

Category Results: 10k

MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Male Ages 12-17

| Pos | Bib# | Name | Time | Overall Position | Time Behind Categ | Time Behind Winner |
|-----|------|-------------------|----------|------------------|----------------------|-----------------------|
| 1 | 3701 | Nathaniel Leclerc | 00:45:19 | 20 | 00:00:04 | 00:11:41 |
| 2 | 3726 | Ryan Mitchell | 00:55:00 | 124 | 00:09:45 | 00:21:23 |

Female Ages 18-29

| Pos | Bib# | Name | Time | Overall Position | Time Behind Categ | Time Behind Winner |
|-----|-------|--------------------------------|----------|------------------|----------------------|-----------------------|
| 1 | 3787 | Carly Williams | 00:45:19 | 21 | 00:00:07 | 00:01:03 |
| 2 | 3658 | Elizabeth Halleran | 00:46:50 | 32 | 00:01:40 | 00:02:35 |
| 3 | 3734 | Daphne Kristen Mitchell Nakhid | 00:48:01 | 41 | 00:02:47 | 00:03:43 |
| 4 | 3649 | Brittany Gadzosa | 00:48:29 | 47 | 00:03:24 | 00:04:19 |
| 5 | 3656 | Natalie Gugala | 00:49:18 | 53 | 00:04:11 | 00:05:06 |
| 6 | 3696 | Ashley Kosasih | 00:49:26 | 55 | 00:04:57 | 00:05:53 |
| 7 | 3699 | Christine Lambert | 00:49:57 | 58 | 00:05:09 | 00:06:04 |
| 8 | 3634 | Alex Firminger | 00:50:03 | 62 | 00:05:15 | 00:06:10 |
| 9 | 3613 | Brianne Cooper | 00:51:17 | 81 | 00:06:35 | 00:07:31 |
| 10 | 4143 | Christina Lam | 00:51:58 | 86 | 00:06:53 | 00:07:49 |
| 11 | 4138 | Kara Friesen | 00:52:21 | 91 | 00:07:14 | 00:08:09 |
| 12 | 3799 | Caitlyn Baillie | 00:52:23 | 93 | 00:07:18 | 00:08:13 |
| 13 | 3692 | Molly Kavanagh | 00:55:24 | 136 | 00:10:21 | 00:11:16 |
| 14 | 3659 | Julia Halwa | 00:56:44 | 146 | 00:11:41 | 00:12:36 |
| 15 | 76173 | Danielle Morrison | 00:56:46 | 148 | 00:11:38 | 00:12:34 |
| 16 | 3767 | Mackenzie Scurfield | 00:57:28 | 151 | 00:12:31 | 00:13:26 |
| 17 | 3800 | Nicole Bowal | 00:57:45 | 154 | 00:13:05 | 00:14:00 |
| 18 | 4169 | Riana Downs | 00:58:52 | 167 | 00:13:48 | 00:14:43 |
| 19 | 2177 | Janelle Bekkering | 00:59:08 | 171 | 00:14:02 | 00:14:58 |
| 20 | 3673 | Danika Hopkins | 01:00:38 | 182 | 00:15:36 | 00:16:31 |
| 21 | 3718 | Courtney McDonough | 01:00:45 | 185 | 00:15:36 | 00:16:32 |
| 22 | 3789 | Ola Witukiewicz | 01:02:14 | 195 | 00:17:02 | 00:17:57 |
| 23 | 4164 | Kylie Wilson | 01:02:37 | 199 | 00:17:36 | 00:18:31 |
| 24 | 3669 | Kelsey Hibbert | 01:03:02 | 205 | 00:17:52 | 00:18:47 |
| 25 | 3644 | Hannah Friesen | 01:03:38 | 214 | 00:18:52 | 00:19:47 |
| 26 | 3680 | Agnieszka Ingot | 01:05:38 | 233 | 00:20:34 | 00:21:29 |
| 27 | 20038 | Rylee Fairbarn | 01:10:29 | 258 | 00:25:14 | 00:26:09 |
| 28 | 2170 | Shivon Anderson | 01:27:56 | 291 | 00:43:11 | 00:44:06 |
| 29 | 4130 | Alannah Waldorf | 01:34:03 | 293 | 00:49:14 | 00:50:10 |

Category Results: 10k

MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Male Ages 18-29

| Pos | Bib# | Name | Time | Overall Position | Time Behind Categ | Time Behind Winner |
|-----|------|--------------------|----------|------------------|----------------------|-----------------------|
| 1 | 4133 | Karl Augsten | 00:33:41 | 1 | 00:00:05 | 00:00:05 |
| 2 | 4194 | Obed Pennor | 00:38:19 | 2 | 00:04:45 | 00:04:45 |
| 3 | 3722 | Patrick McNaught | 00:38:39 | 3 | 00:05:02 | 00:05:02 |
| 4 | 4174 | Michael Serani | 00:38:46 | 4 | 00:05:09 | 00:05:09 |
| 5 | 4106 | Theo Engman | 00:40:30 | 9 | 00:06:53 | 00:06:53 |
| 6 | 2166 | Nafis Anam | 00:46:01 | 22 | 00:12:24 | 00:12:24 |
| 7 | 3630 | Nathaniel Ernst | 00:46:12 | 24 | 00:12:35 | 00:12:35 |
| 8 | 3645 | Rich Friesen | 00:46:15 | 26 | 00:12:46 | 00:12:46 |
| 9 | 3655 | Tylerq Gough | 00:46:20 | 27 | 00:13:11 | 00:13:11 |
| 10 | 3643 | Daniel Frid | 00:46:39 | 31 | 00:13:03 | 00:13:03 |
| 11 | 1176 | Mark Dolson | 00:46:54 | 33 | 00:13:42 | 00:13:42 |
| 12 | 4124 | Jon Ross | 00:47:23 | 35 | 00:13:50 | 00:13:50 |
| 13 | 4132 | Mike Wu | 00:49:13 | 51 | 00:15:46 | 00:15:46 |
| 14 | 3635 | Colin Firminger | 00:49:18 | 52 | 00:16:06 | 00:16:06 |
| 15 | 4189 | Jacob Vanderneut | 00:49:20 | 54 | 00:16:13 | 00:16:13 |
| 16 | 3728 | Dave Morin | 00:50:07 | 64 | 00:16:31 | 00:16:31 |
| 17 | 3715 | Lane Mazurek | 00:51:10 | 79 | 00:17:46 | 00:17:46 |
| 18 | 3716 | Taylor McCusker | 00:51:14 | 80 | 00:17:47 | 00:17:47 |
| 19 | 4150 | Adrian Nagle | 00:51:49 | 83 | 00:18:15 | 00:18:15 |
| 20 | 4140 | Niall Heffernan | 00:51:57 | 85 | 00:18:23 | 00:18:23 |
| 21 | 3736 | Guillaume Noel | 00:53:03 | 98 | 00:19:29 | 00:19:29 |
| 22 | 4182 | Eric Liong | 00:55:03 | 128 | 00:21:37 | 00:21:37 |
| 23 | 3756 | Morgan Remfry | 00:56:01 | 141 | 00:22:32 | 00:22:32 |
| 24 | 4163 | Maximilian Krewiak | 00:57:28 | 152 | 00:24:09 | 00:24:09 |
| 25 | 4157 | Aaron Swezin | 01:00:55 | 187 | 00:27:48 | 00:27:48 |
| 26 | 3744 | Stefan Pavlovic | 01:02:33 | 198 | 00:29:11 | 00:29:11 |
| 27 | 3719 | Sean McDonough | 01:04:16 | 220 | 00:30:45 | 00:30:45 |
| 28 | 4116 | Lucas McCurdy | 01:34:03 | 294 | 01:00:52 | 01:00:52 |

Category Results: 10k

MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Female Ages 30-39

| Pos | Bib# | Name | Time | Overall Position | Time Behind Categ | Time Behind Winner |
|-----|-------|-----------------------|----------|------------------|----------------------|-----------------------|
| 1 | 4151 | Amy OFlynn | 00:47:21 | 34 | 00:00:07 | 00:03:05 |
| 2 | 4109 | Briana Inlow | 00:49:00 | 49 | 00:01:58 | 00:04:55 |
| 3 | 2167 | Brenna Anderson | 00:50:10 | 65 | 00:03:06 | 00:06:03 |
| 4 | 3797 | Jackie Zimmerman | 00:50:13 | 67 | 00:03:04 | 00:06:02 |
| 5 | 4190 | Yvonne Wilkinson | 00:50:14 | 68 | 00:03:17 | 00:06:15 |
| 6 | 4177 | Julie Cook | 00:50:58 | 77 | 00:03:54 | 00:06:52 |
| 7 | 4158 | Estelle Vandeputte | 00:52:18 | 89 | 00:05:12 | 00:08:09 |
| 8 | 2165 | Sarah Akierman | 00:52:57 | 97 | 00:05:56 | 00:08:53 |
| 9 | 3770 | Natalie Shelby-James | 00:53:29 | 100 | 00:06:19 | 00:09:17 |
| 10 | 3689 | Sian Jones | 00:54:20 | 113 | 00:07:34 | 00:10:31 |
| 11 | 3773 | Sabine Soltani | 00:54:26 | 115 | 00:07:48 | 00:10:46 |
| 12 | 3633 | Allison Fielding | 00:54:58 | 122 | 00:08:11 | 00:11:09 |
| 13 | 2178 | Cara Bell | 00:55:03 | 127 | 00:08:06 | 00:11:04 |
| 14 | 3753 | Nicole Racine | 00:55:58 | 140 | 00:09:09 | 00:12:06 |
| 15 | 4149 | Allison Michaud | 00:56:02 | 142 | 00:08:58 | 00:11:56 |
| 16 | 4195 | Dawna-Rose Wetherell | 00:56:13 | 143 | 00:08:59 | 00:11:56 |
| 17 | 1143 | Franca Young | 00:56:17 | 144 | 00:09:07 | 00:12:05 |
| 18 | 3737 | Jocelyn Oatway | 00:56:27 | 145 | 00:09:24 | 00:12:22 |
| 19 | 3662 | Lauren Hasselback | 00:58:02 | 159 | 00:10:57 | 00:13:55 |
| 20 | 4162 | Melanie Hopkins | 00:58:09 | 161 | 00:11:08 | 00:14:06 |
| 21 | 1192 | Caitlin Snyder | 00:58:54 | 168 | 00:11:44 | 00:14:42 |
| 22 | 3602 | Allisha Brogan | 01:01:37 | 190 | 00:14:39 | 00:17:37 |
| 23 | 3668 | Sarah Hernandez-Silva | 01:03:00 | 204 | 00:16:10 | 00:19:08 |
| 24 | 2842 | Stephanie Bialowas | 01:03:05 | 206 | 00:16:05 | 00:19:02 |
| 25 | 3766 | Kate Schutz | 01:03:13 | 207 | 00:16:24 | 00:19:22 |
| 26 | 3677 | Sam HusteJ | 01:03:14 | 208 | 00:16:36 | 00:19:34 |
| 27 | 3657 | Melanie Hall | 01:03:14 | 209 | 00:16:39 | 00:19:37 |
| 28 | 3740 | Sarah page | 01:03:33 | 213 | 00:16:40 | 00:19:38 |
| 29 | 75375 | Brandy Banick | 01:03:43 | 215 | 00:16:38 | 00:19:36 |
| 30 | 3748 | Catrinel Popescu | 01:03:46 | 217 | 00:16:31 | 00:19:28 |
| 31 | 3743 | Arpana Patel | 01:03:53 | 219 | 00:16:52 | 00:19:49 |
| 32 | 2172 | Kendra Armstrong | 01:04:50 | 223 | 00:18:11 | 00:21:08 |
| 33 | 3687 | Lindsay Jensen | 01:04:51 | 224 | 00:18:11 | 00:21:09 |
| 34 | 3745 | Ashley Penrose | 01:05:01 | 226 | 00:18:10 | 00:21:07 |
| 35 | 3765 | Aubrie Schuler | 01:05:17 | 227 | 00:18:39 | 00:21:36 |
| 36 | 3749 | Shizuka Povaschuk | 01:05:17 | 228 | 00:18:38 | 00:21:36 |
| 37 | 3629 | Amanda Edward | 01:05:17 | 229 | 00:18:38 | 00:21:36 |
| 38 | 3796 | Jessica Zimmer | 01:06:59 | 243 | 00:19:55 | 00:22:53 |
| 39 | 3763 | Robyn Schmidt | 01:07:09 | 244 | 00:20:31 | 00:23:29 |
| 40 | 3622 | Jolene de Zeeuw | 01:08:39 | 248 | 00:21:25 | 00:24:22 |
| 41 | 4193 | Robyn Keddy | 01:08:44 | 249 | 00:21:52 | 00:24:49 |
| 42 | 3682 | Fernanda Isquierdo | 01:10:20 | 257 | 00:23:16 | 00:26:13 |
| 43 | 3794 | Tanya Yeomans | 01:10:33 | 259 | 00:23:46 | 00:26:44 |
| 44 | 3683 | Colleen Jackson | 01:11:00 | 262 | 00:24:03 | 00:27:01 |
| 45 | 3781 | Laura Viccars | 01:13:05 | 272 | 00:26:25 | 00:29:22 |
| 46 | 2162 | Alison Abel | 01:13:13 | 273 | 00:26:28 | 00:29:25 |
| 47 | 3785 | Elaine Wakely | 01:13:19 | 274 | 00:26:25 | 00:29:23 |
| 48 | 3684 | Kaylee Janse | 01:15:01 | 276 | 00:28:19 | 00:31:16 |
| 49 | 4139 | Rosie Govind | 01:16:17 | 280 | 00:29:19 | 00:32:16 |
| 50 | 3647 | Mandy Fuchs | 01:17:50 | 282 | 00:30:48 | 00:33:46 |
| 51 | 4117 | Karen Miller | 01:20:29 | 288 | 00:33:14 | 00:36:12 |

Category Results: 10k

MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Female Ages 30-39

| Pos | Bib# | Name | Time | Overall Position | Time Behind Categ | Time Behind Winner |
|-----|------|------|------|------------------|-------------------|--------------------|
|-----|------|------|------|------------------|-------------------|--------------------|

Male Ages 30-39

| Pos | Bib# | Name | Time | Overall Position | Time Behind Categ | Time Behind Winner |
|-----|-------|-----------------------|----------|------------------|-------------------|--------------------|
| 1 | 4142 | Stephen King | 00:38:59 | 5 | 00:00:05 | 00:05:22 |
| 2 | 4155 | Owen Roberts | 00:39:33 | 7 | 00:00:38 | 00:05:56 |
| 3 | 4120 | Marko Norkroos | 00:41:54 | 11 | 00:03:00 | 00:08:17 |
| 4 | 3631 | Alfie Estigoy | 00:43:16 | 13 | 00:04:22 | 00:09:40 |
| 5 | 3693 | David Keogh | 00:43:18 | 14 | 00:04:24 | 00:09:42 |
| 6 | 1180 | James Wrightson | 00:43:31 | 15 | 00:04:39 | 00:09:57 |
| 7 | 3700 | David Lanchas | 00:46:13 | 25 | 00:07:28 | 00:12:46 |
| 8 | 4128 | Trevor Tombe | 00:46:28 | 29 | 00:07:37 | 00:12:54 |
| 9 | 1187 | Cameron Clark | 00:47:27 | 36 | 00:08:33 | 00:13:51 |
| 10 | 4144 | Diego Maldonado | 00:47:27 | 37 | 00:08:45 | 00:14:03 |
| 11 | 4122 | Khris Proud | 00:47:40 | 38 | 00:10:14 | 00:15:32 |
| 12 | 2173 | Ryan Ashton | 00:48:43 | 48 | 00:10:03 | 00:15:20 |
| 13 | 4180 | Mauricio Estevez | 00:49:03 | 50 | 00:10:07 | 00:15:25 |
| 14 | 1183 | Fil Rodriguez | 00:49:37 | 56 | 00:10:59 | 00:16:17 |
| 15 | 4185 | Jon Pocock | 00:49:46 | 57 | 00:10:55 | 00:16:13 |
| 16 | 3694 | Jun Kim | 00:50:02 | 61 | 00:11:33 | 00:16:51 |
| 17 | 3713 | Sean Martin | 00:50:29 | 72 | 00:11:50 | 00:17:08 |
| 18 | 4135 | Marcel Batalha Soares | 00:50:49 | 75 | 00:11:57 | 00:17:14 |
| 19 | 3733 | Cody Nadeau | 00:50:51 | 76 | 00:12:19 | 00:17:36 |
| 20 | 4156 | Danny Semenov | 00:51:59 | 87 | 00:13:34 | 00:18:52 |
| 21 | 6149 | David Harvey | 00:52:22 | 92 | 00:13:36 | 00:18:54 |
| 22 | 3771 | Robert Simieritsch | 00:52:40 | 95 | 00:13:50 | 00:19:08 |
| 23 | 4105 | John Clark | 00:53:26 | 99 | 00:14:54 | 00:20:12 |
| 24 | 4107 | Miguel Garcia | 00:53:32 | 101 | 00:14:39 | 00:19:56 |
| 25 | 4115 | Jesse Manner | 00:53:48 | 106 | 00:15:13 | 00:20:31 |
| 26 | 4121 | Brett Pearce | 00:53:59 | 107 | 00:15:05 | 00:20:23 |
| 27 | 3640 | Neil Frail | 00:54:04 | 108 | 00:15:31 | 00:20:49 |
| 28 | 4136 | George Colbert | 00:54:09 | 110 | 00:15:15 | 00:20:33 |
| 29 | 3617 | Zhaodi Culbreath | 00:54:12 | 111 | 00:15:47 | 00:21:05 |
| 30 | 3685 | Philip Janse | 00:54:51 | 119 | 00:16:31 | 00:21:49 |
| 31 | 3758 | Gonzalo Rosa | 00:55:06 | 129 | 00:16:42 | 00:22:00 |
| 32 | 20055 | Spencer Long | 00:55:16 | 133 | 00:16:36 | 00:21:53 |
| 33 | 3712 | Chris Mandseth | 00:57:52 | 156 | 00:19:05 | 00:24:23 |
| 34 | 4110 | Travis Inlow | 00:58:00 | 157 | 00:19:18 | 00:24:36 |
| 35 | 2845 | Francois Bourget | 00:58:18 | 163 | 00:20:04 | 00:25:22 |
| 36 | 1182 | David Real | 00:59:45 | 175 | 00:20:55 | 00:26:13 |
| 37 | 4153 | Sean Quinlan | 01:00:29 | 180 | 00:21:34 | 00:26:52 |
| 38 | 4196 | Gurdeep Singh | 01:00:38 | 181 | 00:21:51 | 00:27:09 |
| 39 | 4123 | Richard Ramdanny | 01:00:50 | 186 | 00:22:17 | 00:27:35 |
| 40 | 1193 | Trent Snyder | 01:03:53 | 218 | 00:25:04 | 00:30:22 |
| 41 | 3768 | Samuel Sele | 01:04:17 | 222 | 00:25:27 | 00:30:45 |
| 42 | 3791 | Scott Wyatt | 01:06:47 | 242 | 00:27:47 | 00:33:05 |
| 43 | 3775 | Don Stewart | 01:15:04 | 277 | 00:36:20 | 00:41:38 |

Category Results: 10k

MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Female Ages 40-49

| Pos | Bib# | Name | Time | Overall Position | Time Behind Categ | Time Behind Winner |
|-----|-------|--------------------------|----------|------------------|----------------------|-----------------------|
| 1 | 2840 | Paige Beselt | 00:44:24 | 17 | 00:00:09 | 00:00:09 |
| 2 | 3724 | Natasha Miles | 00:47:53 | 40 | 00:03:43 | 00:03:43 |
| 3 | 1190 | Andrea Deurome | 00:50:46 | 74 | 00:06:50 | 00:06:50 |
| 4 | 3620 | Donna Dawe | 00:51:09 | 78 | 00:06:56 | 00:06:56 |
| 5 | 20014 | Jessica Aldred | 00:52:18 | 90 | 00:08:14 | 00:08:14 |
| 6 | 3660 | Jennifer Hamed | 00:53:42 | 103 | 00:09:28 | 00:09:28 |
| 7 | 4167 | Adrianna Donato | 00:53:44 | 105 | 00:09:51 | 00:09:51 |
| 8 | 2171 | Rhonnie Andrews | 00:54:21 | 114 | 00:10:21 | 00:10:21 |
| 9 | 4113 | Elsa Kaus | 00:54:29 | 117 | 00:10:48 | 00:10:48 |
| 10 | 4146 | Michelle Malvar | 00:55:13 | 132 | 00:11:13 | 00:11:13 |
| 11 | 3686 | Maggie Jegen | 00:55:23 | 135 | 00:11:37 | 00:11:37 |
| 12 | 2168 | Janice Anderson | 00:55:50 | 138 | 00:11:47 | 00:11:47 |
| 13 | 3761 | Nicole Sanders | 00:57:20 | 150 | 00:13:17 | 00:13:17 |
| 14 | 3608 | Patricia Caron | 00:57:52 | 155 | 00:13:45 | 00:13:45 |
| 15 | 1186 | Sammi Hammoud | 00:59:06 | 170 | 00:14:49 | 00:14:49 |
| 16 | 2843 | Laura Bolton | 00:59:49 | 176 | 00:15:47 | 00:15:47 |
| 17 | 2179 | Kary Benner | 01:02:26 | 197 | 00:18:34 | 00:18:34 |
| 18 | 3654 | Jocelyn Goddard | 01:02:53 | 200 | 00:19:05 | 00:19:05 |
| 19 | 3667 | Susan Hendrickson | 01:03:16 | 210 | 00:19:02 | 00:19:02 |
| 20 | 4119 | Brenda Nixon | 01:03:43 | 216 | 00:19:36 | 00:19:36 |
| 21 | 3611 | Heather Clitheroe | 01:04:56 | 225 | 00:21:17 | 00:21:17 |
| 22 | 3609 | Gail Chambers | 01:05:19 | 230 | 00:21:08 | 00:21:08 |
| 23 | 4171 | Leanne Duke | 01:05:21 | 231 | 00:21:26 | 00:21:26 |
| 24 | 3632 | Sonia Ficaccio-Scarcelli | 01:05:22 | 232 | 00:21:26 | 00:21:26 |
| 25 | 3755 | Tara Reaburn | 01:05:39 | 234 | 00:21:52 | 00:21:52 |
| 26 | 3695 | Trina Koops | 01:05:42 | 236 | 00:21:33 | 00:21:33 |
| 27 | 3618 | Cindy Dale | 01:06:08 | 239 | 00:22:10 | 00:22:10 |
| 28 | 2847 | Carrie Bradfield | 01:06:28 | 240 | 00:22:12 | 00:22:12 |
| 29 | 4181 | Theresa hewitt | 01:07:09 | 245 | 00:23:12 | 00:23:12 |
| 30 | 3714 | Lorry Matthews | 01:09:26 | 251 | 00:25:49 | 00:25:49 |
| 31 | 4175 | Christa Bridgeman | 01:10:16 | 255 | 00:26:23 | 00:26:23 |
| 32 | 4159 | Susan Watkins | 01:10:17 | 256 | 00:26:06 | 00:26:06 |
| 33 | 4161 | Teresa Webber | 01:10:35 | 260 | 00:26:22 | 00:26:22 |
| 34 | 3779 | Nancy Toso | 01:11:42 | 265 | 00:27:41 | 00:27:41 |
| 35 | 3729 | Jen Morin | 01:11:45 | 266 | 00:27:36 | 00:27:36 |
| 36 | 3601 | Jody Breen | 01:12:16 | 268 | 00:28:29 | 00:28:29 |
| 37 | 2850 | Angela Braun | 01:12:18 | 270 | 00:28:30 | 00:28:30 |
| 38 | 1179 | Katherine Bladow | 01:15:57 | 278 | 00:32:00 | 00:32:00 |
| 39 | 4108 | Tina Garstad | 01:15:59 | 279 | 00:32:16 | 00:32:16 |
| 40 | 3678 | Claire Hyrich | 01:19:04 | 285 | 00:35:14 | 00:35:14 |
| 41 | 3651 | Cindy Getson | 01:19:33 | 287 | 00:35:29 | 00:35:29 |
| 42 | 3623 | Mari Decker | 01:21:06 | 289 | 00:37:19 | 00:37:19 |

Category Results: 10k

MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Male Ages 40-49

| Pos | Bib# | Name | Time | Overall Position | Time Behind Categ | Time Behind Winner |
|-----|------|--------------------|----------|------------------|----------------------|-----------------------|
| 1 | 3697 | Keith Krochak | 00:40:34 | 10 | 00:00:06 | 00:06:58 |
| 2 | 4137 | Gunnar Falke | 00:44:17 | 16 | 00:03:54 | 00:10:47 |
| 3 | 4168 | Shawn Belecki | 00:44:25 | 18 | 00:03:57 | 00:10:50 |
| 4 | 4102 | Jorge Eduardo Caro | 00:45:02 | 19 | 00:04:40 | 00:11:32 |
| 5 | 3603 | Murray Bruce | 00:46:06 | 23 | 00:05:47 | 00:12:39 |
| 6 | 3720 | Graham McLennan | 00:46:26 | 28 | 00:06:01 | 00:12:54 |
| 7 | 3666 | Chad Hegge | 00:46:37 | 30 | 00:06:16 | 00:13:09 |
| 8 | 2169 | Ryan Anderson | 00:48:02 | 42 | 00:07:46 | 00:14:39 |
| 9 | 2844 | Daniel Bosshard | 00:48:03 | 43 | 00:07:36 | 00:14:29 |
| 10 | 3702 | Yanick Leclerc | 00:48:18 | 44 | 00:07:48 | 00:14:40 |
| 11 | 4187 | Duane Ranta | 00:50:02 | 60 | 00:09:36 | 00:16:28 |
| 12 | 3636 | Jeff Fleming | 00:50:17 | 69 | 00:09:58 | 00:16:50 |
| 13 | 4145 | Glady Malvar | 00:50:17 | 70 | 00:10:04 | 00:16:56 |
| 14 | 3679 | Michael Ilnycky | 00:50:27 | 71 | 00:10:24 | 00:17:17 |
| 15 | 3619 | Paulo Dambacher | 00:50:44 | 73 | 00:10:29 | 00:17:21 |
| 16 | 3759 | Jeff Rudolf | 00:51:50 | 84 | 00:11:38 | 00:18:31 |
| 17 | 3732 | Ryan Munro | 00:52:23 | 94 | 00:12:13 | 00:19:05 |
| 18 | 3606 | Neal Burgess | 00:52:46 | 96 | 00:12:23 | 00:19:15 |
| 19 | 3760 | Peter Rymkiewicz | 00:54:15 | 112 | 00:14:16 | 00:21:09 |
| 20 | 4173 | Michael Parchensky | 00:54:28 | 116 | 00:14:06 | 00:20:59 |
| 21 | 3777 | Paul Teman | 00:55:07 | 130 | 00:14:54 | 00:21:46 |
| 22 | 3798 | Kelly Zwarych | 00:55:10 | 131 | 00:14:59 | 00:21:51 |
| 23 | 4160 | Peter Webber | 00:55:22 | 134 | 00:14:58 | 00:21:51 |
| 24 | 4184 | Robert Pare | 00:55:54 | 139 | 00:15:42 | 00:22:35 |
| 25 | 4186 | Rod Puhaj | 00:56:44 | 147 | 00:16:33 | 00:23:25 |
| 26 | 4104 | Rafal Cieplak | 00:57:45 | 153 | 00:17:50 | 00:24:42 |
| 27 | 4183 | Scott Lunn | 00:58:50 | 166 | 00:18:35 | 00:25:27 |
| 28 | 3746 | Scott Perley | 01:01:51 | 191 | 00:21:50 | 00:28:43 |
| 29 | 2848 | Roger Bradfield | 01:01:53 | 192 | 00:21:26 | 00:28:19 |
| 30 | 4199 | Rod Sheldrake | 01:02:53 | 201 | 00:22:41 | 00:29:33 |
| 31 | 3672 | Emmanuel Ho | 01:03:21 | 211 | 00:23:25 | 00:30:17 |
| 32 | 3738 | Don Olson | 01:05:44 | 237 | 00:25:25 | 00:32:17 |
| 33 | 4134 | Gerhard Barnard | 01:05:59 | 238 | 00:25:54 | 00:32:47 |
| 34 | 3638 | Colan Foster | 01:07:35 | 246 | 00:27:42 | 00:34:35 |
| 35 | 3723 | Shana Mercer | 01:07:59 | 247 | 00:27:55 | 00:34:47 |
| 36 | 4178 | Andrew Dallman | 01:10:16 | 254 | 00:30:12 | 00:37:05 |
| 37 | 3707 | Glen Lukye | 01:11:42 | 264 | 00:31:20 | 00:38:13 |
| 38 | 4172 | Mutaisem Hamoodi | 01:17:06 | 281 | 00:36:57 | 00:43:50 |

Category Results: 10k

MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Female Ages 50-59

| Pos | Bib# | Name | Time | Overall Position | Time Behind Categ | Time Behind Winner |
|-----|-------|----------------------|----------|------------------|-------------------|--------------------|
| 1 | 4126 | Cindy Schnee | 00:47:48 | 39 | 00:00:08 | 00:03:33 |
| 2 | 3793 | Shawna Yee | 00:51:27 | 82 | 00:04:34 | 00:07:58 |
| 3 | 20022 | Mary Butler-Gretton | 00:54:36 | 118 | 00:07:26 | 00:10:51 |
| 4 | 4192 | Carolyn Smith | 00:54:57 | 121 | 00:07:24 | 00:10:49 |
| 5 | 2163 | Donna Abramson | 00:55:01 | 126 | 00:07:25 | 00:10:50 |
| 6 | 3607 | Connie Caputo | 00:58:02 | 158 | 00:10:25 | 00:13:49 |
| 7 | 3642 | Lydia Freeman | 00:59:05 | 169 | 00:11:47 | 00:15:11 |
| 8 | 3616 | Pearl Crowchild | 00:59:34 | 174 | 00:11:57 | 00:15:22 |
| 9 | 2174 | Judy Bakalik | 01:00:24 | 178 | 00:12:50 | 00:16:14 |
| 10 | 4112 | Gail Jetter | 01:00:43 | 183 | 00:13:10 | 00:16:34 |
| 11 | 3709 | Cathy MacNaughton | 01:02:22 | 196 | 00:15:06 | 00:18:31 |
| 12 | 3754 | Krista Rawson | 01:05:41 | 235 | 00:18:39 | 00:22:04 |
| 13 | 4191 | Sue Wood | 01:08:48 | 250 | 00:21:27 | 00:24:52 |
| 14 | 3653 | Ellen Gleave | 01:09:35 | 252 | 00:22:39 | 00:26:03 |
| 15 | 4197 | Cathy Taylor Joudrey | 01:10:38 | 261 | 00:23:05 | 00:26:29 |
| 16 | 3703 | Christine Lilge | 01:12:17 | 269 | 00:25:05 | 00:28:29 |
| 17 | 3615 | Christine Couturier | 01:18:30 | 283 | 00:31:03 | 00:34:28 |
| 18 | 3730 | Kim Mortimer | 01:19:07 | 286 | 00:31:58 | 00:35:22 |
| 19 | 3637 | Meridee Fockler | 01:27:50 | 290 | 00:40:45 | 00:44:10 |
| 20 | 3665 | Helen Hayward | 01:27:57 | 292 | 00:40:42 | 00:44:06 |
| 21 | 3757 | Laurel Richards | 01:52:46 | 295 | 01:05:38 | 01:09:02 |

Male Ages 50-59

| Pos | Bib# | Name | Time | Overall Position | Time Behind Categ | Time Behind Winner |
|-----|------|-------------------|----------|------------------|-------------------|--------------------|
| 1 | 4154 | Morris Roberts | 00:39:43 | 8 | 00:00:04 | 00:06:06 |
| 2 | 4125 | David Sargent | 00:48:26 | 45 | 00:08:51 | 00:14:52 |
| 3 | 3625 | Duane Dombrova | 00:50:00 | 59 | 00:10:30 | 00:16:31 |
| 4 | 1194 | Semeon Hrushovetz | 00:50:03 | 63 | 00:11:05 | 00:17:06 |
| 5 | 3769 | Kevin Sharp | 00:50:12 | 66 | 00:10:45 | 00:16:46 |
| 6 | 4166 | Alberto Romano | 00:54:05 | 109 | 00:14:31 | 00:20:33 |
| 7 | 3742 | Terry Pascal | 00:54:59 | 123 | 00:15:24 | 00:21:26 |
| 8 | 3750 | Bruce Predham | 00:55:48 | 137 | 00:16:20 | 00:22:22 |
| 9 | 3747 | Barry Poon | 00:56:51 | 149 | 00:17:34 | 00:23:35 |
| 10 | 3710 | Wally MacNaughton | 00:58:03 | 160 | 00:18:53 | 00:24:54 |
| 11 | 3792 | Dong Hun Yang | 01:00:44 | 184 | 00:21:06 | 00:27:07 |
| 12 | 3725 | Ian Mitchell | 01:03:29 | 212 | 00:24:03 | 00:30:05 |
| 13 | 3717 | Alanna McDonough | 01:04:16 | 221 | 00:24:43 | 00:30:45 |
| 14 | 3641 | Gavin Freeman | 01:09:52 | 253 | 00:30:40 | 00:36:41 |
| 15 | 4131 | Neil Walker | 01:12:12 | 267 | 00:33:03 | 00:39:04 |
| 16 | 3675 | Julian Huang | 01:18:31 | 284 | 00:39:10 | 00:45:12 |

Female Ages 69-69

| Pos | Bib# | Name | Time | Overall Position | Time Behind Categ | Time Behind Winner |
|-----|------|----------------|----------|------------------|-------------------|--------------------|
| 1 | 3739 | Sandy Oman | 01:00:27 | 179 | 00:00:13 | 00:16:16 |
| 2 | 4147 | Diana McDonald | 01:02:55 | 202 | 00:03:06 | 00:19:09 |
| 3 | 3735 | Mo Ng | 01:06:32 | 241 | 00:06:52 | 00:22:55 |

Category Results: 10k

MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Male Ages 69-69

| Pos | Bib# | Name | Time | Overall Position | Time Behind Categ | Time Behind Winner |
|-----|------|--------------------|----------|------------------|-------------------|--------------------|
| 1 | 4152 | Trevor penford | 00:42:25 | 12 | 00:00:05 | 00:08:48 |
| 2 | 4148 | Grant McDonald | 00:53:40 | 102 | 00:11:36 | 00:20:19 |
| 3 | 3704 | Michael Lin | 00:53:42 | 104 | 00:11:26 | 00:20:10 |
| 4 | 3772 | Paul Sinclair | 00:54:52 | 120 | 00:12:38 | 00:21:21 |
| 5 | 2164 | Ron Abramson | 00:55:00 | 125 | 00:12:49 | 00:21:32 |
| 6 | 4103 | Gordon Charlebois | 00:59:13 | 173 | 00:17:30 | 00:26:13 |
| 7 | 4101 | Patrick Bryan | 01:00:06 | 177 | 00:18:00 | 00:26:44 |
| 8 | 3646 | David Frost | 01:01:17 | 189 | 00:19:42 | 00:28:26 |
| 9 | 3776 | Neil Sutherland | 01:12:52 | 271 | 00:30:55 | 00:39:38 |
| 10 | 3711 | Terrance Malkinson | 01:14:17 | 275 | 00:32:34 | 00:41:17 |

Female No Age Specified

| Pos | Bib# | Name | Time | Overall Position | Time Behind Categ | Time Behind Winner |
|-----|------|----------------------|----------|------------------|-------------------|--------------------|
| 1 | 3727 | Shaunta Moncaster | 00:58:14 | 162 | 00:00:38 | 00:14:28 |
| 2 | 4188 | Lindsay Tennock | 00:58:47 | 164 | 00:01:12 | 00:15:03 |
| 3 | 3783 | Liliane von der Weid | 00:58:47 | 165 | 00:00:49 | 00:14:39 |
| 4 | 4127 | Lindsay Skladan | 00:59:11 | 172 | 00:01:39 | 00:15:29 |
| 5 | 3762 | Simone Santini | 01:01:54 | 193 | 00:03:53 | 00:17:43 |
| 6 | 3610 | Siwei Chen | 01:02:13 | 194 | 00:04:25 | 00:18:16 |
| 7 | 4129 | Becky Wagner | 01:11:00 | 263 | 00:13:19 | 00:27:10 |

Male No Age Specified

| Pos | Bib# | Name | Time | Overall Position | Time Behind Categ | Time Behind Winner |
|-----|-------|-----------------|----------|------------------|-------------------|--------------------|
| 1 | 76308 | Marc Chiswell | 00:39:15 | 6 | 00:00:05 | 00:05:38 |
| 2 | 4176 | Michael colbert | 00:48:27 | 46 | 00:09:15 | 00:14:49 |
| 3 | 4179 | Steven Dowdell | 00:52:08 | 88 | 00:12:53 | 00:18:27 |
| 4 | 1195 | NAME UNKNOWN | 01:01:11 | 188 | 00:22:03 | 00:27:36 |
| 5 | 2176 | Brian Beaudoin | 01:03:00 | 203 | 00:24:32 | 00:30:05 |