kostenuk	00:33:07	85	00:03:50	00:10:35
7	366	Dawn Detarando	00:33:44	94	00:04:26	00:11:12
8	354	Selma Danielson	00:33:48	96	00:04:30	00:11:16
9	243	Heather Ast	00:35:10	118	00:05:53	00:12:38
10	622	Viesia Luck	00:35:49	130	00:06:32	00:13:17
11	140	Carlene Robb	00:36:00	131	00:06:43	00:13:28
12	375	Betna Huddleston	00:36:54	147	00:07:36	00:14:22
13	349	Nicole Sholdice	00:36:54	148	00:07:36	00:14:22
14	198	Patricia Fairbrother	00:39:24	183	00:10:06	00:16:52
15	231	LaDonn Goodkey	00:39:36	189	00:10:18	00:17:03
16	97	Cathy Nicolay	00:41:17	220	00:12:00	00:18:45
17	222	Karry Lukenbill	00:41:25	224	00:12:07	00:18:53
18	276	Caroline Blne	00:41:29	229	00:12:12	00:18:57
19	162	Tracy Green	00:42:38	240	00:13:21	00:20:06
20	86	Shantelle Boatright	00:43:34	249	00:14:17	00:21:02
21	311	Sherry Lacroix	00:47:31	273	00:18:13	00:24:59
22	144	Tamara Pollock	00:48:39	285	00:19:22	00:26:07
23	336	Viv McClusky	00:50:06	292	00:20:49	00:27:34

Ages 50-54

Pos	No	Name	Time	O.Pos	Time Behind Categ	Time Behind Winner
1	380	Patty Harvey	00:30:13	49	00:00:00	00:07:41
2	102	Michele Dean	00:32:39	77	00:02:26	00:10:07
3	360	Valerie Hartley	00:32:54	83	00:02:41	00:10:22
4	256	Cindy Beasley	00:33:35	91	00:03:21	00:11:03
5	82	Julia Holien	00:34:29	106	00:04:15	00:11:56
6	73	Brenda Boulet	00:36:04	132	00:05:50	00:13:32
7	51	Danine Weber	00:37:11	151	00:06:58	00:14:39
8	203	Sherry Hedlund	00:37:16	152	00:07:03	00:14:44
9	204	Paula Jorgensen	00:37:16	153	00:07:03	00:14:44
10	76	Brenda Bowness	00:37:23	156	00:07:10	00:14:51
11	272	Joanne Packham	00:37:47	160	00:07:34	00:15:15
12	209	Christine Couturier	00:39:30	187	00:09:17	00:16:58
13	108	Robin Brochu	00:40:32	199	00:10:18	00:17:59
14	184	Irene Baker	00:40:34	201	00:10:21	00:18:02
15	98	Joan Donald	00:41:06	209	00:10:53	00:18:34
16	154	Connie Sypkes	00:41:17	219	00:11:04	00:18:45
17	45	Carol MacNaughton	00:41:19	221	00:11:06	00:18:47
18	52	Lois Winther	00:41:39	232	00:11:26	00:19:07
19	30	Pat Herbert	00:42:05	236	00:11:52	00:19:33
20	48	Liz Francis	00:43:09	245	00:12:56	00:20:37
21	32	JoAnne Mossip	00:44:13	253	00:14:00	00:21:41
22	46	Cindy Northey	00:44:56	256	00:14:42	00:22:24
23	57	Roxane Parsons	00:45:26	258	00:15:13	00:22:54
24	33	Jacqueline Kent	00:48:01	277	00:17:48	00:25:29
25	376	Moir Milne	00:48:31	281	00:18:18	00:25:59
26	287	Della Deminchuk	00:48:37	283	00:18:24	00:26:05
27	188	Nancy Bergstrom	00:50:09	294	00:19:55	00:27:37
28	55	Pattie Richter	00:51:55	306	00:21:41	00:29:22
29	221	Linda Hutton	00:52:07	309	00:21:53	00:29:35

Only Women's Fitness Fun Run

5k Run

Age Category Results

Ages 50-54

Pos	No	Name	Time	O.Pos	Time Behind Categ	Time Behind Winner
30	129	Mary Resta	00:53:14	315	00:23:01	00:30:42
31	148	Karen Yetter	00:53:23	320	00:23:10	00:30:51
32	303	Brenda Farwell	00:59:49	335	00:29:36	00:37:17

Ages 55-59

Pos	No	Name	Time	O.Pos	Time Behind Categ	Time Behind Winner
1	344	Patricia Terlaan	00:29:45	43	00:00:00	00:07:13
2	335	Clara Sharp	00:32:53	82	00:03:08	00:10:21
3	214	Marilyn Jewell	00:34:00	98	00:04:15	00:11:28
4	329	Tina Chadwick	00:35:06	114	00:05:20	00:12:34
5	359	Sharon Kmiech	00:35:10	116	00:05:25	00:12:38
6	139	Laurie Prodaniuk	00:35:15	119	00:05:30	00:12:43
7	114	Barbara Westwood	00:35:34	128	00:05:49	00:13:02
8	259	Shelley Bolin	00:36:05	134	00:06:20	00:13:33
9	207	Kit Nielsen	00:36:14	139	00:06:29	00:13:42
10	50	Karo Simper	00:37:11	150	00:07:26	00:14:39
11	262	Cheryl Jensen	00:38:52	173	00:09:06	00:16:19
12	218	Roxy Schmidt	00:39:44	192	00:09:59	00:17:12
13	347	Kathy Hager	00:40:58	205	00:11:13	00:18:26
14	49	Trish Desilets	00:41:39	233	00:11:54	00:19:07
15	29	Pam Herbert	00:42:10	238	00:12:25	00:19:38
16	17	Tina Becker	00:43:50	251	00:14:05	00:21:18
17	239	Sharon Morrical	00:48:37	284	00:18:52	00:26:05
18	150	Marilyn Shand	00:48:40	286	00:18:54	00:26:07
19	172	Rebecca Brotherton	00:50:47	300	00:21:02	00:28:15
20	176	Ruth Watson	00:50:48	301	00:21:03	00:28:16
21	373	Jeannie Brown	00:54:01	321	00:24:15	00:31:28
22	160	Paula Rehn	00:55:32	325	00:25:47	00:33:00
23	215	Charlene Engel	00:56:24	328	00:26:39	00:33:52
24	186	Joanne White	00:57:01	330	00:27:16	00:34:29
25	285	Jerri Taylor	01:00:04	338	00:30:19	00:37:32
26	291	Bonnie Simenson	01:02:06	339	00:32:21	00:39:34

Ages 60-64

Pos	No	Name	Time	O.Pos	Time Behind Categ	Time Behind Winner
1	247	Debbie Hope	00:29:02	30	00:00:00	00:06:30
2	289	Dawn Marie Gillard	00:42:04	234	00:13:01	00:19:32
3	21	Judy Hinshaw	00:50:06	291	00:21:04	00:27:34
4	182	Judy Nichols-Siemens	00:51:24	303	00:22:21	00:28:52
5	284	Wendy Trentham	00:56:23	327	00:27:21	00:33:51
6	286	Candace Spurrell	01:00:02	337	00:31:00	00:37:30
7	19	Terry Kawahara	01:21:16	349	00:52:13	00:58:44
8	44	Kath Dorsey	01:26:32	350	00:57:29	01:04:00

Ages 65-69

Pos	No	Name	Time	O.Pos	Time Behind Categ	Time Behind Winner
1	240	Myrna Culham	00:41:10	211	00:00:00	00:18:38
2	161	Mary Rumsey	00:52:50	313	00:11:40	00:30:18

Only Women's Fitness Fun Run

5k Run

Age Category Results

Ages 70+

Pos	No	Name	Time	O.Pos	Time Behind Categ	Time Behind Winner
1	374	Jean Schmidt	00:54:01	322	00:00:00	00:31:29
2	80	Jean Cook	01:06:23	341	00:12:22	00:43:51
3	83	Marion Eckes	01:26:33	352	00:32:31	01:04:00