

Comfortec Red Deer Duathlon

Sprint Solo Category Results

Male Ages 16-19

Pos	No	Name	Time	Cat	O.Pos	Run1	T1	Cycle	T2	Run2
1	120	Marcus Brown	01:07:57	16-19	3	00:19:33	00:01:00	00:37:15	00:00:30	00:09:42
2	184	Zach Morgan	01:18:20	16-19	19	00:21:44	00:01:27	00:41:51	00:01:40	00:11:42

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Sprint Solo Category Results

Male Ages 20-29

Pos	No	Name	Time	Cat	O.Pos	Run1	T1	Cycle	T2	Run2
1	122	Jesse Bauer	00:56:06	20-29	1	00:17:15	00:00:34	00:28:55	00:00:30	00:08:55
2	158	Michael Schnare	01:04:48	20-29	2	00:19:08	00:00:40	00:33:59	00:00:25	00:10:37
3	123	Tim Hayward	01:36:09	20-29	43	00:28:41	00:01:09	00:49:30	00:01:01	00:15:50

Female Ages 20-29

Pos	No	Name	Time	Cat	O.Pos	Run1	T1	Cycle	T2	Run2
1	190	Marina Ekkel	01:27:59	20-29	31	00:27:53	00:44:01	00:00:00	00:01:27	00:14:41
2	128	Rose Schmaltz	01:30:40	20-29	34	00:28:57	00:01:06	00:44:31	00:00:52	00:15:17
3	121	Ashley Jorgensen	01:44:01	20-29	49	00:31:55	00:01:28	00:52:36	00:01:27	00:16:38

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Sprint Solo Category Results

Male Ages 30-39

Pos	No	Name	Time	Cat	O.Pos	Run1	T1	Cycle	T2	Run2
1	182	Tyler Johnston	01:08:02	30-39	5	00:22:35	00:01:04	00:32:26	00:00:43	00:11:16
2	132	Benjamin Elliott	01:10:20	30-39	6	00:21:28	00:00:56	00:35:31	00:00:44	00:11:44
3	135	Blair Nielsen	01:16:54	30-39	12	00:23:06	00:01:15	00:39:32	00:01:02	00:12:03
4	192	Jacob Kolunovsky	01:17:03	30-39	13	00:24:31	00:01:04	00:37:42	00:00:51	00:12:58
5	136	Ryan Drost	01:22:50	30-39	25	00:24:21	00:00:53	00:43:32	00:00:54	00:13:14
6	130	Scott Rude	01:24:27	30-39	27	00:24:19	00:00:40	00:45:43	00:00:36	00:13:12
7	131	David Misener	01:25:10	30-39	29	00:25:37	00:00:53	00:44:44	00:00:50	00:13:09
8	133	Kevin Poettcker	01:29:57	30-39	33	00:27:55	00:01:56	00:43:39	00:01:32	00:14:58
9	134	Darryl Stendie	01:32:10	30-39	37	00:27:31	00:02:14	00:48:05	00:01:42	00:12:41

Female Ages 30-39

Pos	No	Name	Time	Cat	O.Pos	Run1	T1	Cycle	T2	Run2
1	126	Suzie poirier	01:10:31	30-39	7	00:22:32	00:00:43	00:35:00	00:00:41	00:11:38
2	125	Lindsay Nicks	01:12:54	30-39	10	00:22:16	00:00:52	00:38:18	00:00:34	00:10:56
3	181	Jillian Little	01:27:31	30-39	30	00:26:58	00:01:41	00:44:27	00:00:48	00:13:41
4	127	Lori Misener	01:33:13	30-39	39	00:28:19	00:01:12	00:47:38	00:00:52	00:15:15
5	124	Jennette Rude	01:35:35	30-39	42	00:29:28	00:00:49	00:46:50	00:00:43	00:17:47
6	129	Shelly Tuck	01:37:12	30-39	45	00:28:19	00:01:07	00:52:13	00:00:52	00:14:43

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Sprint Solo Category Results

Male Ages 40-49

Pos	No	Name	Time	Cat	O.Pos	Run1	T1	Cycle	T2	Run2
1	193	Kevin Hill	01:07:58	40-49	4	00:21:30	00:00:56	00:33:09	00:00:52	00:11:33
2	185	Tom Switzer	01:15:25	40-49	11	00:23:46	00:01:17	00:37:03	00:01:11	00:12:10
3	191	Paul Wallace	01:17:42	40-49	16	00:26:18	00:00:57	00:35:41	00:00:43	00:14:05

Female Ages 40-49

Pos	No	Name	Time	Cat	O.Pos	Run1	T1	Cycle	T2	Run2
1	139	Raquel Hicks	01:19:00	40-49	22	00:25:26	00:00:53	00:38:40	00:01:01	00:13:04
2	159	Katherine Barg	01:21:44	40-49	24	00:25:44	00:00:41	00:41:24	00:00:52	00:13:06
3	140	Calli Stromner	01:24:55	40-49	28	00:27:44	00:01:45	00:39:45	00:01:21	00:14:22
4	194	Lori Seguin	01:31:09	40-49	35	00:28:41	00:01:01	00:44:59	00:01:00	00:15:29
5	138	Michelle Driedger	01:31:42	40-49	36	00:28:40	00:00:57	00:46:33	00:00:40	00:14:55
6	137	Wilma Vander Leek	01:45:41	40-49	50	00:33:23	00:01:25	00:51:55	00:01:12	00:17:49

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Sprint Solo Category Results

Male Ages 50-59

Pos	No	Name	Time	Cat	O.Pos	Run1	T1	Cycle	T2	Run2
1	155	Bruce Constable	01:10:52	50-59	8	00:22:15	00:01:02	00:34:31	00:02:01	00:11:06
2	179	Jeff Pennington	01:11:42	50-59	9	00:22:41	00:01:12	00:34:52	00:00:51	00:12:09
3	148	Richard Vander Leek	01:17:33	50-59	14	00:24:25	00:01:01	00:39:17	00:00:48	00:12:04
4	151	Ron Soehn	01:17:35	50-59	15	00:24:09	00:01:41	00:38:03	00:01:39	00:12:08
5	150	James Morgan	01:18:20	50-59	18	00:23:45	00:00:57	00:40:57	00:00:48	00:11:56
6	197	Daryl Klaudt	01:18:42	50-59	20	00:26:39	00:01:20	00:36:56	00:01:14	00:12:36
7	149	David Delorme	01:18:55	50-59	21	00:25:20	00:01:24	00:36:17	00:01:09	00:14:48
8	153	Russ Anthony Pallones	01:19:48	50-59	23	00:25:44	00:01:21	00:37:05	00:01:47	00:13:53
9	152	Dan Arychuk	01:33:21	50-59	40	00:29:08	00:01:08	00:47:33	00:01:01	00:14:34
10	154	John Donald	01:39:16	50-59	47	00:31:36	00:01:15	00:48:33	00:00:58	00:16:57

Female Ages 50-59

Pos	No	Name	Time	Cat	O.Pos	Run1	T1	Cycle	T2	Run2
1	187	Janet Bargholz	01:18:08	50-59	17	00:25:38	00:01:05	00:37:46	00:00:45	00:12:57
2	143	Jackie Morettin	01:23:09	50-59	26	00:27:31	00:01:44	00:38:59	00:01:15	00:13:43
3	144	Bonnie Hayward	01:29:26	50-59	32	00:28:39	00:01:09	00:44:00	00:01:15	00:14:26
4	156	Roxanne Schmidt	01:33:27	50-59	41	00:30:56	00:01:37	00:42:28	00:01:32	00:16:57
5	145	Allona Stendie	01:36:36	50-59	44	00:30:26	00:01:43	00:45:59	00:01:30	00:17:01
6	147	Jeanette Countryman-Smith	01:39:00	50-59	46	00:31:07	00:01:01	00:47:28	00:01:15	00:18:12
7	146	Joan Donald	01:42:08	50-59	48	00:32:03	00:01:17	00:49:02	00:01:27	00:18:22
8	142	Angele Downie	01:51:43	50-59	51	00:35:27	00:01:43	00:51:54	00:02:44	00:19:59

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Sprint Solo Category Results

Male Ages 60-69

Pos	No	Name	Time	Cat	O.Pos	Run1	T1	Cycle	T2	Run2
1	157	Steve cousine	01:32:28	60-69	38	00:27:28	00:01:21	00:50:01	00:01:09	00:12:33