

# Category Results: 5k

MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

## Female Ages 11 & Under

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	75429	Zoe Crampton	01:02:50	333	00:00:41	00:43:30

## Male Ages 11 & Under

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	76310	Jeremy Cieplak	00:38:32	276	00:00:29	00:21:40

## Female Ages 12-17

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	76395	Rosie Bouchard	00:20:36	7	00:00:05	00:00:40
2	75395	Camryn Braun	00:24:02	28	00:03:42	00:04:17
3	1146	Elsie Whitney	00:27:01	74	00:06:32	00:07:07
4	76343	Mackenzie Bowal	00:29:59	131	00:09:51	00:10:27
5	1138	Daisy Shackley	00:36:23	242	00:15:54	00:16:30
6	76325	Chelsea Marsolais	00:36:32	245	00:16:00	00:16:35
7	76388	Maha Hamoodi	00:38:52	279	00:18:34	00:19:10

## Male Ages 12-17

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	76187	Kieran Paauwe	00:23:40	24	00:00:07	00:06:26
2	76225	Marc Rawson	00:24:53	37	00:01:44	00:08:03
3	1149	Hunter Johnston	00:36:02	233	00:12:52	00:19:12
4	76214	Sam Prangnell	00:40:13	292	00:17:32	00:23:52

# Category Results: 5k

MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

## Female Ages 18-29

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	76340	Mandy Vocke	00:23:51	26	00:00:05	00:03:55
2	76239	Megan Rouse	00:25:09	38	00:01:24	00:05:14
3	75436	Ashley Davis	00:25:50	47	00:02:25	00:06:14
4	76350	Katrina Friesen	00:26:23	62	00:02:44	00:06:34
5	76182	Amy Noel	00:26:50	70	00:03:20	00:07:10
6	76257	Meagan Sutherland	00:26:53	72	00:03:27	00:07:17
7	75464	Jennifer Halasz	00:27:17	79	00:03:32	00:07:22
8	76312	Karli Crowshoe	00:27:24	82	00:03:42	00:07:32
9	1136	Chelsea Daku	00:28:39	111	00:05:04	00:08:54
10	76272	Emily Turner	00:28:55	116	00:05:13	00:09:03
11	76374	Jessica Thiessen	00:29:28	123	00:06:22	00:10:12
12	76366	Taylor Penney	00:29:28	124	00:06:22	00:10:12
13	76352	Katherine Harder	00:30:23	139	00:06:55	00:10:45
14	76309	Andrea Christensen	00:30:42	145	00:07:10	00:11:00
15	75470	Katherine Henderson	00:30:53	150	00:07:24	00:11:14
16	76155	Sheena MacNeil	00:30:55	152	00:07:13	00:11:03
17	76322	Kristin Krawec	00:31:36	165	00:08:24	00:12:14
18	76237	Krista Rosenow	00:32:19	172	00:08:41	00:12:30
19	76383	Katie Kuiper	00:33:55	199	00:10:35	00:14:25
20	76339	Cassandra Vocke	00:34:16	205	00:10:30	00:14:19
21	76263	Amy Tatterton	00:35:10	218	00:11:31	00:15:21
22	76283	Emma Whitehead	00:35:22	222	00:11:50	00:15:39
23	75500	Caitlyn Kruse	00:35:44	227	00:12:13	00:16:03
24	1140	Alicia Perpete	00:36:08	237	00:13:17	00:17:07
25	76280	Danielle Waters	00:36:26	244	00:12:45	00:16:35
26	75465	Ashlee Hamblin	00:36:41	248	00:13:19	00:17:09
27	76294	Mandy Yetman	00:37:48	265	00:14:13	00:18:03
28	75420	Mika Chubachi	00:44:12	307	00:20:48	00:24:38
29	75419	Alexandra Chubachi	00:44:12	308	00:20:48	00:24:38
30	76162	Kirsty McGowan	00:45:25	312	00:22:28	00:26:18
31	76297	Erica Zaremba	00:46:59	321	00:24:00	00:27:50
32	76498	Lacee Many Grey Horses	00:48:18	325	00:24:53	00:28:43
33	695	Chantal Palmer	00:48:18	326	00:24:53	00:28:43
34	75492	Justine Klumpp	00:52:53	328	00:29:52	00:33:42
35	76328	Carly Mitchell	00:52:54	329	00:29:52	00:33:41
36	76329	Tanis Munro	01:08:15	336	00:45:29	00:49:19

# Category Results: 5k

MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

## Male Ages 18-29

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	75428	Ryan Cormier	00:18:25	3	00:00:04	00:01:08
2	75498	Jan Krol	00:19:45	4	00:01:25	00:02:29
3	75396	Derek Braun	00:20:33	6	00:02:23	00:03:27
4	76397	William Brooks	00:21:53	12	00:03:35	00:04:39
5	1139	Adam Zymirski	00:22:36	17	00:04:19	00:05:23
6	76355	Brandon Lysholm	00:24:04	29	00:05:47	00:06:51
7	76318	Luke Iremadze	00:26:10	58	00:07:53	00:08:57
8	76369	Robert Rooke	00:27:35	83	00:09:16	00:10:20
9	76152	Danny Lu	00:27:50	91	00:10:04	00:11:08
10	1150	Alex Holland	00:29:51	130	00:11:54	00:12:58
11	76264	Brock Taylor	00:33:25	190	00:15:53	00:16:57
12	1181	Andrew Wilson	00:33:55	198	00:16:08	00:17:11
13	76496	Stuart JONES	00:34:45	211	00:16:59	00:18:03
14	76376	Sam Whitehead	00:35:22	223	00:17:15	00:18:19
15	76306	Jason Buie	00:36:33	246	00:18:37	00:19:41
16	76359	Jake Mullaney	00:37:59	268	00:19:47	00:20:50
17	76295	Dominic Zak	00:38:31	274	00:20:44	00:21:48
18	75410	Jack Campbell	00:41:14	299	00:23:38	00:24:42

# Category Results: 5k

## MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

### Female Ages 30-39

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	76176	Stephanie Murray	00:20:01	5	00:00:05	00:00:05
2	76495	Katherine Hunt	00:22:42	18	00:02:50	00:02:50
3	76268	Patricia Ting	00:23:47	25	00:03:50	00:03:50
4	76394	Meredith Bly	00:24:15	31	00:04:20	00:04:20
5	76497	Derek Kemp	00:24:20	32	00:04:40	00:04:40
6	75446	Paige Ellis	00:25:59	52	00:06:19	00:06:19
7	1134	Genevieve Turnbull	00:26:02	56	00:06:09	00:06:09
8	75381	Kristen Beechey	00:26:30	65	00:07:44	00:07:44
9	76243	Jenny Schlauchq	00:26:50	69	00:07:18	00:07:18
10	76351	Jenna Graham	00:27:03	75	00:07:16	00:07:16
11	76235	Lindie Roberts	00:27:17	80	00:07:49	00:07:49
12	3721	Hilary McLoughlin	00:28:07	95	00:08:17	00:08:17
13	76378	Erin Roberts	00:28:08	97	00:08:40	00:08:40
14	76326	Jana Miceli	00:28:08	98	00:08:18	00:08:18
15	76158	Holly Marisco	00:28:20	105	00:08:53	00:08:53
16	76380	Lori Berry	00:28:35	110	00:09:23	00:09:23
17	76275	Meghan Vallance-Morin	00:28:40	112	00:08:58	00:08:58
18	76390	Sara Cormier	00:28:48	113	00:09:07	00:09:07
19	76149	Carolyn Long	00:29:28	122	00:09:51	00:09:51
20	75489	Tracie Kenyon	00:29:29	126	00:09:53	00:09:53
21	76282	Brianne Webb	00:29:38	128	00:10:00	00:10:00
22	1188	Conny Lam-Roberts	00:29:45	129	00:10:33	00:10:33
23	76166	Jonna McQuade	00:30:03	133	00:10:18	00:10:18
24	76246	Saskia Scrimshaw	00:30:09	135	00:10:23	00:10:23
25	76141	Sylvie Lang	00:30:11	136	00:10:57	00:10:57
26	76381	Laura Connolly	00:30:16	137	00:10:38	00:10:38
27	75451	Debra Geldreich	00:30:16	138	00:10:40	00:10:40
28	76332	Leslie Payette	00:30:29	141	00:11:14	00:11:14
29	697	Erin Petley	00:30:40	144	00:10:57	00:10:57
30	76287	Tanya Wilson	00:30:47	147	00:11:02	00:11:02
31	76490	Lindsay Crasler	00:30:55	153	00:11:28	00:11:28
32	75448	Angela Flanagan	00:31:00	154	00:11:04	00:11:04
33	76148	Tsering Lineen	00:31:06	156	00:11:24	00:11:24
34	76331	Jennifer Parker	00:31:07	157	00:11:16	00:11:16
35	75382	Maria Beehan	00:31:20	161	00:11:34	00:11:34
36	76267	Suzanne Thibodeau	00:31:45	167	00:12:02	00:12:02
37	75450	Amanda Frost	00:31:58	169	00:12:33	00:12:33
38	75425	Shauna Collier-Jarvis	00:32:12	171	00:12:54	00:12:54
39	75421	Cindy Clark	00:32:29	177	00:12:46	00:12:46
40	76289	Tiffany Winters	00:32:30	178	00:12:43	00:12:43
41	75461	Gen Groulx	00:32:32	180	00:12:52	00:12:52
42	76392	Christina Bassett	00:32:56	183	00:13:17	00:13:17
43	76342	Julia Amulung	00:33:00	184	00:13:33	00:13:33
44	76256	Suzanne Stewart	00:33:01	185	00:13:33	00:13:33
45	76262	Leea Tarzwell	00:33:04	186	00:13:45	00:13:45
46	76260	Megan Tank	00:33:04	187	00:13:46	00:13:46
47	75472	Michelle Hernando	00:33:08	189	00:13:13	00:13:13
48	75474	Amanda Hillestad	00:33:26	191	00:14:17	00:14:17
49	76215	Sara Pun	00:33:43	194	00:13:52	00:13:52
50	76194	Heather Poffenroth	00:34:32	209	00:15:03	00:15:03
51	76240	Melissa Rowbotham	00:35:54	229	00:16:34	00:16:34

# Category Results: 5k

MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

## Female Ages 30-39

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
52	75477	Carla Hordichuk	00:35:54	230	00:16:34	00:16:34
53	75488	Katherine Jonsson	00:35:59	231	00:16:09	00:16:09
54	76142	Danna Laycock	00:36:00	232	00:16:23	00:16:23
55	75460	Lisa Grant	00:36:03	234	00:16:09	00:16:09
56	76375	Nicole West	00:36:08	235	00:17:06	00:17:06
57	76361	Bianca Nassey	00:36:08	236	00:17:07	00:17:07
58	76228	Lauren Reid	00:36:37	247	00:16:56	00:16:56
59	76241	Lacey Rye	00:36:44	249	00:17:10	00:17:10
60	76175	Jessica Mossiere	00:36:49	250	00:17:28	00:17:28
61	75441	Michelle Dice	00:36:50	251	00:17:15	00:17:15
62	76387	Erin Winkler	00:37:04	254	00:17:40	00:17:40
63	76285	Tiffany Wight	00:37:06	256	00:17:41	00:17:41
64	75372	Teri Anderson	00:37:36	260	00:18:16	00:18:16
65	75483	Emilie Jaspersen	00:37:38	261	00:17:54	00:17:54
66	76400	Jill Colbert	00:37:43	264	00:18:19	00:18:19
67	76265	Renae Taylor	00:38:03	270	00:18:39	00:18:39
68	76360	Lyndsay Mullaney	00:38:03	271	00:18:14	00:18:14
69	76313	Mandi Fusaro	00:38:09	272	00:18:51	00:18:51
70	76296	Lauren Zak	00:38:31	275	00:19:08	00:19:08
71	76291	Anita Withers	00:38:35	277	00:18:58	00:18:58
72	76300	Elaine Ahn	00:39:28	283	00:19:37	00:19:37
73	76250	Shannon She	00:39:28	284	00:20:15	00:20:15
74	76252	Darlene Sibilleau	00:41:09	297	00:21:30	00:21:30
75	75486	Wendy Johnson	00:41:57	301	00:22:17	00:22:17
76	694	Sherry Muckleston	00:42:09	303	00:22:43	00:22:43
77	75482	Sara Jaremko	00:45:46	315	00:26:17	00:26:17
78	4118	Reid Munro	00:46:59	322	00:27:50	00:27:50
79	75406	Melissa Burkett	00:50:01	327	00:30:45	00:30:45
80	75365	Nicole Adamchick	01:04:54	334	00:45:35	00:45:35
81	75370	Victoria Amero	01:09:13	337	00:49:35	00:49:35
82	75369	Rachael Amero	01:09:13	338	00:49:35	00:49:35
83	76357	Nicole Miller	01:37:49	339	01:18:17	01:18:17

# Category Results: 5k

## MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

### Male Ages 30-39

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	699	Graham Suffield	00:18:16	2	00:00:04	00:00:59
2	75422	Patrick Clark	00:20:54	8	00:02:46	00:03:41
3	76259	Darren Tallas	00:21:46	11	00:03:38	00:04:34
4	75427	Craig corder	00:22:14	13	00:04:03	00:04:58
5	75499	Danny Kroll	00:22:17	14	00:04:05	00:05:00
6	1196	Todo Decker	00:22:26	15	00:04:20	00:05:15
7	75476	Tristan Holotnak	00:22:31	16	00:04:23	00:05:18
8	76163	Joel McInnis	00:23:33	23	00:05:33	00:06:28
9	76261	Curtis Tarzwell	00:24:21	33	00:06:47	00:07:42
10	76236	Ismael Rodriguez-Cubino	00:25:12	40	00:07:12	00:08:07
11	76174	Christopher Morton	00:25:18	42	00:07:19	00:08:14
12	76249	Stephan Sedor	00:25:49	46	00:07:59	00:08:54
13	76288	Reece Winter	00:25:54	49	00:07:51	00:08:47
14	75426	Michael Connell	00:25:56	50	00:08:03	00:08:59
15	75385	Reuben Bestman	00:25:59	51	00:08:04	00:08:59
16	76244	Robert Schwering	00:26:00	53	00:08:23	00:09:19
17	75471	Bryan Hensel	00:26:02	55	00:09:00	00:09:55
18	76146	Josh Lewis	00:26:03	57	00:07:50	00:08:45
19	76136	Curtis Kucharuk	00:26:20	60	00:08:33	00:09:28
20	75479	Brian Hwang	00:26:24	63	00:08:07	00:09:02
21	76379	Kurt Brooks	00:26:29	64	00:09:11	00:10:07
22	75384	Steven Benoit	00:26:44	67	00:09:02	00:09:57
23	76346	Jeffery Chan	00:27:07	77	00:08:58	00:09:53
24	75403	Peter Buckley	00:27:36	84	00:10:01	00:10:57
25	76396	Travis Braddell	00:27:39	86	00:09:40	00:10:35
26	76167	Neill McQuade	00:27:55	92	00:10:07	00:11:03
27	76491	Geoff Ferguson	00:28:12	99	00:10:09	00:11:05
28	76382	Alex Polson	00:28:15	100	00:10:13	00:11:08
29	76365	Alejandro Pasillas	00:28:25	107	00:10:13	00:11:09
30	76391	Scott McCracken	00:29:11	119	00:11:16	00:12:11
31	75367	Benjamin Allen	00:29:15	121	00:11:12	00:12:07
32	76147	Peter Lineen	00:29:29	125	00:11:36	00:12:32
33	75376	Adam Barnes	00:29:31	127	00:11:57	00:12:53
34	76286	Trevor Wilde	00:30:08	134	00:12:34	00:13:29
35	75493	Richard Ko	00:30:43	146	00:12:26	00:13:21
36	75388	Tyler Blenkhorn	00:30:53	149	00:13:05	00:14:00
37	76347	Allan Cramer	00:31:55	168	00:14:19	00:15:14
38	76494	Michael Holland	00:32:27	175	00:14:38	00:15:34
39	75454	Yohants Giffuni	00:32:30	179	00:14:19	00:15:14
40	75416	Brad Charlebois	00:32:44	181	00:14:58	00:15:54
41	76353	Matt Hughes	00:33:57	200	00:16:09	00:17:04
42	75443	Ian Edwards	00:36:24	243	00:18:42	00:19:37
43	76150	Jeremy Loreth	00:37:05	255	00:19:25	00:20:20
44	76389	Heather Pringle	00:38:26	273	00:20:31	00:21:27
45	76311	Patricia Cieplak	00:39:10	280	00:21:23	00:22:19
46	75497	Chris Kreuger	00:41:56	300	00:24:02	00:24:57
47	76298	Emad Zbeidi	00:54:45	331	00:36:52	00:37:47

# Category Results: 5k

## MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

### Female Ages 40-49

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	75412	Carolyn Carey	00:24:13	30	00:00:35	00:04:47
2	75397	Laurel Braun	00:26:21	61	00:02:29	00:06:41
3	76377	Robyn Wytinck	00:27:00	73	00:02:56	00:07:08
4	76307	Michelle Chisholm	00:27:11	78	00:03:35	00:07:47
5	75480	Cate Hydeman	00:27:18	81	00:03:17	00:07:29
6	75378	Kerri Barr	00:27:44	88	00:03:47	00:07:59
7	76370	Rhonda Somers	00:28:15	101	00:04:14	00:08:26
8	76349	Jennifer Fleming	00:30:24	140	00:06:43	00:10:55
9	76338	Anik St-Denis	00:30:29	142	00:07:02	00:11:14
10	1144	Danielle Mogdan	00:30:49	148	00:06:44	00:10:56
11	76336	Trixy Sasyniuk-Walt	00:31:01	155	00:07:06	00:11:18
12	76356	Marion Malinowski	00:31:09	158	00:07:07	00:11:19
13	1178	Trina Kennedy	00:31:13	160	00:07:13	00:11:25
14	76333	Michelle Pratt	00:31:24	163	00:07:36	00:11:48
15	75466	Sherri Hamblin	00:31:28	164	00:07:54	00:12:06
16	76154	Shannon MacKinnon	00:32:07	170	00:08:13	00:12:25
17	76398	Jacky Chung	00:32:29	176	00:08:54	00:13:06
18	1137	Nina Shackley	00:32:53	182	00:08:46	00:12:58
19	75389	Heather Bloxham	00:33:44	195	00:10:19	00:14:31
20	75392	Tina Brandt	00:34:00	201	00:10:17	00:14:29
21	76371	Rosemary Stewart	00:34:14	204	00:10:32	00:14:44
22	75481	Tracy Ibbott	00:34:24	206	00:10:28	00:14:40
23	75467	Sara Hamm	00:34:25	207	00:10:28	00:14:40
24	75423	Tracy Clary	00:34:41	210	00:11:13	00:15:24
25	75449	Riona Freeman	00:35:03	215	00:11:13	00:15:25
26	75414	Yvonne Caulder	00:35:05	216	00:11:04	00:15:16
27	76330	Tina Overwater	00:35:11	219	00:11:36	00:15:48
28	75390	Sonya Bouvier	00:35:14	220	00:11:06	00:15:18
29	75440	Rita Desnoyers	00:35:18	221	00:12:00	00:16:12
30	75456	Amanda Gilluley	00:35:24	224	00:11:34	00:15:46
31	76233	Anita Rinas	00:35:40	225	00:12:13	00:16:24
32	75377	Sheryl Barnes	00:35:45	228	00:11:55	00:16:07
33	76363	Claire Owens	00:37:01	253	00:13:19	00:17:31
34	76266	Tracy Teasdale	00:37:30	258	00:13:32	00:17:43
35	76493	Candace Henderson	00:37:31	259	00:14:02	00:18:14
36	698	Gale Ranta	00:38:37	278	00:15:14	00:19:26
37	76299	Jill Zwarych	00:39:19	281	00:15:25	00:19:37
38	76354	Shalina Ladak	00:39:36	286	00:15:34	00:19:46
39	76232	Rhonda Ries	00:39:57	289	00:16:03	00:20:15
40	75383	Carrie Benoit	00:39:58	290	00:16:04	00:20:16
41	76213	Heather Prangnell	00:40:14	293	00:17:01	00:21:13
42	76164	Priscilla McKay	00:40:37	294	00:16:51	00:21:03
43	76248	Tanya Sealock	00:40:57	295	00:17:38	00:21:50
44	76258	Connie Taggart	00:48:12	324	00:24:45	00:28:57

# Category Results: 5k

MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

## Male Ages 40-49

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	75391	Keith Bradford	00:17:21	1	00:00:03	00:00:03
2	75405	Rob Bulmer	00:21:17	9	00:04:00	00:04:00
3	76242	Nathan Sabey	00:21:30	10	00:04:14	00:04:14
4	75394	Brad Braun	00:23:18	21	00:06:13	00:06:13
5	76319	Humberto Jijon	00:23:52	27	00:06:40	00:06:40
6	1145	Rob Bustin	00:24:27	34	00:07:17	00:07:17
7	1177	Steven Kennedy	00:24:35	35	00:07:28	00:07:28
8	76372	Jan Sueselbeck	00:24:41	36	00:07:25	00:07:25
9	75469	Eric Harvey	00:25:26	43	00:08:12	00:08:12
10	76315	Steven Gill	00:25:30	44	00:08:49	00:08:49
11	1147	Dylan Whitney	00:25:47	45	00:08:34	00:08:34
12	1189	Matt Smith	00:25:51	48	00:09:02	00:09:02
13	1191	Brian Ritchie	00:26:18	59	00:09:35	00:09:35
14	76492	Shane Graham	00:27:04	76	00:09:56	00:09:56
15	76165	Dave McLellan	00:28:04	94	00:11:13	00:11:13
16	75413	Liam Carroll	00:28:08	96	00:10:55	00:10:55
17	76169	Michael Meredith	00:28:15	102	00:11:34	00:11:34
18	75468	Aaron Harvey	00:28:33	109	00:11:19	00:11:19
19	1197	Kent Bienert	00:28:51	115	00:11:48	00:11:48
20	75373	David Armstrong	00:29:13	120	00:11:59	00:11:59
21	76226	Colin Redekop	00:30:40	143	00:13:35	00:13:35
22	75478	Kevin Houston	00:31:23	162	00:15:04	00:15:04
23	76384	Alvin Marvcot	00:32:21	174	00:15:07	00:15:07
24	76247	Shane Sealock	00:33:50	196	00:17:21	00:17:21
25	76172	Kevin Moorman	00:34:02	202	00:17:05	00:17:05
26	76345	Carlo Campos	00:37:38	262	00:21:04	00:21:04
27	76358	Dallas Mullaney	00:38:02	269	00:20:54	00:20:54
28	76177	Adam Myhre	00:39:22	282	00:22:45	00:22:45
29	75490	Colin Kershaw	00:39:31	285	00:22:57	00:22:57
30	76499	Robin McKittrick	00:39:39	287	00:23:01	00:23:01
31	76255	Bing So	00:41:58	302	00:25:11	00:25:11
32	76399	Adamo Cocuzzoli	00:43:31	306	00:26:45	00:26:45
33	1148	Jamey Johnston	00:46:40	320	00:29:56	00:29:56
34	75442	Samer Droubi	01:00:55	332	00:43:58	00:43:58



# Category Results: 5k

## MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

### Female Ages 50-59

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	3664	Sandra Hawryluk	00:27:36	85	00:00:11	00:07:46
2	1142	Nadine Dunseith	00:28:17	103	00:00:53	00:08:28
3	76254	Sherry Smilar	00:28:18	104	00:00:52	00:08:27
4	75431	Gwynneth Cross-Kmet	00:28:23	106	00:01:02	00:08:37
5	76188	Danielle Pacaud	00:28:25	108	00:01:00	00:08:34
6	76323	Brenda Kruppi	00:28:51	114	00:01:33	00:09:08
7	75475	Lois Hinz	00:29:10	118	00:01:44	00:09:19
8	76305	Carole Brownlees	00:31:11	159	00:03:44	00:11:18
9	76393	Rhonda Anderson	00:31:45	166	00:04:20	00:11:55
10	76273	Mairead Twomey	00:33:06	188	00:06:07	00:13:42
11	76304	Jennefer Brown	00:33:28	192	00:06:00	00:13:35
12	75437	Kathi Dawson	00:34:03	203	00:07:06	00:14:41
13	76251	Denele Shelby	00:34:47	212	00:07:24	00:14:59
14	76181	Lisa Nadeau	00:36:12	238	00:09:08	00:16:43
15	76364	Jennifer Owens	00:36:19	239	00:09:14	00:16:48
16	75386	Carla Betzner	00:36:51	252	00:09:41	00:17:16
17	76161	Liana McConnell	00:37:28	257	00:10:08	00:17:42
18	76143	Sue LeBreton	00:37:50	266	00:10:28	00:18:03
19	76224	Lorraine Rawson	00:37:54	267	00:11:13	00:18:48
20	76168	Rebecca Melenka	00:40:57	296	00:14:16	00:21:51
21	76192	Lisa Petersen	00:41:13	298	00:14:27	00:22:02
22	76321	Marilyn King	00:44:37	309	00:17:30	00:25:05
23	75407	Jane Burnham	00:46:20	318	00:19:15	00:26:50
24	75447	Sharon Evelyn	00:46:20	319	00:19:15	00:26:50
25	76153	Liz Mackay	00:47:18	323	00:20:21	00:27:56
26	1185	Lori Adamchick	01:05:00	335	00:38:04	00:45:39

### Male Ages 50-59

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	75494	Hugh Koebel	00:23:03	20	00:00:05	00:05:47
2	1184	Gordon Laqua	00:23:31	22	00:00:36	00:06:18
3	76334	Dave Rodgers	00:25:09	39	00:02:39	00:08:21
4	75398	David Brietzke	00:25:17	41	00:02:40	00:08:21
5	75496	Peter Krakowetz	00:26:02	54	00:03:17	00:08:59
6	3784	Pierre-Yves von der Weid	00:26:45	68	00:03:52	00:09:34
7	76178	Brad Myhre	00:26:51	71	00:04:31	00:10:13
8	696	Dale Palmer	00:27:39	87	00:05:31	00:11:13
9	76144	Jean-Francois Lemay	00:27:49	90	00:04:56	00:10:37
10	76193	Howard Phillips	00:32:19	173	00:09:43	00:15:25
11	76231	Bernie Ries	00:39:55	288	00:17:12	00:22:54
12	75404	Tom Budd	00:43:06	305	00:20:36	00:26:18
13	76324	Gene Laverty	00:54:39	330	00:32:51	00:38:33
14	76367	Praful Ranpara	01:37:49	340	01:15:13	01:20:55

### Female Ages 69-69

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	76301	Susan Anderson-Rodgers	00:30:00	132	00:00:33	00:10:32

# Category Results: 5k

## MEC Calgary Road Race ONE

LIVE RACE RESULTS: <http://results.blitzevents.ca>

### Male Ages 69-69

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	75463	George Gundesen	00:28:02	93	00:00:20	00:11:02
2	75453	Roland Gervais	00:35:01	214	00:07:11	00:17:52
3	76373	David Taylor	00:35:10	217	00:07:24	00:18:05
4	76137	Gregory Kuhl	00:45:55	316	00:18:20	00:29:01

### Female Ages 70 +

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	76274	Barbara Urquhart	00:30:54	151	00:00:15	00:11:09

### Male Ages 70 +

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	76292	Lee Woolery	00:40:13	291	00:01:00	00:23:52

### Female No Age Specified

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	75402	Maria-Lena Brix	00:33:36	193	00:00:50	00:14:26
2	76138	Kristin Kushneryk	00:33:51	197	00:01:05	00:14:40
3	76196	Leslie Pouliot	00:34:28	208	00:01:06	00:14:41
4	76277	Rema Joy Villaluz	00:35:42	226	00:02:12	00:15:47
5	75484	Nicole Joachim	00:36:21	240	00:03:37	00:17:13
6	76302	Lindsay Beacom	00:37:41	263	00:04:57	00:18:33
7	75458	Karli Graham	00:45:11	310	00:11:48	00:25:23
8	75457	Enna Graham	00:45:12	311	00:11:48	00:25:23
9	75459	Mindy Graham	00:45:27	313	00:12:04	00:25:40
10	76170	Holly Mitchell	00:45:56	317	00:12:31	00:26:07

### Male No Age Specified

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	76140	Mark Lagan	00:22:51	19	00:00:06	00:05:36
2	76386	Lorne Daly	00:26:35	66	00:03:48	00:09:18
3	76281	Gordon Watson	00:27:49	89	00:05:26	00:10:56
4	76293	Robin Yang	00:29:07	117	00:06:43	00:12:13
5	76195	Kyle Pouliot	00:34:48	213	00:12:11	00:17:41
6	75485	Vincent Joachim	00:36:23	241	00:14:29	00:19:59
7	1198	G S	00:43:06	304	00:20:48	00:26:18
8	76139	Omar Lababidi	00:45:45	314	00:23:17	00:28:47