

# MEC Race FOUR

15k

## Category Results

### Female Ages 12 -17

---

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	35767	Eleanor Thomas	01:19:15	66	00:00:19	00:12:32

### Female Ages 18-29

---

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	35673	Stephanie Murray	01:09:46	15	00:00:03	00:02:48
2	35729	Elyse van Spronsen	01:11:47	23	00:02:07	00:04:52
3	35678	Karin Olafson	01:12:48	28	00:03:06	00:05:51
4	35720	Lindsey Sunada	01:14:49	35	00:05:16	00:08:01
5	35507	Michelle Barker	01:14:55	37	00:05:15	00:08:00
6	35772	Maddie Alvarez	01:15:19	42	00:05:37	00:08:22
7	35556	Kirsten Dawson	01:17:07	51	00:07:31	00:10:16
8	35719	Robyn Sudeyko	01:17:21	54	00:07:50	00:10:34
9	35632	Liz Lebarido	01:18:34	59	00:08:55	00:11:40
10	35558	Caitlyn Dembo	01:19:32	68	00:10:01	00:12:46
11	35520	Tiffany Black	01:19:50	70	00:10:07	00:12:51
12	35654	Michelle Mausolf	01:22:34	74	00:12:54	00:15:39
13	35598	Jamie Heuser	01:22:38	75	00:13:04	00:15:49
14	35619	Aine Keogh	01:23:27	80	00:13:47	00:16:31
15	35525	Megan Borden	01:23:31	81	00:17:13	00:19:58
16	35577	Katie Frankcomb	01:23:46	83	00:14:07	00:16:51
17	35594	Alice Hendrie	01:24:19	86	00:14:53	00:17:38
18	35545	Andrea Clarke	01:25:13	94	00:15:45	00:18:30
19	35633	Rachel Lee	01:25:17	95	00:15:47	00:18:32
20	35635	Katrina Lischak	01:25:26	98	00:15:49	00:18:34
21	35584	Madison Grainger	01:25:48	102	00:16:12	00:18:57
22	35769	Kaisa Valtanen	01:28:16	113	00:18:33	00:21:18
23	35735	Kara Weber	01:28:26	114	00:18:55	00:21:40
24	35751	Erica Barry	01:28:40	116	00:19:12	00:21:57
25	35551	Amy Crofts	01:28:55	119	00:19:28	00:22:12
26	35771	Nikki Zdan	01:29:20	120	00:19:55	00:22:40
27	35651	Sheena Manabat	01:29:26	121	00:19:50	00:22:34
28	35671	Gillian Mullan-Boudreau	01:31:38	129	00:21:58	00:24:43
29	35595	Nancy Hernandez Ceron	01:31:51	131	00:22:20	00:25:05
30	35591	Kelsey Heggie	01:32:03	132	00:22:36	00:25:20
31	35612	Alexis Jonas	01:35:13	140	00:25:39	00:28:24
32	35716	Tara Snow	01:36:28	141	00:26:44	00:29:29
33	35778	Kendra Kovacic	01:38:31	151	00:29:07	00:31:52
34	35777	Kristine Ferguson	01:38:31	152	00:29:07	00:31:51
35	35679	Audra Osgood	01:45:15	164	00:35:53	00:38:38
36	35617	Cheryl Kaldenhoven	01:45:15	165	00:35:54	00:38:38
37	35588	Chelsea Hart	01:46:43	168	00:37:05	00:39:49
38	35550	Michelle Cox	01:47:25	169	00:37:47	00:40:32
39	35641	Jaelyn MacArthur	01:47:26	170	00:37:48	00:40:33
40	35630	Natasha Laviolette	01:48:26	171	00:38:54	00:41:38
41	35715	Katt Snow	01:53:06	174	00:43:37	00:46:22
42	35701	Emily Russell	02:04:02	176	00:55:35	00:58:19
43	35637	Melanie Lockwood	02:07:41	177	00:59:14	01:01:59

# MEC Race FOUR

15k

## Category Results

### Male Ages 18-29

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	35757	Sean Hickey	01:01:52	1	00:00:02	00:00:02
2	35694	Todd Rederburg	01:11:05	20	00:09:24	00:09:24
3	35780	Jeremy Leakvold	01:12:21	27	00:10:35	00:10:35
4	35696	Steven Ritchie	01:14:33	33	00:12:47	00:12:47
5	35644	Travis MacLean	01:14:47	34	00:13:09	00:13:09
6	35667	Cruz Miraback	01:15:08	39	00:13:33	00:13:33
7	35600	Alex Holland	01:22:10	72	00:20:27	00:20:27
8	35605	Tristan Hyde	01:24:03	84	00:22:30	00:22:30
9	35639	Michael Lu	01:24:54	92	00:23:19	00:23:19
10	35618	Vince Kam	01:27:57	111	00:26:24	00:26:24
11	35539	David Cassidy	01:28:36	115	00:27:00	00:27:00
12	35781	Carson Gunn	01:49:23	172	00:47:35	00:47:35

### Female Ages 30-39

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	35526	Deborah Borthwick	01:07:01	8	00:00:03	00:00:03
2	35589	Erin Hastings	01:10:17	17	00:03:18	00:03:18
3	35732	Amber Vrataric	01:11:08	21	00:04:23	00:04:23
4	35691	Alexis Prendergast	01:15:25	43	00:08:39	00:08:39
5	35690	Karen Porterfield	01:16:37	48	00:09:42	00:09:42
6	35734	Jamie Walsh	01:16:40	49	00:09:50	00:09:50
7	35570	Courtney Fellows	01:17:00	50	00:10:15	00:10:15
8	35655	April Maynes	01:18:01	55	00:11:09	00:11:09
9	35613	Erin Jones	01:18:15	58	00:11:17	00:11:17
10	35536	Krista Call	01:19:09	65	00:12:28	00:12:28
11	35685	Amy Paterson	01:24:27	87	00:17:48	00:17:48
12	35773	Joy Hodgson	01:24:56	93	00:18:02	00:18:02
13	35750	Laurel Zvaigzne	01:25:21	96	00:18:27	00:18:27
14	35599	Katherine Hikita	01:25:39	100	00:23:24	00:23:24
15	35581	Catherine Gerrits	01:25:44	101	00:18:42	00:18:42
16	35513	Cara Bell	01:26:36	105	00:19:55	00:19:55
17	35742	Lauren Wong	01:26:54	106	00:20:07	00:20:07
18	35624	Tammera Kostya	01:27:04	107	00:20:11	00:20:11
19	35538	Patricia Caron	01:30:08	124	00:23:21	00:23:21
20	35695	Chrissy Riley	01:30:28	125	00:23:32	00:23:32
21	35638	Kathryn Lowry	01:30:31	126	00:23:50	00:23:50
22	35593	Christy Hemmingway	01:31:40	130	00:24:48	00:24:48
23	35668	Tara Molina	01:34:28	137	00:27:32	00:27:32
24	35709	Sally Scholefield	01:36:36	143	00:29:45	00:29:45
25	35739	Dawna Wetherell	01:37:40	147	00:31:04	00:31:04
26	35776	Breahna Vivic	01:39:19	153	00:32:43	00:32:43
27	35535	Shari Caie	01:41:16	154	00:34:37	00:34:37
28	35604	Marni Hutchinson	01:42:24	159	00:35:46	00:35:46
29	35683	Melanie Pachkowski	01:42:37	161	00:35:46	00:35:46
30	35680	Keiko Otto	01:45:28	167	00:38:41	00:38:41

# MEC Race FOUR

15k

## Category Results

### Male Ages 30-39

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	35553	Cameron Cunningham	01:03:27	2	00:00:03	00:01:38
2	35541	Paul Chiswell	01:05:37	4	00:02:18	00:03:54
3	35731	Peter Verschoote	01:05:40	5	00:02:23	00:03:58
4	35505	Jason Baillie	01:05:54	6	00:02:27	00:04:02
5	35736	Kurtis Weiman	01:07:03	9	00:03:41	00:05:16
6	35579	Liam Galway	01:09:07	12	00:05:46	00:07:21
7	35755	Michael Gee	01:09:22	13	00:06:28	00:08:03
8	35549	Matthew Cooper	01:10:46	19	00:07:24	00:09:00
9	35649	Markus Majchrzak	01:12:19	26	00:08:58	00:10:33
10	35650	Dave Maltman	01:14:08	31	00:11:05	00:12:40
11	35681	Jeff Owel	01:15:12	40	00:12:01	00:13:36
12	35726	Darcy Tyler	01:15:50	44	00:12:31	00:14:06
13	35659	Shaun McKenzie	01:17:08	52	00:13:45	00:15:21
14	35562	Luc Durepos	01:18:08	57	00:14:43	00:16:19
15	35686	Shane Paterson	01:18:42	60	00:15:20	00:16:55
16	35764	Masayuki Nishida	01:18:50	61	00:15:31	00:17:06
17	35611	Rob Johnston	01:19:04	64	00:15:53	00:17:29
18	35737	Aaron Weiss	01:23:10	78	00:20:11	00:21:46
19	35763	Robin Moyo	01:24:10	85	00:20:50	00:22:25
20	35775	Alto Nguyen	01:24:33	89	00:21:17	00:22:52
21	35606	Ariane Ilao	01:25:59	104	00:22:31	00:24:07
22	35509	Al Barren	01:27:13	109	00:23:57	00:25:32
23	35738	Chris Welk	01:31:23	128	00:28:10	00:29:45
24	35765	Victor Otuechere	01:34:46	138	00:32:59	00:34:35
25	35756	Carlos Giraldo	01:41:26	155	00:38:20	00:39:55
26	35528	Jamie Brown	01:42:22	158	00:39:19	00:40:54
27	35622	Mathew Knopp	01:52:17	173	00:49:02	00:50:38

### Female Ages 40-49

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	35725	Patty Trimble	01:10:18	18	00:00:11	00:03:28
2	35768	Nancy Trudel	01:18:59	62	00:09:00	00:12:17
3	35559	Beverly DesRoches	01:19:01	63	00:08:48	00:12:05
4	35754	Adrianna Donato	01:19:21	67	00:09:06	00:12:23
5	35567	Dominique Eustace	01:24:38	91	00:14:34	00:17:51
6	35640	Dianne Lyle	01:25:52	103	00:15:50	00:19:07
7	35790	Antonina Riserbato	01:27:09	108	00:17:02	00:20:19
8	35760	Tracy Kellett	01:27:36	110	00:17:22	00:20:39
9	35748	Jennifer Zambory	01:28:09	112	00:18:13	00:21:30
10	35721	Campion Swartout	01:28:52	118	00:18:49	00:22:06
11	35573	Tanya Fir	01:36:29	142	00:26:34	00:29:51
12	35512	Rebecca Beauchesne	01:37:20	146	00:27:18	00:30:35
13	35554	Cindy Dale	01:37:48	148	00:27:52	00:31:09
14	35759	Rebekah Janzen	01:42:19	156	00:32:06	00:35:22
15	35566	Kim Essar	01:42:22	157	00:32:27	00:35:44
16	35722	Mamiko Takagi	01:45:28	166	00:35:24	00:38:41
17	35527	Maria Brix	01:54:58	175	00:45:00	00:48:16

# MEC Race FOUR

15k

## Category Results

### Male Ages 40-49

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	35597	Darcy Hertzberg	01:06:50	7	00:00:09	00:05:07
2	35766	David Thomas	01:07:26	10	00:00:44	00:05:43
3	35620	Kent Kinaschuk	01:07:27	11	00:00:41	00:05:39
4	35761	Paul Larsen	01:11:55	24	00:05:18	00:10:16
5	35511	Keith Bayly	01:11:57	25	00:05:10	00:10:09
6	35585	Steve Grant	01:14:21	32	00:07:58	00:12:57
7	35792	Wil Wang	01:16:05	45	00:09:22	00:14:20
8	35587	Patrick Hanlon	01:23:17	79	00:16:36	00:21:35
9	35653	Felipe Martins	01:29:40	122	00:23:03	00:28:02
10	35740	Brad Wilson	01:29:59	123	00:23:13	00:28:11
11	35711	Trevor Serool	01:31:04	127	00:24:23	00:29:22
12	35713	Dean Smales	01:36:52	144	00:30:20	00:35:19
13	35607	Murray Ingstrup	01:42:36	160	00:35:57	00:40:56
14	35643	Marc Mackenzie	01:43:38	162	00:37:05	00:42:04

### Female Ages 50-59

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	35708	Cindy Schnee	01:09:25	14	00:00:03	00:02:27
2	35747	Shawna Yee	01:20:45	71	00:11:23	00:13:47
3	35753	Laura Carlisle	01:25:38	99	00:16:17	00:18:40
4	35534	Mary Butler-Gretton	01:28:42	117	00:19:36	00:21:59
5	35714	Sara Smith	01:34:07	136	00:24:49	00:27:12
6	35575	Lucia Fowler	01:35:12	139	00:26:00	00:28:24
7	35652	Carrie Manitopyes	01:38:27	149	00:29:12	00:31:35
8	35675	Leah Nichols	01:38:27	150	00:29:12	00:31:35
9	35705	Anatalia Santos	01:45:14	163	00:36:04	00:38:27

### Male Ages 50-59

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	35657	Robert McCosh	01:04:37	3	00:00:03	00:02:48
2	35615	Ron Just	01:11:32	22	00:07:01	00:09:47
3	35744	Jian-Nong Wu	01:12:49	29	00:08:29	00:11:15
4	35752	Sandy Brown	01:13:06	30	00:08:42	00:11:27
5	35642	Michael Mackay	01:14:54	36	00:10:30	00:13:15
6	35741	James Wilson	01:14:56	38	00:10:24	00:13:10
7	35682	Theo Owel	01:15:15	41	00:10:53	00:13:38
8	35779	Jack Smith	01:16:25	47	00:12:02	00:14:48
9	35730	Darcy Venne	01:18:03	56	00:13:30	00:16:15
10	35665	Angelo Migliarese	01:22:46	76	00:18:32	00:21:18
11	35770	Tony Yee	01:24:32	88	00:20:06	00:22:51
12	35774	Rick Pineau	01:24:34	90	00:20:07	00:22:52
13	35592	Robert Heggie	01:32:05	135	00:27:48	00:30:34

# MEC Race FOUR

15k

## Category Results

### Female Ages 60-69

---

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	35791	Wendy Nelson	01:19:38	69	00:00:08	00:12:44

### Male Ages 60-69

---

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	35503	Patrick Amundsen	01:25:25	97	00:00:08	00:23:41
2	35540	Gordon Charlebois	01:32:03	134	00:06:51	00:30:24

### Female No Age Specified

---

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	35749	Hong Zhao	01:16:16	46	00:00:17	00:09:32
2	35608	Candice Jacobsen	01:22:13	73	00:06:07	00:15:22
3	35762	Leidy Tatiana Montoya Carrillo	01:22:48	77	00:06:37	00:15:52
4	35712	Lindsay Skladan	01:32:03	133	00:16:00	00:25:15
5	35636	Shelley Liu	01:37:10	145	00:21:12	00:30:28

### Male No Age Specified

---

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	35565	Trevor Else	01:09:55	16	00:00:08	00:08:11
2	35623	Andrew Kolodziejczyk	01:17:17	53	00:07:34	00:15:38
3	35521	Fidel Blanco	01:23:45	82	00:14:11	00:22:14