

Category Results: 10k

MEC Calgary Road Race Three

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Male Ages 11 + Under

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	17853	Matthew Cowen	00:54:40	122	00:00:06	00:16:10
2	20005	Shorouk Tuttle	01:10:49	383	00:16:31	00:32:35

Female Ages 12 -17

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	17926	Madison Fairholm	01:05:18	306	00:00:17	00:22:21

Male Ages 12 -17

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	18573	John Anderson	00:50:05	61	00:00:03	00:11:32
2	19942	Seamus Wilson	00:50:27	67	00:00:22	00:11:51

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MEC Calgary Road Race Three

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Female Ages 18-29

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	19217	Becca Johnson	00:43:34	11	00:00:02	00:00:22
2	19444	Stephana Cherak	00:45:05	20	00:01:35	00:01:56
3	19761	Jayme Nagy	00:45:35	22	00:02:03	00:02:24
4	19133	Morgan Dobek	00:46:02	25	00:02:38	00:02:58
5	19836	Keri Jo Sawka	00:47:45	31	00:04:51	00:05:12
6	19823	Melissa Routledge	00:48:00	35	00:04:35	00:04:56
7	19896	Ashley Tremblay	00:48:12	38	00:04:40	00:05:00
8	19255	Bailey Kuran	00:48:17	41	00:04:52	00:05:13
9	19009	Gillian Croucher	00:49:22	51	00:05:55	00:06:15
10	18967	Ericka Conner	00:50:27	66	00:06:58	00:07:18
11	18765	Deryn Blakley	00:50:50	69	00:07:24	00:07:45
12	19834	Jennifer Saunders	00:51:02	73	00:07:38	00:07:58
13	19948	Jemma Young	00:51:04	76	00:07:39	00:08:00
14	19876	Erin Stromquist	00:51:40	82	00:08:08	00:08:29
15	19909	Rachael Vespi	00:52:21	86	00:08:58	00:09:19
16	47703	Jansie Meuser	00:52:30	88	00:09:09	00:09:29
17	17840	Catherine Wood	00:53:01	99	00:09:37	00:09:57
18	19822	Megan Rouse	00:53:14	102	00:09:58	00:10:18
19	19308	Carly Mitchell	00:54:08	111	00:10:36	00:10:57
20	19886	Jessica Thiessen	00:54:08	112	00:10:37	00:10:57
21	17670	Leia Hoffman	00:54:31	117	00:11:01	00:11:22
22	18578	Hilary Angrove	00:55:08	129	00:11:43	00:12:03
23	19912	Mandy Vocke	00:55:24	131	00:11:58	00:12:18
24	19811	Jacqui Reaburn	00:55:32	134	00:12:14	00:12:34
25	19944	Katherine J Wynne	00:56:19	147	00:12:49	00:13:10
26	19458	Christine Lambert	00:56:36	149	00:13:44	00:14:05
27	19148	Carmelle Ducharme	00:56:48	151	00:13:39	00:13:59
28	19918	Jenine Ward	00:56:59	157	00:13:41	00:14:01
29	19865	Nadine Sprague	00:57:02	158	00:14:04	00:14:24
30	18696	Jennifer Becker	00:57:17	165	00:14:21	00:14:41
31	19925	Rebecca Wasylshyn	00:57:19	167	00:14:29	00:14:49
32	19992	Sarah Carpentier	00:57:24	175	00:13:55	00:14:15
33	19438	Taylor Zaharchuk	00:57:50	183	00:14:26	00:14:46
34	19849	Jenny Sinclair	00:58:22	189	00:14:53	00:15:13
35	18639	Brittany Balerud	00:58:22	190	00:15:28	00:15:48
36	18924	Jasmine Champagne	00:58:29	193	00:15:02	00:15:23
37	19933	Rae Westersund	00:59:17	204	00:15:56	00:16:17
38	19805	Carmen Prion-Frank	00:59:18	205	00:16:11	00:16:31
39	19842	Sofiya Semeniuk	01:00:03	218	00:17:03	00:17:23
40	19954	Nikki Zdan	01:00:24	221	00:17:29	00:17:49
41	19225	Angela Kabii	01:00:41	225	00:17:11	00:17:32
42	17960	Madison Grainger	01:01:14	232	00:18:06	00:18:26
43	19498	Chloe Pigeon	01:01:42	244	00:18:38	00:18:59
44	19999	Katherine Horning	01:01:48	245	00:18:48	00:19:08
45	18568	Shivon Anderson	01:01:51	246	00:18:29	00:18:49
46	19105	Kiley DeLong	01:01:52	247	00:18:53	00:19:13
47	19832	MARYUM SAMAD	01:02:25	253	00:18:55	00:19:15
48	19951	Sabrina Yu	01:02:28	254	00:18:59	00:19:19
49	19950	Florence Yu	01:02:49	261	00:19:20	00:19:41
50	20003	Lindsay Tennock	01:02:49	262	00:19:48	00:20:08
51	19276	Sarah Lutz	01:02:53	264	00:19:58	00:20:19

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Female Ages 18-29

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
52	19484	Lindsay Kline	01:03:14	272	00:20:22	00:20:43
53	19835	sydney sawa	01:03:42	278	00:20:18	00:20:39
54	20009	Elaine Zapata	01:03:45	280	00:20:32	00:20:52
55	16048	Brittany Lorenscheitt	01:03:50	282	00:20:46	00:21:07
56	19820	Kristin Ross	01:04:12	288	00:21:34	00:21:55
57	17917	Krystal Esau	01:04:20	290	00:21:04	00:21:25
58	19744	Elizabeth Milino	01:04:44	293	00:21:34	00:21:54
59	17914	Shannon Edwards	01:04:46	294	00:21:53	00:22:14
60	19758	Allison Murphy	01:05:12	299	00:22:11	00:22:31
61	19803	Stacey Pratz	01:05:17	302	00:21:53	00:22:13
62	19035	Chelsea Daku	01:05:29	309	00:22:51	00:23:12
63	19269	Carolyn Lewis	01:05:46	314	00:22:35	00:22:56
64	18940	Sarah Chow	01:06:06	320	00:23:15	00:23:36
65	19770	Karli Nordman	01:06:24	325	00:23:18	00:23:39
66	19314	Janelle MacArthur	01:06:52	337	00:24:06	00:24:27
67	19932	Nicki Westersund	01:07:51	349	00:24:30	00:24:51
68	19245	Jaimie Kowalenko	01:08:48	361	00:26:00	00:26:21
69	19784	Jamie Patrick	01:08:51	363	00:26:03	00:26:23
70	19742	Danielle Mercier	01:09:13	367	00:26:18	00:26:38
71	17946	Jillian Gagnon	01:09:14	368	00:25:56	00:26:16
72	19911	Jenna Vikse	01:09:38	371	00:26:58	00:27:19
73	19755	Marii-Heleen Motsmees	01:10:04	374	00:27:02	00:27:22
74	19215	Lauren Joe	01:10:39	379	00:27:29	00:27:50
75	19756	Kaitlyn Mulder	01:11:04	391	00:28:13	00:28:34
76	17974	Ashlee Hamblin	01:11:19	396	00:28:26	00:28:46
77	19243	Moe Konishi	01:11:33	397	00:28:05	00:28:25
78	18951	Leanna Clement	01:11:50	398	00:28:55	00:29:16
79	19738	Alison McKenny	01:11:52	399	00:29:05	00:29:25
80	17996	Tiana Hodgson	01:11:54	401	00:28:48	00:29:09
81	17675	Lauren Jones	01:12:07	402	00:28:56	00:29:17
82	16580	Lia Brands	01:12:07	403	00:28:32	00:28:53
83	19777	Monique Pahud	01:13:39	413	00:30:55	00:31:16
84	18669	Janet Barriage	01:14:19	415	00:31:30	00:31:50
85	18602	Karly Arkko	01:15:06	423	00:32:05	00:32:26
86	20000	Paula Meurrens	01:15:57	430	00:32:50	00:33:10
87	17976	Kristie Hamilton	01:21:14	448	00:38:23	00:38:43
88	19891	Danielle Tomik	01:23:03	453	00:39:51	00:40:11
89	19234	Shannon Kelly	01:34:06	463	00:51:19	00:51:39

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Male Ages 18-29

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	18000	Kory Howard	00:44:18	14	00:00:08	00:05:50
2	17963	Travis Guay	00:44:32	16	00:00:28	00:06:10
3	17836	John Vooyo	00:44:56	19	00:00:42	00:06:24
4	19737	Taylor Mckeeman	00:45:40	23	00:01:25	00:07:07
5	19428	Mitch Dow	00:47:46	34	00:03:33	00:09:15
6	19990	Nelson Berlin	00:48:16	39	00:03:57	00:09:39
7	19260	David Lanchas	00:48:17	40	00:04:01	00:09:42
8	19851	Robert Sinclair	00:48:34	42	00:04:19	00:10:00
9	19220	Matthew Joneson	00:48:40	43	00:04:32	00:10:13
10	17950	Adam Gaunt	00:48:58	44	00:04:43	00:10:25
11	19897	Dave Trieu	00:49:24	52	00:05:06	00:10:48
12	18959	Thomas Comba	00:49:49	56	00:05:30	00:11:12
13	19760	Steven Murray	00:50:54	70	00:06:38	00:12:20
14	19870	Mark Staples	00:50:57	72	00:07:27	00:13:08
15	19743	Christopher Merke	00:51:36	81	00:08:28	00:14:10
16	17920	Brandon Evans	00:52:33	89	00:09:06	00:14:48
17	19922	Julian Warring	00:52:54	94	00:08:47	00:14:29
18	19280	Mat Marinucci	00:52:57	95	00:09:07	00:14:49
19	17684	Eric Liong	00:54:06	109	00:10:08	00:15:50
20	19818	Nicolas Rodriguez	00:54:15	115	00:10:03	00:15:45
21	19295	GRAHAM McCulloch	00:54:27	116	00:10:41	00:16:23
22	20001	Daniel Mills	00:55:07	128	00:10:54	00:16:35
23	19924	Luke Wasylshyn	00:56:56	154	00:13:22	00:19:03
24	19291	Brennan McArter	00:57:13	162	00:13:41	00:19:23
25	19927	Jeff Watson	00:58:14	188	00:13:59	00:19:41
26	19745	Chris Miller	00:58:44	197	00:15:09	00:20:51
27	19808	Kevin Quon	01:01:09	231	00:17:37	00:23:19
28	19139	Gio Dolcecore	01:02:42	259	00:18:28	00:24:09
29	17821	Dylan Tarrant	01:03:08	269	00:19:46	00:25:28
30	17861	Conner Wenman	01:06:57	338	00:22:56	00:28:38
31	19894	Jimmy Tran	01:11:02	387	00:26:47	00:32:28
32	46922	Zachary Benz	01:11:06	393	00:27:15	00:32:57
33	19254	Mark Kuhn	01:14:21	416	00:30:07	00:35:48

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Female Ages 30-39

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	18805	Katie Boyd	00:43:14	8	00:00:00	00:00:00
2	17623	Paule Baker	00:47:12	30	00:04:01	00:04:01
3	46983	Candice Fouchard	00:48:09	37	00:05:08	00:05:08
4	17918	Renata Escodro	00:49:33	53	00:06:32	00:06:32
5	19807	Myndi Quirion	00:49:42	55	00:06:35	00:06:35
6	20006	Alie Whitehouse	00:49:50	57	00:07:07	00:07:07
7	17958	Christine Goode	00:50:10	63	00:07:00	00:07:00
8	19875	Christina Stroebel	00:52:13	84	00:09:15	00:09:15
9	19915	Eunice Wanjiru	00:52:15	85	00:09:04	00:09:04
10	19246	Monica Kranz	00:52:53	93	00:10:05	00:10:05
11	17754	Karla Smit	00:52:58	96	00:09:54	00:09:54
12	19997	Jessica Haryu	00:54:45	123	00:11:43	00:11:43
13	19773	Christina OBrien	00:55:03	126	00:12:08	00:12:08
14	19862	Salna Smith	00:55:10	130	00:12:33	00:12:33
15	16014	Kelly Trotter	00:55:47	137	00:12:39	00:12:39
16	19883	Laura Taylor	00:55:54	139	00:13:17	00:13:17
17	19278	Amy Maginley	00:56:02	142	00:13:11	00:13:11
18	16015	Sarah Gamache	00:56:08	144	00:13:31	00:13:31
19	19868	Fallon Squire	00:56:10	145	00:12:59	00:12:59
20	17692	Sarah Mamen	00:56:16	146	00:13:15	00:13:15
21	18950	Nicole Clarke	00:56:45	150	00:14:05	00:14:05
22	19190	Desiree Dyck	00:56:49	152	00:14:12	00:14:12
23	19230	Unna Kathiresan	00:56:54	153	00:13:48	00:13:48
24	19171	Emily Dukeshire	00:56:56	155	00:13:50	00:13:50
25	19201	Amber Huber	00:57:08	160	00:14:08	00:14:08
26	16062	Angela Carter	00:57:12	161	00:14:27	00:14:27
27	19826	Jana Rust	00:57:18	166	00:14:32	00:14:32
28	19221	Erin Jose	00:57:21	169	00:14:36	00:14:36
29	17959	Lauren Graden	00:57:22	170	00:14:48	00:14:48
30	17930	Mandy Ferrari	00:57:28	176	00:14:27	00:14:27
31	17693	Allison Michaud	00:57:34	178	00:14:40	00:14:40
32	19864	Rania Spitula	00:57:37	180	00:14:57	00:14:57
33	19483	Audrey Rasmussen	00:57:44	182	00:14:59	00:14:59
34	19120	Barbara Desta	00:57:55	184	00:14:51	00:14:51
35	17661	Olga Kanevskyi	00:58:02	185	00:15:06	00:15:06
36	19232	Elizabeth Kelly	00:58:05	186	00:15:00	00:15:00
37	19898	Candace Truman	00:58:37	194	00:15:37	00:15:37
38	17944	Mandy Fuchs	00:58:45	198	00:15:37	00:15:37
39	17888	Nicole Sewlal	00:58:45	199	00:16:02	00:16:02
40	19207	Samantha Irwin	00:59:20	206	00:16:18	00:16:18
41	17674	Nicole Hopf	00:59:22	207	00:16:52	00:16:52
42	17955	Jan Gilroy	00:59:36	212	00:17:12	00:17:12
43	19920	Stephanie Warner	01:00:03	217	00:17:08	00:17:08
44	19956	Aneta Zuczek	01:00:43	226	00:17:55	00:17:55
45	19794	Amanda Plomp	01:00:47	227	00:17:44	00:17:44
46	18916	Kimberley Calow	01:01:02	229	00:17:51	00:17:51
47	19273	Kathryn Lowry	01:01:20	233	00:18:45	00:18:45
48	19252	Samantha Kugelmass	01:01:22	235	00:18:43	00:18:43
49	17916	Jessica Ellis	01:01:24	236	00:18:38	00:18:38
50	17985	Sarah Harvey	01:01:26	237	00:19:02	00:19:02
51	19261	Sylvie Lang	01:01:37	242	00:18:55	00:18:55

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Female Ages 30-39

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
52	19860	KELSIE SMITH	01:02:00	248	00:19:32	00:19:32
53	18693	Michelle Beaujot	01:02:11	249	00:19:25	00:19:25
54	19871	Courtney Stengel	01:02:32	256	00:19:29	00:19:29
55	19752	Tracie Moore	01:02:33	257	00:20:00	00:20:00
56	17666	Rosie Govind	01:02:50	263	00:19:35	00:19:35
57	19938	Charlene Wilcock	01:02:56	266	00:20:00	00:20:00
58	17965	Amy Gunderson	01:03:10	270	00:20:31	00:20:31
59	19810	Stacie Ramsay	01:03:22	274	00:20:27	00:20:27
60	19874	Shelley Storozuk	01:03:39	277	00:20:45	00:20:45
61	19885	Lindsay Tennant	01:03:50	281	00:20:54	00:20:54
62	19219	Lindsay Johnston	01:03:57	283	00:21:03	00:21:03
63	19815	Lindie Roberts	01:03:59	284	00:21:33	00:21:33
64	19993	Gillian Dawe	01:04:04	285	00:21:14	00:21:14
65	19235	Suzanne Kempster	01:04:05	286	00:21:29	00:21:29
66	17934	Colleen Flynn	01:05:03	297	00:22:16	00:22:16
67	19216	Heather Johansen	01:05:16	300	00:22:22	00:22:22
68	19053	Jackie David	01:05:16	301	00:22:22	00:22:22
69	17994	Crystal Hincks	01:05:17	303	00:22:22	00:22:22
70	19753	Crystal Morabito	01:05:17	304	00:22:22	00:22:22
71	19294	Jennifer McCloy	01:05:31	310	00:23:15	00:23:15
72	18918	Cindy Chalmers	01:05:53	315	00:22:59	00:22:59
73	19531	Jeanine Perzan	01:06:09	321	00:23:45	00:23:45
74	17729	Ericka Rios	01:06:22	324	00:23:16	00:23:16
75	19785	Megan Patterson	01:06:24	326	00:23:39	00:23:39
76	19226	Lisa Kaldenbach	01:06:28	327	00:23:58	00:23:58
77	19213	Leah Jeppesen	01:06:29	328	00:24:09	00:24:09
78	19934	Lynsey White	01:06:41	331	00:23:46	00:23:46
79	18902	Devin Cabel	01:06:45	332	00:24:22	00:24:22
80	19262	Marie Langlois	01:06:47	333	00:24:12	00:24:12
81	61484	Erin Roberts	01:06:52	334	00:24:26	00:24:26
82	5870	Julie Crawley	01:07:06	341	00:24:03	00:24:03
83	19935	Bronwyn Whitehouse	01:07:20	345	00:24:37	00:24:37
84	17961	Susan Grant	01:07:54	350	00:25:05	00:25:05
85	18623	Natalie Badenduck	01:08:19	355	00:26:08	00:26:08
86	17927	Hanie Farzalibeik	01:08:52	364	00:26:00	00:26:00
87	19908	Sarah Verdiel	01:09:06	365	00:26:47	00:26:47
88	17997	Shauna Holmes	01:09:13	366	00:26:07	00:26:07
89	17941	Amanda Frost	01:09:25	370	00:27:00	00:27:00
90	16169	Alice Wang	01:10:42	380	00:28:13	00:28:13
91	19287	Amanda Mauch	01:10:53	385	00:28:00	00:28:00
92	19259	Caroline Lampron	01:11:00	386	00:28:14	00:28:14
93	19464	Mandy Moran	01:11:02	388	00:28:41	00:28:41
94	19799	Catrinel Popescu	01:11:02	389	00:28:40	00:28:40
95	19071	Anna de Souza	01:11:04	392	00:28:31	00:28:31
96	19878	Marilee Sulewski	01:11:15	394	00:28:47	00:28:47
97	18564	Julia Amulung	01:11:15	395	00:28:51	00:28:51
98	19914	Kristen Walker	01:11:52	400	00:29:25	00:29:25
99	18988	Heather Clitheroe	01:12:24	406	00:29:35	00:29:35
100	19882	Aimee Tannahill	01:12:40	408	00:29:52	00:29:52
101	19873	Cassandra Stoianov	01:13:51	414	00:31:03	00:31:03
102	19526	Suzanne Stewart	01:14:44	420	00:32:20	00:32:20

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Female Ages 30-39

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
103	19318	Andrea Louie	01:14:44	421	00:32:15	00:32:15
104	19212	Sara Jaremko	01:15:40	426	00:33:14	00:33:14
105	19844	Samantha Shabada	01:15:44	427	00:32:30	00:32:30
106	19266	Anna Lawrence	01:17:37	436	00:35:26	00:35:26
107	19147	Nathalie Duarte	01:18:57	441	00:36:07	00:36:07
108	18708	Sandra Bedoya	01:19:10	442	00:36:22	00:36:22
109	18935	Jennifer Cheng	01:20:20	443	00:37:49	00:37:49
110	18928	Jacqueline Chang	01:21:37	449	00:38:31	00:38:31
111	19926	Kristina Watkins	01:22:08	450	00:39:33	00:39:33
112	16081	Kerry Webster	01:22:36	451	00:39:33	00:39:33
113	19775	Vicki Osanyintola	01:24:29	458	00:41:37	00:41:37
114	19033	Nona Curran	01:25:47	459	00:42:46	00:42:46
115	19778	Cheryl Palamar	01:34:33	464	00:51:51	00:51:51

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Male Ages 30-39

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	19953	Ryan Zahynacz	00:39:08	2	00:00:01	00:00:32
2	19888	Derek Thornton	00:39:31	3	00:00:25	00:00:56
3	19229	darren kamp	00:41:04	5	00:01:58	00:02:29
4	19272	Matthew Line	00:43:32	10	00:04:43	00:05:14
5	19940	Adam Williams	00:43:51	12	00:04:44	00:05:15
6	19286	Adam Martinson	00:43:57	13	00:04:57	00:05:28
7	18888	Colin Corbett	00:44:30	15	00:05:23	00:05:55
8	16589	Eric Cowger	00:45:20	21	00:06:17	00:06:48
9	19854	Craig Slater	00:46:23	26	00:07:17	00:07:48
10	20002	Gregory Osmond	00:46:51	29	00:07:51	00:08:22
11	19478	Michael Hamlin	00:47:46	32	00:08:54	00:09:25
12	19936	Mike Whitehouse	00:47:46	33	00:09:09	00:09:40
13	19292	Andrew McCausland	00:48:02	36	00:08:58	00:09:30
14	19943	Gord Winters	00:49:01	45	00:10:30	00:11:01
15	19282	Lewis Marshall	00:49:02	46	00:09:59	00:10:30
16	17646	Cameron Clark	00:49:08	47	00:10:10	00:10:41
17	17752	Kyle Roll	00:49:20	50	00:10:22	00:10:53
18	17922	Justin Eyford	00:49:58	58	00:10:55	00:11:26
19	19237	Eric Kerkhoven	00:50:01	59	00:11:03	00:11:34
20	19473	Ryan Stang	00:50:22	65	00:11:23	00:11:54
21	16567	Mark Armstrong	00:50:29	68	00:11:49	00:12:20
22	18853	Joel Brunetti	00:51:03	75	00:12:16	00:12:47
23	19801	Nolan Pozzi	00:51:12	77	00:12:34	00:13:05
24	19750	Stephan Montgomery-Anderson	00:51:12	78	00:12:09	00:12:40
25	20010	Paul Zeidler	00:52:01	83	00:12:56	00:13:27
26	17679	Derrick Kenny	00:52:59	97	00:14:08	00:14:40
27	19476	Ben Kohlen	00:53:00	98	00:14:10	00:14:41
28	19310	Charles Macmichael	00:53:07	100	00:14:05	00:14:36
29	19289	Stephen Maynard	00:53:07	101	00:14:22	00:14:53
30	87099	Jason Linton	00:53:58	107	00:15:22	00:15:53
31	17954	Aleem Gilani	00:53:58	108	00:14:59	00:15:30
32	18759	Thomas Blakemore	00:54:09	113	00:15:26	00:15:57
33	19293	Andr McCloskey	00:54:13	114	00:15:11	00:15:42
34	19825	Jeff Rudolf	00:54:37	120	00:15:56	00:16:27
35	46947	George Colbert	00:54:51	124	00:15:49	00:16:20
36	19491	Dan Clark	00:55:06	127	00:16:19	00:16:50
37	19782	Sanjeev Paskaradevan	00:55:28	133	00:16:29	00:17:00
38	19209	Luther Itael	00:55:57	140	00:16:55	00:17:26
39	19827	Jason Rust	00:57:15	163	00:18:37	00:19:08
40	17862	Rana Singh	00:57:21	168	00:18:17	00:18:48
41	19248	Luke Krueger	00:57:22	171	00:18:54	00:19:25
42	19277	Kelly MacDonald	00:57:42	181	00:19:21	00:19:52
43	18873	Peter Buckley	00:59:03	203	00:20:12	00:20:43
44	19802	Dietmar Pratz	00:59:42	213	00:20:45	00:21:16
45	18837	Travis Braddell	00:59:57	215	00:21:46	00:22:17
46	19747	Ramon Miranda	01:00:11	219	00:21:57	00:22:28
47	19877	Bill Stuewe	01:00:24	220	00:21:28	00:21:59
48	17970	Josh Hahn	01:00:30	223	00:22:13	00:22:44
49	19899	Evan Truman	01:01:09	230	00:22:14	00:22:45
50	17924	Lewis Fairgrieve-Park	01:01:21	234	00:22:49	00:23:20
51	18932	Brad Charlebois	01:03:00	267	00:24:53	00:25:24

Category Results: 10k

MEC Calgary Road Race Three

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Male Ages 30-39

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
52	16581	Cesar Colli	01:04:34	291	00:26:11	00:26:42
53	19270	Stephen Lewis	01:05:46	313	00:27:02	00:27:33
54	16185	Tao Jiang	01:06:10	322	00:27:46	00:28:17
55	19779	Victor Palomino-Tapia	01:06:11	323	00:27:19	00:27:50
56	19202	Matt Hughes	01:07:00	340	00:28:16	00:28:47
57	19140	Jonathan Donahue	01:07:19	344	00:28:53	00:29:24
58	17735	Kory Robins	01:08:49	362	00:30:11	00:30:42
59	19900	Wayne Tucker	01:10:24	376	00:32:18	00:32:49
60	19076	Lee de Souza	01:11:03	390	00:32:37	00:33:08
61	17972	Troy Halford	01:12:22	405	00:33:24	00:33:55
62	46992	Lyndon Hall	01:12:28	407	00:35:35	00:36:06
63	16593	Greg Deibert	01:14:37	419	00:35:29	00:36:00
64	19762	Anton Nel	01:15:22	424	00:36:35	00:37:06
65	17764	Jeff Sutherland	01:20:26	444	00:41:54	00:42:25

Category Results: 10k

MEC Calgary Road Race Three

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Female Ages 40-49

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	19249	Christine Krupa	00:49:42	54	00:00:33	00:07:02
2	20007	Laura Wilkinson	00:53:15	103	00:04:00	00:10:29
3	19208	Noriko Ishikura	00:54:32	119	00:05:14	00:11:42
4	18875	Kate Budden	00:54:40	121	00:05:15	00:11:43
5	86734	Marnie Smith	00:55:26	132	00:06:29	00:12:57
6	19239	Geri Kilcommons	00:55:52	138	00:06:24	00:12:52
7	5939	Isabelle Lapointe	00:56:07	143	00:06:28	00:12:56
8	18767	Kerry Blum	00:57:16	164	00:08:01	00:14:29
9	19055	Donna Dawe	00:57:35	179	00:08:22	00:14:51
10	19952	Marian Yuzda	00:58:40	196	00:09:06	00:15:34
11	19809	Lisa Rakai	00:59:27	208	00:10:01	00:16:29
12	18753	Sally Bishop	00:59:59	216	00:10:24	00:16:52
13	19241	kara kilfoil	01:00:39	224	00:11:11	00:17:40
14	47738	Michelle Kozy	01:01:27	238	00:11:53	00:18:21
15	19829	Viktoriya Rustad	01:01:31	240	00:12:09	00:18:37
16	19251	Luciana Kuamoto	01:02:30	255	00:13:13	00:19:41
17	17975	Sherri Hamblin	01:02:47	260	00:13:45	00:20:13
18	19764	Jodi Newitt	01:02:55	265	00:14:11	00:20:39
19	17843	Tracey Cowen	01:03:13	271	00:13:36	00:20:04
20	17933	Deni Fitzpatrick	01:03:28	275	00:14:28	00:20:57
21	18715	Kary Benner	01:03:45	279	00:15:15	00:21:43
22	19244	Jennifer Kot	01:04:10	287	00:14:35	00:21:03
23	19015	Nicole Cunningham	01:04:40	292	00:15:42	00:22:10
24	18720	Rita Bereski	01:05:45	312	00:16:11	00:22:40
25	19162	Leanne Duke	01:05:58	317	00:16:54	00:23:22
26	17932	Sonia Ficaccio-Scarcelli	01:05:59	318	00:16:56	00:23:24
27	19850	Kyla Sinclair	01:06:52	335	00:17:58	00:24:26
28	19892	Cheryl Topley	01:06:52	336	00:17:18	00:23:47
29	19256	Monica Kwon	01:06:57	339	00:17:32	00:24:00
30	18755	Leanne Bjalek	01:07:28	347	00:17:50	00:24:18
31	18981	Rina Constantino	01:08:14	353	00:18:46	00:25:14
32	20008	Karen Yan	01:08:40	359	00:19:24	00:25:52
33	19146	Diana Wong Doolan	01:08:41	360	00:19:23	00:25:52
34	18851	Candace Bruins	01:10:21	375	00:21:16	00:27:44
35	19949	Lisa Young	01:12:40	409	00:23:11	00:29:39
36	18707	Pamilla Bedard	01:14:27	417	00:25:14	00:31:42
37	19833	Jocelyn Santos	01:14:34	418	00:25:28	00:31:56
38	5828	Laurie Beveridge	01:16:05	431	00:26:36	00:33:04
39	19867	Renee Spuler	01:17:03	432	00:27:33	00:34:01
40	17936	Lucia Fodor	01:17:08	433	00:28:18	00:34:46
41	19205	Tracy Ibbott	01:18:03	437	00:29:11	00:35:39
42	19838	Annette Schoenberger	01:18:50	440	00:29:50	00:36:18
43	17967	Carmen Guy	01:20:29	445	00:30:59	00:37:27
44	17988	Candace Henderson	01:23:29	455	00:34:37	00:41:05

Category Results: 10k

MEC Calgary Road Race Three

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Male Ages 40-49

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	19125	Wes Desta	00:41:09	6	00:00:02	00:02:34
2	19448	Mat Powter	00:41:38	7	00:00:35	00:03:08
3	19781	Sev Parkin	00:43:14	9	00:02:04	00:04:37
4	18692	Keith Bayly	00:45:43	24	00:04:36	00:07:08
5	19830	Nathan Sabey	00:46:25	27	00:05:17	00:07:50
6	16585	Will Couture	00:46:39	28	00:05:35	00:08:07
7	19523	Steven Aitken	00:49:13	48	00:08:06	00:10:39
8	19739	Graham McLennan	00:50:55	71	00:10:04	00:12:36
9	19772	Bruce OBrien	00:51:35	80	00:10:33	00:13:05
10	19921	Robert Warren	00:52:24	87	00:11:25	00:13:58
11	19863	Adam Sommerfeldt	00:52:38	90	00:11:36	00:14:08
12	18789	Robb Bossley	00:52:46	92	00:12:28	00:15:01
13	18947	Nicholas Christopher	00:54:06	110	00:13:01	00:15:33
14	18866	Kevin Buck	00:55:59	141	00:15:23	00:17:55
15	19884	Paul Teman	00:56:59	156	00:16:30	00:19:02
16	18526	Jody Alexander	00:57:24	174	00:16:53	00:19:25
17	19881	Jeff Swingler	00:58:07	187	00:17:12	00:19:44
18	17951	PAUL GEDYE	00:58:26	192	00:17:48	00:20:21
19	17935	Darren Fode	00:58:49	200	00:18:16	00:20:49
20	19279	Michael Marchildon	01:01:38	243	00:20:28	00:23:00
21	16091	Michael Bruneder	01:03:22	273	00:23:05	00:25:37
22	19771	Cameron Northwood	01:05:02	296	00:24:37	00:27:10
23	19766	Bradley Nielsen	01:05:11	298	00:25:01	00:27:33
24	19824	Darren Rowan	01:05:19	307	00:25:01	00:27:34
25	19856	Dean Smales	01:06:31	329	00:25:44	00:28:16
26	19869	Dean Stafford	01:07:10	342	00:26:50	00:29:23
27	17724	Colin Redekop	01:07:16	343	00:26:18	00:28:50
28	19841	Ward Scott	01:08:06	352	00:27:35	00:30:07
29	19839	Graham Schoenberger	01:08:22	357	00:27:53	00:30:26
30	17999	Kevin Houston	01:09:59	373	00:29:56	00:32:28
31	20004	Robert Tuttle	01:10:49	382	00:30:02	00:32:35
32	17943	Frankie Fuchs	01:12:09	404	00:31:54	00:34:26
33	18971	Joehl Constantino	01:15:05	422	00:34:10	00:36:42
34	19857	Arthur Smith	01:24:21	456	00:43:57	00:46:30

Category Results: 10k

MEC Calgary Road Race Three

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Female Ages 50-59

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	19757	Zita Mulligan	00:44:50	18	00:00:03	00:01:39
2	19994	Gerard Dobek	00:51:03	74	00:06:21	00:07:57
3	47185	Shawna Yee	00:54:58	125	00:11:17	00:12:53
4	19998	Sandra Hawryluk	00:55:34	136	00:10:54	00:12:30
5	19288	Danette May	00:59:28	211	00:15:13	00:16:49
6	18883	Mary Butler-Gretton	00:59:56	214	00:15:34	00:17:10
7	19852	Sarah Sinclair	01:02:12	250	00:17:27	00:19:03
8	19297	Diana McDonald	01:02:13	251	00:17:59	00:19:34
9	19045	Tammy Dalton	01:05:37	311	00:21:09	00:22:45
10	18872	Colleen Buckley	01:05:59	319	00:21:41	00:23:17
11	19106	Patty DeLong	01:07:49	348	00:23:32	00:25:07
12	18625	Judith Bakalik	01:08:22	356	00:24:09	00:25:45
13	19062	Kathi Dawson	01:08:31	358	00:24:10	00:25:46
14	18960	Yvette Comeau	01:10:26	377	00:25:56	00:27:32
15	17698	Lois Mah	01:10:36	378	00:26:12	00:27:48
16	19991	Carole Brownlees	01:10:50	384	00:26:23	00:27:59
17	19489	Billie Jean Sylja	01:15:37	425	00:31:33	00:33:08
18	17957	Ellen Gleave	01:15:49	428	00:31:13	00:32:49
19	18758	Ann Blackwood	01:15:53	429	00:31:24	00:33:00
20	47111	Suzanne Richie	01:17:28	434	00:32:37	00:34:13
21	17940	Catherine Freeman	01:17:35	435	00:33:34	00:35:10
22	18766	Kim Bloomberg	01:18:13	438	00:34:01	00:35:37
23	17986	Johanne Hayward	01:22:46	452	00:38:49	00:40:25
24	19776	Teresa Oystreck	01:23:25	454	00:39:30	00:41:06
25	17669	Maria Luiza Hajdu	01:28:37	462	00:44:47	00:46:23

Male Ages 50-59

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	17642	Richard Buick	00:50:01	60	00:00:06	00:11:30
2	19939	Michael Wilhelm	00:50:08	62	00:00:10	00:11:34
3	19298	Grant McDonald	00:53:30	104	00:03:42	00:15:07
4	19797	Carlos Pombo	00:53:31	105	00:03:50	00:15:15
5	19470	Lorne Daly	00:53:57	106	00:03:59	00:15:24
6	17925	Jeff Fairholm	00:54:31	118	00:04:47	00:16:12
7	18882	Gerrit Buitendag	00:57:33	177	00:08:04	00:19:29
8	17949	Gerardo Garcia	00:58:23	191	00:08:29	00:19:54
9	18646	David Barber	01:00:30	222	00:11:06	00:22:30
10	19798	Barry Poon	01:00:54	228	00:11:23	00:22:48
11	60173	Mark Raymond	01:01:29	239	00:11:51	00:23:16
12	18845	John Braun	01:02:14	252	00:12:47	00:24:12
13	19945	John Yackel	01:04:16	289	00:14:49	00:26:14
14	18557	Keith Amiotte	01:04:47	295	00:14:54	00:26:19
15	18768	John Boogers	01:05:57	316	00:16:34	00:27:59
16	19866	Oscar Spuler	01:13:22	412	00:23:32	00:34:57

Category Results: 10k

MEC Calgary Road Race Three

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Female Ages 60-69

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	17991	Chris Hider	01:01:34	241	00:00:12	00:18:32
2	17648	Cathy Gettler-Jones	01:03:05	268	00:01:55	00:20:15
3	17937	Daisy Foster	01:05:25	308	00:03:58	00:22:18
4	17984	Sue Harrison	01:09:14	369	00:07:47	00:26:07

Male Ages 60-69

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	17995	Scott Hodgson	00:49:17	49	00:00:05	00:10:45
2	19996	David Frost	00:58:52	202	00:10:46	00:21:26
3	18862	Grant Brydle	01:03:31	276	00:15:02	00:25:42
4	17743	Mike Robinson	01:05:17	305	00:16:18	00:26:58
5	19751	Joe Moore	01:06:39	330	00:18:19	00:28:59
6	17992	Jonathan Hider	01:10:42	381	00:21:39	00:32:19
7	19879	Neil Sutherland	01:20:39	447	00:31:56	00:42:36
8	19253	Greg Kuhl	01:24:25	457	00:35:07	00:45:48

Female No Age Specified

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	17968	Ashleigh Haddow	00:50:19	64	00:00:10	00:07:15
2	18586	Suzanne Annable	00:52:39	91	00:02:29	00:09:34
3	17681	Christina Lam	00:55:33	135	00:05:35	00:12:40
4	17964	Katrina Guiry	00:56:30	148	00:06:18	00:13:23
5	19263	Veronica Langridge	00:57:08	159	00:07:05	00:14:09
6	17722	Orla Perrott	00:57:23	173	00:08:19	00:15:23
7	18554	Tara Allred	00:58:40	195	00:08:37	00:15:42
8	19955	Megan Zimmerman	00:58:51	201	00:09:14	00:16:19
9	19299	Jen McDonald	00:59:27	209	00:09:51	00:16:56
10	19995	Marzena Feuchtwanger	01:07:22	346	00:17:28	00:24:33
11	17948	Riya Ganguly	01:07:56	351	00:17:55	00:25:00
12	19172	M Dumancic	01:08:17	354	00:18:50	00:25:55
13	19840	Stacey Schrattnner	01:09:46	372	00:20:09	00:27:14
14	19000	Natasha Cousin	01:13:14	410	00:23:45	00:30:50
15	19620	Arelle Amidath	01:18:41	439	00:28:49	00:35:54
16	19817	Cathryn Robichaud	01:20:31	446	00:30:24	00:37:29

Category Results: 10k

MEC Calgary Road Race Three

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Male No Age Specified

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	19432	Karan Matusin	00:38:37	1	00:00:00	00:00:00
2	17969	Nick Haddow	00:40:06	4	00:01:35	00:01:35
3	18858	Gino Bruni	00:44:34	17	00:06:04	00:06:04
4	19426	Wes Feick	00:51:29	79	00:13:34	00:13:34
5	17712	Liam Perrott	00:57:23	172	00:20:00	00:20:00
6	19300	Sean McDonald	00:59:28	210	00:21:33	00:21:33
7	19814	Guilherme Rizzoto	01:02:34	258	00:24:26	00:24:26
8	19275	Albert Luong	01:13:14	411	00:35:27	00:35:27
9	19284	Bruce Martin	01:26:46	460	00:48:40	00:48:40
10	19283	Adam Martin	01:26:48	461	00:48:40	00:48:40