

Overall Results: 5k

C.Pos = Category Position

G.Pos = Gender Position

MEC Calgary Road Race Seven

LIVE RACE RESULTS: <http://results.blitzevents.ca>

| Pos | Bib# | Name | Chip Time | Gender | Category | C.Pos | G.Pos | Time Behind Category | Time Behind Winner |
|-----|------|--------------------------|-----------|--------|------------------|-------|-------|----------------------|--------------------|
| | 2983 | Lars-Erik Sutton | 743:59:52 | Male | Ages 18-29 | | | 00:00:00 | 00:00:00 |
| 1 | 2961 | Ryan Zahynacz | 00:17:51 | Male | Ages 30-39 | 1 | 1 | 00:00:00 | 00:17:58 |
| 2 | 2381 | Drew Freeman | 00:18:00 | Male | Ages 30-39 | 2 | 2 | 00:00:08 | 00:18:07 |
| 3 | 2934 | Isaac Torres Rynn | 00:18:06 | Male | Ages 18-29 | 1 | 3 | 00:18:13 | 00:18:13 |
| 4 | 2925 | Faye Stenning | 00:18:09 | Female | No Age Specified | 1 | 1 | 00:00:00 | 00:00:00 |
| 5 | 1803 | Jackson Frantz | 00:18:56 | Male | Ages 18-29 | 2 | 4 | 00:19:03 | 00:19:03 |
| 6 | 3000 | Russ Mann | 00:19:07 | Male | Ages 30-39 | 3 | 5 | 00:01:16 | 00:19:14 |
| 7 | 2543 | Jan Krol | 00:19:15 | Male | Ages 18-29 | 3 | 6 | 00:19:22 | 00:19:22 |
| 8 | 2966 | Dave Cwynar | 00:19:18 | Male | Ages 40-49 | 1 | 7 | 00:00:00 | 00:19:25 |
| 9 | 2987 | Amanda Harwood | 00:19:24 | Female | Ages 30-39 | 1 | 2 | 00:00:00 | 00:01:14 |
| 10 | 1801 | Eric Nielsen | 00:19:36 | Male | Ages 12 -17 | 1 | 8 | 00:00:00 | 00:19:43 |
| 11 | 1816 | Bryce Geeraert | 00:19:46 | Male | Ages 18-29 | 4 | 9 | 00:19:53 | 00:19:53 |
| 12 | 2954 | Oliver Wood | 00:19:48 | Male | Ages 18-29 | 5 | 10 | 00:19:55 | 00:19:55 |
| 13 | 2962 | Wei Zhang | 00:19:48 | Male | Ages 40-49 | 2 | 11 | 00:00:29 | 00:19:55 |
| 14 | 2953 | Raymond Wong | 00:19:52 | Male | Ages 30-39 | 4 | 12 | 00:02:00 | 00:19:59 |
| 15 | 2576 | Holly Moores | 00:20:34 | Female | Ages 12 -17 | 1 | 3 | 00:00:00 | 00:02:24 |
| 16 | 2978 | Dylan Mason | 00:20:38 | Male | Ages 18-29 | 6 | 13 | 00:20:45 | 00:20:45 |
| 17 | 2334 | Daniel Carreiro | 00:20:56 | Male | Ages 18-29 | 7 | 14 | 00:21:03 | 00:21:03 |
| 18 | 2988 | ERIK AMELINCKX | 00:20:57 | Male | Ages 12 -17 | 2 | 15 | 00:01:21 | 00:21:05 |
| 19 | 2589 | Aaron Outsider | 00:21:02 | Male | Ages 18-29 | 8 | 16 | 00:21:09 | 00:21:09 |
| 20 | 2382 | Daniel Friesen | 00:21:06 | Male | Ages 18-29 | 9 | 17 | 00:21:13 | 00:21:13 |
| 21 | 1808 | Nicole Struthers | 00:21:08 | Female | Ages 18-29 | 1 | 4 | 00:00:00 | 00:02:58 |
| 22 | 2535 | Braden Kessler | 00:21:13 | Male | Ages 12 -17 | 3 | 18 | 00:01:36 | 00:21:20 |
| 23 | 2946 | Benjamin Werdal | 00:21:15 | Male | Ages 12 -17 | 4 | 19 | 00:01:38 | 00:21:22 |
| 24 | 2534 | Blair Kessler | 00:21:16 | Male | Ages 40-49 | 3 | 20 | 00:01:57 | 00:21:23 |
| 25 | 2977 | Brandon Lysholm | 00:21:18 | Male | Ages 18-29 | 10 | 21 | 00:21:25 | 00:21:25 |
| 26 | 2956 | Roger Woon | 00:21:27 | Male | Ages 30-39 | 5 | 22 | 00:03:36 | 00:21:34 |
| 27 | 2341 | Patrick Clark | 00:21:29 | Male | Ages 30-39 | 6 | 23 | 00:03:37 | 00:21:36 |
| 28 | 5734 | Owen Gaskill | 00:21:30 | Male | Ages 40-49 | 4 | 24 | 00:02:11 | 00:21:37 |
| 29 | 2999 | Dylan Whitney | 00:21:35 | Male | Ages 40-49 | 5 | 25 | 00:02:17 | 00:21:42 |
| 30 | 2357 | MATT DAWE | 00:21:50 | Male | Ages 40-49 | 6 | 26 | 00:02:32 | 00:21:57 |
| 31 | 2347 | Craig Corder | 00:22:01 | Male | Ages 30-39 | 7 | 27 | 00:04:09 | 00:22:08 |
| 32 | 2972 | Johnny Honaizer | 00:22:12 | Male | Ages 30-39 | 8 | 28 | 00:04:20 | 00:22:19 |
| 33 | 2301 | Elsie Whitney | 00:23:02 | Female | Ages 12 -17 | 2 | 5 | 00:02:28 | 00:04:53 |
| 34 | 3040 | Steven Ritchie | 00:23:15 | Male | Ages 18-29 | 11 | 29 | 00:23:22 | 00:23:22 |
| 35 | 2952 | LoriAnn Winia | 00:23:22 | Female | Ages 40-49 | 1 | 6 | 00:00:00 | 00:05:12 |
| 36 | 2537 | Cynthia Klassen | 00:23:25 | Female | Ages 30-39 | 2 | 7 | 00:04:00 | 00:05:15 |
| 37 | 2916 | David Sargent | 00:23:27 | Male | Ages 50-59 | 1 | 30 | 00:00:00 | 00:23:34 |
| 38 | 3215 | Shelley Escobar | 00:23:34 | Female | Ages 40-49 | 2 | 8 | 00:00:11 | 00:05:24 |
| 39 | 2502 | David Harvey | 00:23:36 | Male | Ages 30-39 | 9 | 31 | 00:05:44 | 00:23:43 |
| 40 | 2990 | Ken Higgs | 00:23:43 | Male | No Age Specified | 1 | 32 | 00:00:00 | 00:23:50 |
| 41 | 2591 | Terry Pascal | 00:24:03 | Male | Ages 50-59 | 2 | 33 | 00:00:35 | 00:24:10 |
| 42 | 2979 | Adrian Nagle | 00:24:10 | Male | Ages 18-29 | 12 | 34 | 00:24:17 | 00:24:17 |
| 43 | 3970 | Megan Rouse | 00:24:32 | Female | Ages 18-29 | 2 | 9 | 00:03:23 | 00:06:22 |
| 44 | 3049 | Aaron Rustad | 00:24:43 | Male | Ages 40-49 | 7 | 35 | 00:05:24 | 00:24:50 |
| 45 | 2383 | Kara Friesen | 00:24:48 | Female | Ages 18-29 | 3 | 10 | 00:03:39 | 00:06:38 |
| 46 | 2545 | Rachael L Orsa | 00:24:49 | Female | Ages 30-39 | 3 | 11 | 00:05:24 | 00:06:39 |
| 47 | 2389 | Anna Gordon | 00:24:55 | Female | Ages 30-39 | 4 | 12 | 00:05:31 | 00:06:45 |
| 48 | 2315 | Kristen Baxter | 00:25:17 | Female | Ages 18-29 | 4 | 13 | 00:04:09 | 00:07:07 |
| 49 | 2516 | Emmanuel Ho | 00:25:19 | Male | Ages 30-39 | 10 | 36 | 00:07:27 | 00:25:26 |
| 50 | 2397 | Jennifer Hamilton Inglis | 00:25:24 | Female | Ages 30-39 | 5 | 14 | 00:05:59 | 00:07:14 |
| 51 | 2585 | Christina O Brien | 00:25:24 | Female | Ages 30-39 | 6 | 15 | 00:05:59 | 00:07:14 |
| 52 | 2905 | John Rafael | 00:25:30 | Male | Ages 30-39 | 11 | 37 | 00:07:38 | 00:25:37 |

Overall Results: 5k

C.Pos = Category Position

G.Pos = Gender Position

MEC Calgary Road Race Seven

LIVE RACE RESULTS: <http://results.blitzevents.ca>

| Pos | Bib# | Name | Chip Time | Gender | Category | C.Pos | G.Pos | Time Behind Category | Time Behind Winner |
|-----|------|--------------------|-----------|--------|------------------|-------|-------|----------------------|--------------------|
| 53 | 1815 | Kurt Mackay | 00:25:31 | Male | Ages 30-39 | 12 | 38 | 00:07:39 | 00:25:38 |
| 54 | 3997 | Matt Smith | 00:25:34 | Male | Ages 40-49 | 8 | 39 | 00:06:15 | 00:25:41 |
| 55 | 5411 | Jennifer Becker | 00:25:37 | Female | Ages 18-29 | 5 | 16 | 00:04:28 | 00:07:27 |
| 56 | 2340 | Kent Chudleigh | 00:25:38 | Male | Ages 50-59 | 3 | 40 | 00:02:10 | 00:25:45 |
| 57 | 2384 | Katrina Friesen | 00:25:39 | Female | Ages 18-29 | 6 | 17 | 00:04:30 | 00:07:29 |
| 58 | 2574 | Cody Moore | 00:25:40 | Male | Ages 18-29 | 13 | 41 | 00:25:47 | 00:25:47 |
| 59 | 2583 | Amber Nielsen | 00:25:41 | Female | Ages 30-39 | 7 | 18 | 00:06:16 | 00:07:31 |
| 60 | 2375 | Jake Finnan | 00:25:42 | Male | Ages 18-29 | 14 | 42 | 00:25:49 | 00:25:49 |
| 61 | 2989 | Bryn Oberlin | 00:25:45 | Female | Ages 18-29 | 7 | 19 | 00:04:36 | 00:07:35 |
| 62 | 2575 | Heidi Moores | 00:25:50 | Female | Ages 12 -17 | 3 | 20 | 00:05:15 | 00:07:40 |
| 63 | 2567 | Michael Meredith | 00:25:55 | Male | Ages 40-49 | 9 | 43 | 00:06:36 | 00:26:02 |
| 64 | 2986 | Terry Sutton | 00:25:58 | Male | Ages 50-59 | 4 | 44 | 00:02:30 | 00:26:05 |
| 65 | 2542 | Regan Koole | 00:26:12 | Male | Ages 12 -17 | 5 | 45 | 00:06:35 | 00:26:19 |
| 66 | 2533 | Blaine Julien | 00:26:14 | Male | Ages 50-59 | 5 | 46 | 00:02:46 | 00:26:21 |
| 67 | 2903 | Farhan Qureshi | 00:26:16 | Male | No Age Specified | 2 | 47 | 00:02:33 | 00:26:23 |
| 68 | 2518 | Ridley Horton | 00:26:28 | Male | Ages 12 -17 | 6 | 48 | 00:06:51 | 00:26:35 |
| 69 | 2975 | Sue Kupper | 00:26:29 | Female | Ages 30-39 | 8 | 21 | 00:07:05 | 00:08:19 |
| 70 | 2948 | Faye White | 00:26:37 | Female | Ages 30-39 | 9 | 22 | 00:07:12 | 00:08:27 |
| 71 | 2924 | Nadine Sprague | 00:26:38 | Female | No Age Specified | 2 | 23 | 00:08:29 | 00:08:29 |
| 72 | 2958 | Simon Worth | 00:26:47 | Male | Ages 40-49 | 10 | 49 | 00:07:28 | 00:26:54 |
| 73 | 2991 | Momvray Jenna | 00:26:47 | Female | Ages 30-39 | 10 | 24 | 00:07:23 | 00:08:37 |
| 74 | 2965 | Julie Csiki | 00:26:49 | Female | Ages 30-39 | 11 | 25 | 00:07:25 | 00:08:39 |
| 75 | 2521 | Joshua Hughes | 00:26:49 | Male | Ages 12 -17 | 7 | 50 | 00:07:12 | 00:26:56 |
| 76 | 2519 | Bryan Hughes | 00:26:51 | Male | Ages 40-49 | 11 | 51 | 00:07:32 | 00:26:58 |
| 77 | 2971 | Dale Hildebrandt | 00:26:54 | Male | Ages 60-69 | 1 | 52 | 00:00:00 | 00:27:01 |
| 78 | 2967 | Stephen Doig | 00:26:54 | Male | Ages 12 -17 | 8 | 53 | 00:07:17 | 00:27:01 |
| 79 | 1168 | Christopher Britz | 00:27:06 | Male | Ages 18-29 | 15 | 54 | 00:27:13 | 00:27:13 |
| 80 | 2970 | Emily Dukeshire | 00:27:10 | Female | Ages 30-39 | 12 | 26 | 00:07:46 | 00:09:00 |
| 81 | 2342 | Davis Clarke | 00:27:10 | Male | Ages 12 -17 | 9 | 55 | 00:07:33 | 00:27:17 |
| 82 | 2902 | Darren Prout | 00:27:11 | Male | Ages 40-49 | 12 | 56 | 00:07:52 | 00:27:18 |
| 83 | 2942 | Amber Ward | 00:27:18 | Female | Ages 18-29 | 8 | 27 | 00:06:10 | 00:09:08 |
| 84 | 2378 | Jeff Floyd | 00:27:18 | Male | Ages 40-49 | 13 | 57 | 00:07:59 | 00:27:25 |
| 85 | 1814 | Philip Lowery | 00:27:18 | Male | Ages 50-59 | 6 | 58 | 00:03:50 | 00:27:25 |
| 86 | 2974 | Anthony Kavanagh | 00:27:20 | Male | Ages 18-29 | 16 | 59 | 00:27:27 | 00:27:27 |
| 87 | 2377 | Janet Fleet | 00:27:20 | Female | Ages 18-29 | 9 | 28 | 00:06:12 | 00:09:11 |
| 88 | 2344 | Rob Clarke | 00:27:25 | Male | Ages 40-49 | 14 | 60 | 00:08:06 | 00:27:32 |
| 89 | 2356 | Craig Dawe | 00:27:37 | Male | Ages 40-49 | 15 | 61 | 00:08:18 | 00:27:44 |
| 90 | 2332 | Briar Cardiff | 00:27:50 | Female | Ages 18-29 | 10 | 29 | 00:06:42 | 00:09:40 |
| 91 | 3030 | Barry Poon | 00:27:50 | Male | Ages 50-59 | 7 | 62 | 00:04:23 | 00:27:58 |
| 92 | 2969 | Suzanne Doig | 00:27:54 | Female | Ages 50-59 | 1 | 30 | 00:00:00 | 00:09:45 |
| 93 | 2333 | Emma Cardiff | 00:27:57 | Female | Ages 18-29 | 11 | 31 | 00:06:49 | 00:09:47 |
| 94 | 2338 | Alexander Christie | 00:28:02 | Male | Ages 11 + Under | 1 | 63 | 00:00:00 | 00:28:09 |
| 95 | 2339 | Andrew Christie | 00:28:02 | Male | Ages 30-39 | 13 | 64 | 00:10:10 | 00:28:09 |
| 96 | 2368 | Brayden Dykman | 00:28:05 | Male | No Age Specified | 3 | 65 | 00:04:22 | 00:28:12 |
| 97 | 2367 | Ashwin Dva | 00:28:06 | Male | Ages 30-39 | 14 | 66 | 00:10:14 | 00:28:13 |
| 98 | 2564 | Judy McDonald | 00:28:10 | Female | Ages 50-59 | 2 | 32 | 00:00:15 | 00:10:01 |
| 99 | 3156 | Jeremy Zhao | 00:28:17 | Male | Ages 18-29 | 17 | 67 | 00:28:24 | 00:28:24 |
| 100 | 5716 | Heather Fahr | 00:28:25 | Female | Ages 30-39 | 13 | 33 | 00:09:01 | 00:10:15 |
| 101 | 2346 | Phil Conway | 00:28:37 | Male | Ages 50-59 | 8 | 68 | 00:05:09 | 00:28:44 |
| 102 | 2513 | Mark Hillier | 00:28:39 | Male | Ages 18-29 | 18 | 69 | 00:28:46 | 00:28:46 |
| 103 | 2525 | Elysse Incze | 00:28:40 | Female | Ages 30-39 | 14 | 34 | 00:09:15 | 00:10:30 |
| 104 | 2313 | Kaitlin Barker | 00:28:41 | Female | Ages 30-39 | 15 | 35 | 00:09:17 | 00:10:31 |
| 105 | 2349 | Julie Crawley | 00:28:43 | Female | Ages 30-39 | 16 | 36 | 00:09:19 | 00:10:33 |

Overall Results: 5k

C.Pos = Category Position

G.Pos = Gender Position

MEC Calgary Road Race Seven

LIVE RACE RESULTS: <http://results.blitzevents.ca>

| Pos | Bib# | Name | Chip Time | Gender | Category | C.Pos | G.Pos | Time Behind Category | Time Behind Winner |
|-----|------|---------------------|-----------|--------|------------------|-------|-------|----------------------|--------------------|
| 106 | 2350 | Adriana Cueva | 00:28:53 | Female | Ages 18-29 | 12 | 37 | 00:07:45 | 00:10:44 |
| 107 | 2968 | Stuart Doig | 00:28:54 | Male | Ages 12 -17 | 10 | 70 | 00:09:17 | 00:29:01 |
| 108 | 2957 | Laura Worsley Brown | 00:29:01 | Female | Ages 40-49 | 3 | 38 | 00:05:38 | 00:10:51 |
| 109 | 2928 | Guy Talbot | 00:29:01 | Male | Ages 50-59 | 9 | 71 | 00:05:33 | 00:29:08 |
| 110 | 5447 | Hallie Caplan | 00:29:07 | Female | Ages 30-39 | 17 | 39 | 00:09:43 | 00:10:57 |
| 111 | 3239 | Rita Bereski | 00:29:13 | Female | Ages 40-49 | 4 | 40 | 00:05:50 | 00:11:03 |
| 112 | 2594 | Howard Phillips | 00:29:16 | Male | Ages 50-59 | 10 | 72 | 00:05:48 | 00:29:23 |
| 113 | 2310 | Larissa Arthur | 00:29:18 | Female | Ages 30-39 | 18 | 41 | 00:09:54 | 00:11:08 |
| 114 | 2596 | Shelley Portello | 00:29:19 | Female | Ages 50-59 | 3 | 42 | 00:01:24 | 00:11:09 |
| 115 | 2355 | Roger Davies | 00:29:21 | Male | Ages 70+ | 1 | 73 | 00:00:00 | 00:29:28 |
| 116 | 2538 | Brad Knapik | 00:29:26 | Male | Ages 18-29 | 19 | 74 | 00:29:33 | 00:29:33 |
| 117 | 2927 | Mike Surbey | 00:29:27 | Male | Ages 30-39 | 15 | 75 | 00:11:35 | 00:29:34 |
| 118 | 2362 | Derek Dhadwal | 00:29:29 | Male | Ages 30-39 | 16 | 76 | 00:11:38 | 00:29:37 |
| 119 | 2570 | Amy Mireault | 00:29:32 | Female | Ages 30-39 | 19 | 43 | 00:10:08 | 00:11:23 |
| 120 | 2394 | Gen Groulx | 00:29:33 | Female | Ages 30-39 | 20 | 44 | 00:10:09 | 00:11:24 |
| 121 | 2379 | Sabina Floyd | 00:29:34 | Female | Ages 40-49 | 5 | 45 | 00:06:11 | 00:11:24 |
| 122 | 2539 | Anita Koles | 00:29:36 | Female | Ages 40-49 | 6 | 46 | 00:06:13 | 00:11:26 |
| 123 | 2323 | Gary Bodeaux | 00:29:39 | Male | Ages 60-69 | 2 | 77 | 00:02:45 | 00:29:46 |
| 124 | 2314 | Miranda Bartman | 00:29:46 | Female | No Age Specified | 3 | 47 | 00:11:36 | 00:11:36 |
| 125 | 2306 | Zahura Ahmed | 00:29:47 | Female | Ages 18-29 | 13 | 48 | 00:08:39 | 00:11:37 |
| 126 | 5174 | Sheelagh Mercier | 00:29:50 | Female | Ages 50-59 | 4 | 49 | 00:01:55 | 00:11:40 |
| 127 | 2562 | Simon Matson | 00:29:51 | Male | Ages 11 + Under | 2 | 78 | 00:01:49 | 00:29:58 |
| 128 | 2565 | Alexa McNeill | 00:29:54 | Female | Ages 12 -17 | 4 | 50 | 00:09:19 | 00:11:44 |
| 129 | 2557 | Rajesh Manan | 00:29:54 | Male | Ages 18-29 | 20 | 79 | 00:30:01 | 00:30:01 |
| 130 | 2569 | Maria Meza | 00:30:01 | Female | Ages 30-39 | 21 | 51 | 00:10:37 | 00:11:52 |
| 131 | 2540 | Danielle Koole | 00:30:03 | Female | Ages 12 -17 | 5 | 52 | 00:09:28 | 00:11:53 |
| 132 | 2396 | Simone Hambly | 00:30:04 | Female | Ages 50-59 | 5 | 53 | 00:02:09 | 00:11:54 |
| 133 | 2511 | Chris Hider | 00:30:05 | Female | Ages 60-69 | 1 | 54 | 00:00:00 | 00:11:55 |
| 134 | 2321 | S Blakely | 00:30:17 | Female | No Age Specified | 4 | 55 | 00:12:07 | 00:12:07 |
| 135 | 2541 | Marc Koole | 00:30:21 | Male | Ages 50-59 | 11 | 80 | 00:06:53 | 00:30:28 |
| 136 | 2328 | Jennefer Brown | 00:30:26 | Female | Ages 50-59 | 6 | 56 | 00:02:32 | 00:12:17 |
| 137 | 2353 | Jordan Dahl | 00:30:29 | Male | Ages 18-29 | 21 | 81 | 00:30:36 | 00:30:36 |
| 138 | 2352 | Hanna Dahl | 00:30:34 | Female | Ages 18-29 | 14 | 57 | 00:09:25 | 00:12:24 |
| 139 | 2359 | Jolene de Zeeuw | 00:30:46 | Female | Ages 30-39 | 22 | 58 | 00:11:21 | 00:12:36 |
| 140 | 2945 | Chris Welk | 00:30:49 | Male | Ages 40-49 | 16 | 82 | 00:11:30 | 00:30:56 |
| 141 | 2919 | Helen Seto | 00:30:50 | Female | Ages 18-29 | 15 | 59 | 00:09:41 | 00:12:40 |
| 142 | 6280 | Lisa Young | 00:31:03 | Female | Ages 40-49 | 7 | 60 | 00:07:40 | 00:12:53 |
| 143 | 2959 | Lisa Worthington | 00:31:04 | Female | Ages 40-49 | 8 | 61 | 00:07:41 | 00:12:54 |
| 144 | 2386 | Amanda Frost | 00:31:06 | Female | Ages 30-39 | 23 | 62 | 00:11:41 | 00:12:56 |
| 145 | 2509 | Liz Henzi | 00:31:08 | Female | Ages 30-39 | 24 | 63 | 00:11:44 | 00:12:58 |
| 146 | 5718 | Jenn Finnson | 00:31:10 | Female | Ages 30-39 | 25 | 64 | 00:11:46 | 00:13:00 |
| 147 | 6246 | Cassie Vocke | 00:31:11 | Female | Ages 18-29 | 16 | 65 | 00:10:03 | 00:13:01 |
| 148 | 1805 | Gage Ritchie | 00:31:13 | Male | Ages 11 + Under | 3 | 83 | 00:03:10 | 00:31:20 |
| 149 | 1804 | Brian Ritchie | 00:31:13 | Male | Ages 40-49 | 17 | 84 | 00:11:54 | 00:31:20 |
| 150 | 2504 | Sue Hawkins | 00:31:26 | Female | Ages 50-59 | 7 | 66 | 00:03:31 | 00:13:16 |
| 151 | 2578 | Andrew Morash | 00:31:30 | Male | Ages 18-29 | 22 | 85 | 00:31:37 | 00:31:37 |
| 152 | 2904 | Doug Rae | 00:31:31 | Male | No Age Specified | 4 | 86 | 00:07:48 | 00:31:38 |
| 153 | 2586 | Don O Dwyer | 00:31:31 | Male | No Age Specified | 5 | 87 | 00:07:48 | 00:31:39 |
| 154 | 2363 | Katie Doupe | 00:31:35 | Female | No Age Specified | 5 | 67 | 00:13:26 | 00:13:26 |
| 155 | 1812 | Eli Delbecq | 00:31:36 | Male | Ages 11 + Under | 4 | 88 | 00:03:34 | 00:31:43 |
| 156 | 1813 | Anne Carraud | 00:31:36 | Female | Ages 30-39 | 26 | 68 | 00:12:12 | 00:13:26 |
| 157 | 2995 | Cathryn Owens | 00:31:45 | Female | Ages 40-49 | 9 | 69 | 00:08:22 | 00:13:35 |
| 158 | 2387 | Robyn Gamber | 00:31:49 | Female | Ages 30-39 | 27 | 70 | 00:12:25 | 00:13:39 |

Overall Results: 5k

C.Pos = Category Position

G.Pos = Gender Position

MEC Calgary Road Race Seven

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| Pos | Bib# | Name | Chip Time | Gender | Category | C.Pos | G.Pos | Time Behind Category | Time Behind Winner |
|-----|------|----------------------|-----------|--------|------------------|-------|-------|----------------------|--------------------|
| 159 | 2939 | Suzanne Vickers | 00:31:59 | Female | Ages 40-49 | 10 | 71 | 00:08:36 | 00:13:49 |
| 160 | 2960 | Tanya Yeomans | 00:32:03 | Female | Ages 30-39 | 28 | 72 | 00:12:38 | 00:13:53 |
| 161 | 2998 | Paula Meurrens | 00:32:06 | Female | Ages 18-29 | 17 | 73 | 00:10:58 | 00:13:56 |
| 162 | 1817 | Jason Thompson | 00:32:12 | Male | Ages 30-39 | 17 | 89 | 00:14:20 | 00:32:19 |
| 163 | 2915 | Dave Samson | 00:32:18 | Male | Ages 18-29 | 23 | 90 | 00:32:25 | 00:32:25 |
| 164 | 2964 | Sheryl Blik | 00:32:20 | Female | Ages 30-39 | 29 | 74 | 00:12:55 | 00:14:10 |
| 165 | 2361 | Rita Desnoyers | 00:32:23 | Female | Ages 40-49 | 11 | 75 | 00:09:00 | 00:14:13 |
| 166 | 2527 | Heather Jensen | 00:32:24 | Female | Ages 18-29 | 18 | 76 | 00:11:16 | 00:14:14 |
| 167 | 2929 | Amy Tatterton | 00:32:24 | Female | Ages 18-29 | 19 | 77 | 00:11:16 | 00:14:14 |
| 168 | 2912 | Arika Rohrick | 00:32:24 | Female | Ages 18-29 | 20 | 78 | 00:11:16 | 00:14:15 |
| 169 | 2320 | Kim Bisaillon | 00:32:25 | Female | Ages 40-49 | 12 | 79 | 00:09:02 | 00:14:15 |
| 170 | 2517 | Kirstie Hood | 00:32:28 | Female | Ages 18-29 | 21 | 80 | 00:11:20 | 00:14:18 |
| 171 | 2345 | Hannah Collings | 00:32:31 | Female | Ages 18-29 | 22 | 81 | 00:11:23 | 00:14:21 |
| 172 | 2512 | Jon Hider | 00:32:34 | Male | Ages 60-69 | 3 | 91 | 00:05:40 | 00:32:41 |
| 173 | 2327 | Maria Brix | 00:32:53 | Female | No Age Specified | 6 | 82 | 00:14:43 | 00:14:43 |
| 174 | 2312 | Danielle Bailey | 00:32:56 | Female | Ages 30-39 | 30 | 83 | 00:13:32 | 00:14:47 |
| 175 | 2372 | Crystal Evanoff | 00:33:06 | Female | Ages 18-29 | 23 | 84 | 00:11:57 | 00:14:56 |
| 176 | 2572 | Benjamin Mitten | 00:33:12 | Male | Ages 30-39 | 18 | 92 | 00:15:20 | 00:33:19 |
| 177 | 2571 | Sarah Mitchell | 00:33:12 | Female | Ages 18-29 | 24 | 85 | 00:12:04 | 00:15:02 |
| 178 | 2317 | Alycia Berg | 00:33:16 | Female | Ages 30-39 | 31 | 86 | 00:13:51 | 00:15:06 |
| 179 | 2937 | Sherry Uong | 00:33:18 | Female | Ages 18-29 | 25 | 87 | 00:12:10 | 00:15:08 |
| 180 | 5454 | Brad Charlebois | 00:33:31 | Male | Ages 30-39 | 19 | 93 | 00:15:39 | 00:33:38 |
| 181 | 2566 | Troy McNeill | 00:33:36 | Male | Ages 40-49 | 18 | 94 | 00:14:17 | 00:33:43 |
| 182 | 2996 | Andrew Haggith | 00:33:53 | Male | No Age Specified | 6 | 95 | 00:10:10 | 00:34:00 |
| 183 | 2997 | Marlene Haggith | 00:33:54 | Female | No Age Specified | 7 | 88 | 00:15:44 | 00:15:44 |
| 184 | 2973 | Stuart Jones | 00:33:57 | Male | Ages 18-29 | 24 | 96 | 00:34:04 | 00:34:04 |
| 185 | 2582 | Jessica Nelson | 00:34:00 | Female | Ages 12 -17 | 6 | 89 | 00:13:26 | 00:15:51 |
| 186 | 3142 | Lauren Wilkie | 00:34:23 | Female | Ages 18-29 | 26 | 90 | 00:13:14 | 00:16:13 |
| 187 | 2351 | Dawn Dack | 00:34:30 | Female | Ages 30-39 | 32 | 91 | 00:15:05 | 00:16:20 |
| 188 | 2391 | Lisa Grant | 00:34:36 | Female | Ages 30-39 | 33 | 92 | 00:15:11 | 00:16:26 |
| 189 | 2400 | Rebecca Hartwell | 00:34:56 | Female | Ages 18-29 | 27 | 93 | 00:13:48 | 00:16:46 |
| 190 | 2931 | Cathy Taylor Joudrey | 00:35:03 | Female | Ages 50-59 | 8 | 94 | 00:07:08 | 00:16:54 |
| 191 | 2325 | Katelynn Brady | 00:35:08 | Female | Ages 30-39 | 34 | 95 | 00:15:44 | 00:16:58 |
| 192 | 2940 | Helly Visser | 00:35:14 | Female | Ages 70+ | 1 | 96 | 00:00:00 | 00:17:04 |
| 193 | 2343 | Kennedy Clarke | 00:35:23 | Female | Ages 11 + Under | 1 | 97 | 00:00:00 | 00:17:13 |
| 194 | 2330 | Nikki Butcher | 00:35:44 | Female | Ages 40-49 | 13 | 98 | 00:12:21 | 00:17:34 |
| 195 | 2963 | Luisa Aiello | 00:35:45 | Female | Ages 40-49 | 14 | 99 | 00:12:23 | 00:17:36 |
| 196 | 2554 | Bastian Lovasz | 00:35:50 | Male | Ages 30-39 | 20 | 97 | 00:17:58 | 00:35:57 |
| 197 | 2390 | Sarah Gorniak | 00:35:59 | Female | Ages 12 -17 | 7 | 100 | 00:15:24 | 00:17:49 |
| 198 | 2980 | Bill Rabatich | 00:36:00 | Male | Ages 60-69 | 4 | 98 | 00:09:06 | 00:36:07 |
| 199 | 2354 | Holly Davidson | 00:36:16 | Female | Ages 40-49 | 15 | 101 | 00:12:54 | 00:18:06 |
| 200 | 2385 | Amber Froese | 00:36:30 | Female | Ages 30-39 | 35 | 102 | 00:17:05 | 00:18:20 |
| 201 | 2523 | Claire Hyrich | 00:36:31 | Female | Ages 40-49 | 16 | 103 | 00:13:08 | 00:18:21 |
| 202 | 2395 | Hanna Gurevitch | 00:36:39 | Female | Ages 18-29 | 28 | 104 | 00:15:31 | 00:18:29 |
| 203 | 2950 | Emma Whitehead | 00:36:42 | Female | Ages 18-29 | 29 | 105 | 00:15:34 | 00:18:32 |
| 204 | 2532 | Janet Joynt | 00:36:53 | Female | Ages 40-49 | 17 | 106 | 00:13:30 | 00:18:43 |
| 205 | 2598 | Wendy Powell | 00:37:35 | Female | Ages 50-59 | 9 | 107 | 00:09:40 | 00:19:25 |
| 206 | 1807 | Hannah Watson | 00:37:44 | Female | Ages 18-29 | 30 | 108 | 00:16:36 | 00:19:34 |
| 207 | 2507 | Candace Henderson | 00:37:55 | Female | Ages 40-49 | 18 | 109 | 00:14:32 | 00:19:45 |
| 208 | 1810 | Lorraine Rawson | 00:38:11 | Female | Ages 50-59 | 10 | 110 | 00:10:16 | 00:20:01 |
| 209 | 2371 | Kelly Elker | 00:38:22 | Female | Ages 18-29 | 31 | 111 | 00:17:14 | 00:20:12 |
| 210 | 2920 | Benjamin Shewchuk | 00:38:33 | Male | Ages 11 + Under | 5 | 99 | 00:10:31 | 00:38:40 |
| 211 | 2921 | Rita Shewchuk | 00:38:36 | Female | No Age Specified | 8 | 112 | 00:20:27 | 00:20:27 |

Overall Results: 5k

C.Pos = Category Position

G.Pos = Gender Position

MEC Calgary Road Race Seven

LIVE RACE RESULTS: <http://results.blitzevents.ca>

| Pos | Bib# | Name | Chip Time | Gender | Category | C.Pos | G.Pos | Time Behind Category | Time Behind Winner |
|-----|------|----------------------|-----------|--------|-----------------|-------|-------|----------------------|--------------------|
| 212 | 3095 | Renae Taylor | 00:39:05 | Female | Ages 30-39 | 36 | 113 | 00:19:41 | 00:20:55 |
| 213 | 2943 | Beth Watkins | 00:39:10 | Female | Ages 18-29 | 32 | 114 | 00:18:02 | 00:21:00 |
| 214 | 2392 | Hanna Greenwood | 00:39:10 | Female | Ages 18-29 | 33 | 115 | 00:18:02 | 00:21:00 |
| 215 | 2520 | Holly Hughes | 00:39:19 | Female | Ages 30-39 | 37 | 116 | 00:19:55 | 00:21:10 |
| 216 | 1811 | Abmisher Banerjee | 00:39:32 | Male | Ages 30-39 | 21 | 100 | 00:21:40 | 00:39:39 |
| 217 | 2508 | Melissa Hendry | 00:39:37 | Female | Ages 30-39 | 38 | 117 | 00:20:13 | 00:21:27 |
| 218 | 3083 | Jennifer Sommerfeldt | 00:39:38 | Female | Ages 40-49 | 19 | 118 | 00:16:15 | 00:21:28 |
| 219 | 2935 | Kha Truong | 00:39:47 | Female | Ages 18-29 | 34 | 119 | 00:18:38 | 00:21:37 |
| 220 | 2318 | Kaitlyn Bernardin | 00:40:04 | Female | Ages 18-29 | 35 | 120 | 00:18:55 | 00:21:54 |
| 221 | 3338 | Karen Fox | 00:40:24 | Female | Ages 30-39 | 39 | 121 | 00:20:59 | 00:22:14 |
| 222 | 2506 | Amy Haynes | 00:41:35 | Female | Ages 30-39 | 40 | 122 | 00:22:11 | 00:23:25 |
| 223 | 2930 | Sarah Taylor | 00:41:38 | Female | Ages 18-29 | 36 | 123 | 00:20:30 | 00:23:28 |
| 224 | 2528 | Tony Joachim | 00:42:54 | Male | Ages 70+ | 2 | 101 | 00:13:32 | 00:43:01 |
| 225 | 3925 | Cheryl Palamar | 00:43:22 | Female | Ages 30-39 | 41 | 124 | 00:23:58 | 00:25:12 |
| 226 | 2984 | Mary Sutton | 00:43:33 | Female | Ages 60-69 | 2 | 125 | 00:13:28 | 00:25:23 |
| 227 | 2985 | Melissa Sutton | 00:43:33 | Female | Ages 30-39 | 42 | 126 | 00:24:09 | 00:25:24 |
| 228 | 5712 | Sharon Evelyn | 00:44:07 | Female | Ages 50-59 | 11 | 127 | 00:16:12 | 00:25:57 |
| 229 | 5439 | Jane Burnham | 00:44:07 | Female | Ages 50-59 | 12 | 128 | 00:16:13 | 00:25:58 |
| 230 | 3022 | Stella Penner | 00:44:40 | Female | Ages 60-69 | 3 | 129 | 00:14:35 | 00:26:30 |
| 231 | 2380 | Nancy Foster | 00:45:13 | Female | Ages 50-59 | 13 | 130 | 00:17:18 | 00:27:03 |
| 232 | 2559 | Rosa Marchitelli | 00:46:27 | Female | Ages 40-49 | 20 | 131 | 00:23:04 | 00:28:17 |
| 233 | 2358 | Fiona De Sa | 00:46:27 | Female | Ages 40-49 | 21 | 132 | 00:23:05 | 00:28:18 |
| 234 | 2530 | Kaira Jost | 00:46:33 | Female | Ages 11 + Under | 2 | 133 | 00:11:09 | 00:28:23 |
| 235 | 2531 | Logan Jost | 00:46:34 | Female | Ages 30-39 | 43 | 134 | 00:27:09 | 00:28:24 |
| 236 | 2388 | Stephanie Gauthier | 00:50:24 | Female | Ages 30-39 | 44 | 135 | 00:31:00 | 00:32:14 |
| 237 | 2555 | Jenna Mair | 00:52:26 | Female | Ages 30-39 | 45 | 136 | 00:33:02 | 00:34:16 |
| 238 | 2599 | Hannah Price | 00:53:30 | Female | Ages 18-29 | 37 | 137 | 00:32:22 | 00:35:20 |
| 239 | 2600 | Suzie Price | 00:53:30 | Female | Ages 18-29 | 38 | 138 | 00:32:22 | 00:35:20 |
| 240 | 2976 | Eugene Laverty | 00:54:27 | Male | Ages 50-59 | 12 | 102 | 00:30:59 | 00:54:34 |
| 241 | 3365 | Jen Hall | 01:05:45 | Female | Ages 30-39 | 46 | 139 | 00:46:21 | 00:47:35 |
| 242 | 5491 | Wes Desta | 10:44:52 | Male | Ages 40-49 | 19 | 103 | 10:25:34 | 10:44:59 |
| 243 | 2199 | David Armstrong | 10:45:46 | Male | Ages 40-49 | 20 | 104 | 10:26:27 | 10:45:53 |
| 244 | 5455 | David Charlton | 10:48:38 | Male | Ages 30-39 | 22 | 105 | 10:30:46 | 10:48:45 |
| 245 | 5440 | Katharine Butler | 10:55:32 | Female | Ages 30-39 | 47 | 140 | 10:36:08 | 10:37:22 |
| 246 | 2590 | Bobbi Pascal | 10:57:11 | Female | Ages 40-49 | 22 | 141 | 10:33:48 | 10:39:01 |
| 247 | 5430 | Corinna Brown | 10:57:41 | Female | Ages 18-29 | 39 | 142 | 10:36:33 | 10:39:31 |