

# Overall Results: 5k

## Red Deer PCN Women's Run

G.Pos = Gender Position  
C.Pos = Category Position

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Pos	Bib#	Name	Gun Time	Gender	Category	G.Pos	C. Pos	Time Behind Category	Time Behind Winner
1	1256	Jill Stewart	00:20:39	Female	Ages U19	1	1	00:00:00	00:00:00
2	1282	Hannah Wirtanen	00:22:11	Female	Ages U19	2	2	00:01:32	00:01:32
3	1032	Kristen Johnson	00:24:07	Female	Ages 35-39	3	1	00:00:00	00:03:28
4	1234	Anna Woodland	00:24:35	Female	Ages 25-29	4	1	00:00:00	00:03:56
5	1098	Jacklynn Moore	00:24:45	Female	Ages U19	5	3	00:04:06	00:04:06
6	1251	Sheryl Whyte	00:24:46	Female	Ages 55-59	6	1	00:00:00	00:04:07
7	963	Jennifer Curran	00:25:11	Female	Ages 45-49	7	1	00:00:00	00:04:32
8	1019	Jheria Hollman	00:25:28	Female	Ages U19	8	4	00:04:49	00:04:49
9	1033	Kerri Johnstone	00:25:37	Female	Ages 35-39	9	2	00:01:29	00:04:58
10	1015	Lisa Heinrichs	00:25:46	Female	Ages 35-39	10	3	00:01:38	00:05:07
11	951	Jodi Collier	00:25:47	Female	Ages 30-34	11	1	00:00:00	00:05:08
12	1092	Janelle Melenchuk	00:25:53	Female	Ages 35-39	12	4	00:01:45	00:05:14
13	1128	Hanah Penner	00:25:53	Female	Ages U19	13	5	00:05:14	00:05:14
14	908	Gelaine Andrusiak	00:26:03	Female	Ages 30-34	14	2	00:00:16	00:05:24
15	1112	Peggy Nishizeki	00:26:25	Female	Ages 50-54	15	1	00:00:00	00:05:46
16	993	Heather Ford-Barth	00:26:25	Female	Ages 35-39	16	5	00:02:17	00:05:46
17	989	Breanna Fisher	00:26:25	Female	Ages 25-29	17	2	00:01:50	00:05:46
18	1083	Helene Mcdonald	00:26:31	Female	Ages 55-59	18	2	00:01:44	00:05:52
19	1104	Shauna Mundell	00:26:46	Female	Ages 45-49	19	2	00:01:34	00:06:07
20	1300	Rachel Bilo	00:26:49	Female	Ages 45-49	20	3	00:01:37	00:06:10
21	1140	Kirsten Read	00:27:05	Female	Ages U19	21	6	00:06:26	00:06:26
22	1106	Laura Naldrett	00:27:09	Female	Ages 35-39	22	6	00:03:02	00:06:30
23	1025	Livi Hyde	00:27:38	Female	Ages U19	23	7	00:06:59	00:06:59
24	1026	Mandy Hyde	00:27:38	Female	Ages 40-44	24	1	00:00:00	00:06:59
25	1097	Dianna Moore	00:27:53	Female	Ages 40-44	25	2	00:00:14	00:07:14
26	1293	Kelly Obrien	00:28:12	Female	Ages 30-34	26	3	00:02:25	00:07:33
27	1061	Kristi Lund	00:28:14	Female	Ages 40-44	27	3	00:00:36	00:07:35
28	1082	Dawsin Mcdonald	00:28:18	Female	Ages U19	28	8	00:07:39	00:07:39
29	1064	Cindy Macdonald	00:28:19	Female	Ages 40-44	29	4	00:00:41	00:07:40
30	1023	Sherri-Lynn Husch	00:28:35	Female	Ages 35-39	30	7	00:04:28	00:07:56
31	1168	Madison Schmidt	00:28:41	Female	Ages 20-24	31	1	00:00:00	00:08:02
32	1295	Elana Schmidt	00:28:44	Female	Ages 30-34	32	4	00:02:56	00:08:05
33	1296	Amy Weinberger	00:28:44	Female	Ages 30-34	33	5	00:02:57	00:08:05
34	928	Ashley Blohm	00:28:47	Female	Ages 30-34	34	6	00:03:00	00:08:08
35	1239	Natalie Allan	00:28:54	Female	Ages U19	35	9	00:08:15	00:08:15
36	1324	Jen Goehring	00:28:56	Female	Ages 30-34	36	7	00:03:09	00:08:17
37	1249	Crystal Allan	00:29:06	Female	Ages 35-39	37	8	00:04:59	00:08:27
38	1179	Danielle Spencer	00:29:08	Female	Ages 40-44	38	5	00:01:29	00:08:29
39	1060	Gail Loov	00:29:15	Female	Ages 55-59	39	3	00:04:28	00:08:36
40	975	Hannah Dissen	00:29:18	Female	Ages 35-39	40	9	00:05:10	00:08:39
41	1289	Crystal Anderson	00:29:19	Female	Ages 30-34	41	8	00:03:32	00:08:40
42	1080	Kathy Mccullagh	00:29:37	Female	Ages 50-54	42	2	00:03:12	00:08:58
43	1145	Melody Reeves-Blocksom	00:29:43	Female	Ages 40-44	43	6	00:02:04	00:09:04
44	1067	Holly Maddex	00:29:43	Female	Ages 40-44	44	7	00:02:04	00:09:04
45	990	Shelley Fisher	00:29:54	Female	Ages 50-54	45	3	00:03:29	00:09:15
46	1048	Amber Lansing	00:30:09	Female	Ages 30-34	46	9	00:04:22	00:09:30
47	1000	Tamara Fushtey	00:30:22	Female	Ages 40-44	47	8	00:02:44	00:09:43
48	969	Tara Devereaux	00:30:35	Female	Ages 30-34	48	10	00:04:48	00:09:56
49	1153	Arianna Ruppert	00:30:36	Female	Ages 35-39	49	10	00:06:29	00:09:57
50	1154	Aubrey Ruppert	00:30:37	Female	Ages U19	50	10	00:09:58	00:09:58
51	1058	Braelyn Longhurst	00:30:38	Female	Ages U19	51	11	00:09:59	00:09:59
52	1022	Cressie Huhn	00:30:46	Female	Ages 40-44	52	9	00:03:07	00:10:07
53	1231	Peyton Wierenga	00:30:58	Female	Ages 25-29	53	3	00:06:22	00:10:19

# Overall Results: 5k

## Red Deer PCN Women's Run

G.Pos = Gender Position

C.Pos = Category Position

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Pos	Bib#	Name	Gun Time	Gender	Category	G.Pos	C. Pos	Time Behind Category	Time Behind Winner
54	1325	Cheryl Taylor	00:30:59	Female	Ages 50-54	54	4	00:04:34	00:10:20
55	1301	Sophie Bilo	00:31:06	Female	Ages U19	55	12	00:10:27	00:10:27
56	932	Sarah Bourne	00:31:20	Female	Ages 20-24	56	2	00:02:39	00:10:41
57	931	Laura Bourne	00:31:20	Female	Ages 55-59	57	4	00:06:34	00:10:41
58	1253	Marilyn Trufyn	00:31:26	Female	Ages 60-64	58	1	00:00:00	00:10:47
59	1047	Amanda Lafosse	00:31:28	Female	Ages 35-39	59	11	00:07:21	00:10:49
60	1221	Leah Wannop	00:32:06	Female	Ages 30-34	60	11	00:06:19	00:11:27
61	949	Leora Clutton	00:32:11	Female	Ages 50-54	61	5	00:05:46	00:11:32
62	948	Amy Clutton	00:32:11	Female	Ages 25-29	62	4	00:07:35	00:11:32
63	1090	Heidi Mckinlay	00:32:17	Female	Ages 35-39	63	12	00:08:09	00:11:38
64	1012	Alexandra Hamelin	00:32:19	Female	Ages U19	64	13	00:11:40	00:11:40
65	1240	Jenelle Loewen	00:32:21	Female	Ages 20-24	65	3	00:03:39	00:11:42
66	1085	Jennifer Mcewan	00:32:34	Female	Ages 30-34	66	12	00:06:47	00:11:55
67	1031	Bishta Jamaluddin	00:32:35	Female	Ages 25-29	67	5	00:08:00	00:11:56
68	934	Kathy Broks	00:32:44	Female	Ages 40-44	68	10	00:05:06	00:12:05
69	1117	Natalie Paetz	00:32:48	Female	Ages 35-39	69	13	00:08:40	00:12:09
70	1202	Leianne Toews	00:32:51	Female	Ages 40-44	70	11	00:05:12	00:12:12
71	1323	Syfronia Bonnell	00:32:58	Female	Ages 40-44	71	12	00:05:19	00:12:19
72	964	Kylie Czuy	00:33:02	Female	Ages 25-29	72	6	00:08:26	00:12:23
73	1108	Coreen Nelson	00:33:09	Female	Ages 40-44	73	13	00:05:30	00:12:30
74	1266	Connie Johnson	00:33:11	Female	Ages 25-29	74	7	00:08:35	00:12:32
75	1186	Tavia Stewart	00:33:14	Female	Ages 25-29	75	8	00:08:39	00:12:35
76	996	Ashley Fowler	00:33:26	Female	Ages 30-34	76	13	00:07:39	00:12:47
77	1196	Jolande Thijssen	00:33:32	Female	Ages 50-54	77	6	00:07:07	00:12:53
78	1287	Sofia Iatrou	00:33:36	Female	Ages U19	78	14	00:12:57	00:12:57
79	1286	Dawn Iatrou	00:33:37	Female	Ages 45-49	79	4	00:08:26	00:12:58
80	1274	Carla Nordby Muir	00:33:37	Female	Ages 45-49	80	5	00:08:26	00:12:58
81	1155	Kimberley Salmon	00:33:48	Female	Ages 45-49	81	6	00:08:37	00:13:09
82	1280	Cassidy Noble	00:33:56	Female	Ages 30-34	82	14	00:08:09	00:13:17
83	902	Patty Harvey	00:33:56	Female	Ages 55-59	83	5	00:09:09	00:13:17
84	1126	Caitlin Pearson	00:34:02	Female	Ages 30-34	84	15	00:08:15	00:13:23
85	1187	Pam Stollings	00:34:43	Female	Ages 55-59	85	6	00:09:56	00:14:04
86	947	Lori Clauson	00:34:43	Female	Ages 55-59	86	7	00:09:56	00:14:04
87	1307	Jen Hein	00:34:43	Female	Ages 30-34	87	16	00:08:56	00:14:04
88	1306	Carmen Wiancko	00:34:49	Female	Ages 50-54	88	7	00:08:23	00:14:10
89	1305	Tanis Wiancko	00:34:49	Female	Ages U19	89	15	00:14:10	00:14:10
90	1020	Michelle Holton	00:34:51	Female	Ages 40-44	90	14	00:07:12	00:14:12
91	1116	Cara Overholt	00:34:51	Female	Ages 40-44	91	15	00:07:12	00:14:12
92	977	Sydney Doan	00:34:54	Female	Ages 20-24	92	4	00:06:12	00:14:15
93	1038	Lorine Kelly	00:34:54	Female	Ages 45-49	93	7	00:09:42	00:14:15
94	1118	Diana Panelli	00:34:54	Female	Ages 35-39	94	14	00:10:47	00:14:15
95	1004	Lauren Gilbert	00:34:54	Female	Ages 35-39	95	15	00:10:47	00:14:15
96	988	Anna Findlay	00:35:02	Female	Ages 30-34	96	17	00:09:15	00:14:23
97	914	Courtney Avram	00:35:05	Female	Ages 25-29	97	9	00:10:30	00:14:26
98	1283	Ashley Norris	00:35:05	Female	Ages 25-29	98	10	00:10:30	00:14:26
99	1129	Marci Penner	00:35:08	Female	Ages 40-44	99	16	00:07:29	00:14:29
100	1008	Gail Goodall	00:35:08	Female	Ages 60-64	100	2	00:03:42	00:14:29
101	1299	Charlene Parise	00:35:09	Female	Ages 20-24	101	5	00:06:28	00:14:30
102	1156	Rachel Samaroden	00:35:10	Female	Ages 20-24	102	6	00:06:28	00:14:31
103	1162	Leah Schalkwyk	00:35:19	Female	Ages U19	103	16	00:14:40	00:14:40
104	918	Rachel Belich	00:35:19	Female	Ages U19	104	17	00:14:40	00:14:40
105	1185	Jillian Stewart	00:35:24	Female	Ages 30-34	105	18	00:09:37	00:14:45
106	1121	Patti Parker	00:35:24	Female	Ages 50-54	106	8	00:08:59	00:14:45

# Overall Results: 5k

## Red Deer PCN Women's Run

G.Pos = Gender Position  
C.Pos = Category Position

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Pos	Bib#	Name	Gun Time	Gender	Category	G.Pos	C. Pos	Time Behind Category	Time Behind Winner
107	1110	Kelsey Nicholson	00:35:24	Female	Ages 25-29	107	11	00:10:49	00:14:45
108	1331	Judith Mcintyre	00:35:29	Female	Ages 60-64	108	3	00:04:03	00:14:50
109	1246	Julie Saure	00:35:36	Female	Ages 30-34	109	19	00:09:49	00:14:57
110	1028	Melody Ing	00:35:37	Female	Ages 35-39	110	16	00:11:30	00:14:58
111	1316	Stephanie Pinksen	00:35:51	Female	Ages 50-54	111	9	00:09:26	00:15:12
112	1029	Lada Isaacs	00:35:53	Female	Ages 30-34	112	20	00:10:05	00:15:14
113	917	Gina Belich	00:36:02	Female	Ages 35-39	113	17	00:11:54	00:15:23
114	998	Anne Fry	00:36:11	Female	Ages 35-39	114	18	00:12:04	00:15:32
115	926	Diane Blinkhorn	00:36:18	Female	Ages 60-64	115	4	00:04:52	00:15:39
116	1232	Marissa Willard	00:36:18	Female	Ages 40-44	116	17	00:08:39	00:15:39
117	927	Rhonda Blinkhorn	00:36:18	Female	Ages 30-34	117	21	00:10:31	00:15:39
118	1122	Meagan Patko	00:36:18	Female	Ages 25-29	118	12	00:11:43	00:15:39
119	1103	Sasha Mourits	00:36:20	Female	Ages 30-34	119	22	00:10:33	00:15:41
120	1077	Tori Mcclelland	00:36:24	Female	Ages U19	120	18	00:15:45	00:15:45
121	1018	Karleen Hildebrand	00:36:29	Female	Ages 20-24	121	7	00:07:47	00:15:50
122	1078	Tracy Mcclelland	00:36:31	Female	Ages 40-44	122	18	00:08:53	00:15:52
123	1141	Lori Rechlo	00:36:35	Female	Ages 35-39	123	19	00:12:28	00:15:56
124	1178	Rachel Sneathun	00:36:36	Female	Ages 35-39	124	20	00:12:28	00:15:57
125	1319	Debbie Greenbank	00:36:37	Female	Ages 30-34	125	23	00:10:50	00:15:58
126	1093	Keira Milner	00:36:38	Female	Ages U19	126	19	00:15:59	00:15:59
127	1094	Sian Milner	00:36:38	Female	Ages 35-39	127	21	00:12:30	00:15:59
128	6	Aleena Pfaff	00:36:38	Female	Ages U19	128	20	00:15:59	00:15:59
129	1327	Marina Redekopp	00:36:40	Female	Ages 40-44	129	19	00:09:01	00:16:01
130	1326	April Redekopp	00:36:40	Female	Ages U19	130	21	00:16:01	00:16:01
131	1314	Kathryn Ludwig	00:36:40	Female	Ages 40-44	131	20	00:09:02	00:16:01
132	1130	Jen Pfaff	00:36:43	Female	Ages 35-39	132	22	00:12:36	00:16:04
133	1133	Krystal Prins	00:36:45	Female	Ages 30-34	133	24	00:10:58	00:16:06
134	1195	Deborah Tetz	00:36:47	Female	Ages 60-64	134	5	00:05:20	00:16:08
135	1321	Kelsey Bousquet	00:36:54	Female	Ages 20-24	135	8	00:08:12	00:16:15
136	1176	Sharon Slempt	00:37:00	Female	Ages 60-64	136	6	00:05:33	00:16:21
137	912	Stephanie Armstrong	00:37:00	Female	Ages 35-39	137	23	00:12:52	00:16:21
138	1149	Melissa Roberts	00:37:00	Female	Ages 30-34	138	25	00:11:13	00:16:21
139	1250	Allona Stendie	00:37:16	Female	Ages 50-54	139	10	00:10:51	00:16:37
140	1315	Carmen Karns	00:37:19	Female	Ages 40-44	140	21	00:09:40	00:16:40
141	1205	Karin Johnson	00:37:26	Female	Ages 30-34	141	26	00:11:39	00:16:47
142	1049	Krista Lanz	00:37:26	Female	Ages 40-44	142	22	00:09:48	00:16:47
143	1177	Amie Smid	00:37:27	Female	Ages 30-34	143	27	00:11:40	00:16:48
144	1330	Melanie Condratow	00:37:50	Female	Ages 35-39	144	24	00:13:42	00:17:11
145	1329	Melissa Young	00:37:50	Female	Ages 35-39	145	25	00:13:42	00:17:11
146	1091	Abigail Mcquay	00:37:53	Female	Ages U19	146	22	00:17:14	00:17:14
147	1322	Melody Couper-Smith	00:37:53	Female	Ages 65-69	147	1	00:00:00	00:17:14
148	1276	Debbie Murray	00:37:54	Female	Ages 60-64	148	7	00:06:28	00:17:15
149	1320	Corinna Dinnin-Davis	00:37:54	Female	Ages 50-54	149	11	00:11:29	00:17:15
150	1003	Tanya Germain	00:37:56	Female	Ages U19	150	23	00:17:17	00:17:17
151	986	Elyssa Erickson	00:38:01	Female	Ages U19	151	24	00:17:22	00:17:22
152	985	Carla Erickson	00:38:11	Female	Ages 35-39	152	26	00:14:04	00:17:32
153	1180	Amity Sponholz	00:38:16	Female	Ages 35-39	153	27	00:14:09	00:17:37
154	995	Duresa Forsberg	00:38:22	Female	Ages 40-44	154	23	00:10:43	00:17:43
155	1057	Jessica Linenko	00:38:22	Female	Ages U19	155	25	00:17:43	00:17:43
156	1288	Brenda Boulet	00:38:23	Female	Ages 55-59	156	8	00:13:37	00:17:44
157	1124	Zina Paul	00:38:36	Female	Ages 55-59	157	9	00:13:49	00:17:57
158	1105	Jen Myrol	00:38:43	Female	Ages 40-44	158	24	00:11:05	00:18:04
159	1052	Keren Leckie	00:38:44	Female	Ages 40-44	159	25	00:11:05	00:18:05

# Overall Results: 5k

## Red Deer PCN Women's Run

G.Pos = Gender Position  
C.Pos = Category Position

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Pos	Bib#	Name	Gun Time	Gender	Category	G.Pos	C. Pos	Time Behind Category	Time Behind Winner
160	1291	Chelsea Datema	00:38:45	Female	Ages 30-34	160	28	00:12:58	00:18:06
161	9	Sarah Henheffer	00:38:50	Female	Ages U19	161	26	00:18:11	00:18:11
162	1328	Lydie Delli Santi	00:38:51	Female	Ages 35-39	162	28	00:14:44	00:18:12
163	69	Brandi Henheffer	00:38:55	Female	Ages 35-39	163	29	00:14:47	00:18:16
164	1009	Tanya Gregory	00:39:00	Female	Ages 30-34	164	29	00:13:13	00:18:21
165	1191	Lyndsey Swanepoel	00:39:00	Female	Ages 35-39	165	30	00:14:52	00:18:21
166	973	Nancy Dillabough	00:39:16	Female	Ages 40-44	166	26	00:11:37	00:18:37
167	972	Doreen Dillabough	00:39:16	Female	Ages 45-49	167	8	00:14:04	00:18:37
168	979	Nora Drechsler	00:39:17	Female	Ages 20-24	168	9	00:10:36	00:18:38
169	978	Marie Drechsler	00:39:18	Female	Ages 55-59	169	10	00:14:31	00:18:39
170	959	Christine Couturier	00:39:18	Female	Ages 55-59	170	11	00:14:32	00:18:39
171	1066	Marci Madden	00:39:19	Female	Ages 35-39	171	31	00:15:11	00:18:40
172	1005	Sara Girardin	00:39:19	Female	Ages 35-39	172	32	00:15:12	00:18:40
173	1284	Fatina Knapp	00:39:22	Female	Ages 30-34	173	30	00:13:35	00:18:43
174	1285	Carmen Olmos	00:39:36	Female	Ages 35-39	174	33	00:15:29	00:18:57
175	1190	Megan Sutherland	00:39:50	Female	Ages 25-29	175	13	00:15:15	00:19:11
176	1111	Kit Nielsen	00:40:04	Female	Ages 60-64	176	8	00:08:38	00:19:25
177	1054	Katie Harvey	00:40:05	Female	Ages U19	177	27	00:19:26	00:19:26
178	1261	Tina Bale	00:40:08	Female	Ages 45-49	178	9	00:14:56	00:19:29
179	1292	Brenda Bowness	00:40:30	Female	Ages 55-59	179	12	00:15:44	00:19:51
180	1030	Charlotte Rockwell	00:40:38	Female	Ages 45-49	180	10	00:15:26	00:19:59
181	1281	Darlene Brunner	00:40:40	Female	Ages 45-49	181	11	00:15:29	00:20:01
182	1308	Janet Brown	00:40:41	Female	Ages 35-39	182	34	00:16:33	00:20:02
183	1271	Kerstin Heuer	00:41:03	Female	Ages 45-49	183	12	00:15:51	00:20:24
184	1272	Aiyana Heuer	00:41:03	Female	Ages U19	184	28	00:20:24	00:20:24
185	1181	Trudy Stanistreet	00:41:36	Female	Ages 70-79	185	1	00:00:00	00:20:57
186	1184	Lynn Steeves	00:41:46	Female	Ages 50-54	186	12	00:15:21	00:21:07
187	1125	Emily Peacock	00:41:46	Female	Ages 25-29	187	14	00:17:11	00:21:07
188	1171	Tanya Schneider	00:42:03	Female	Ages 35-39	188	35	00:17:55	00:21:24
189	999	Robyn Funk	00:42:05	Female	Ages 35-39	189	36	00:17:57	00:21:26
190	1096	Anne Mooney	00:42:05	Female	Ages 65-69	190	2	00:04:12	00:21:26
191	1014	Denyse Hazlett	00:42:07	Female	Ages 55-59	191	13	00:17:20	00:21:28
192	939	Kendra Campbell	00:42:07	Female	Ages U19	192	29	00:21:28	00:21:28
193	994	Lindsey Foreman	00:42:09	Female	Ages 35-39	193	37	00:18:01	00:21:30
194	1142	Leslie Redlick	00:42:09	Female	Ages 35-39	194	38	00:18:01	00:21:30
195	940	Ashley Carroll	00:42:09	Female	Ages 35-39	195	39	00:18:02	00:21:30
196	1114	Sandi Obrien	00:42:10	Female	Ages 30-34	196	31	00:16:22	00:21:31
197	1013	Elisabethe Hamelin	00:42:10	Female	Ages U19	197	30	00:21:31	00:21:31
198	1119	Nancy Paquet	00:42:10	Female	Ages 40-44	198	27	00:14:32	00:21:31
199	1262	Rhyleigh Bale	00:42:24	Female	Ages U19	199	31	00:21:45	00:21:45
200	1260	Courissa Bale	00:42:48	Female	Ages 25-29	200	15	00:18:12	00:22:09
201	941	Kali Chabot	00:43:01	Female	Ages U19	201	32	00:22:22	00:22:22
202	1120	Kristen Paradis	00:43:01	Female	Ages 35-39	202	40	00:18:54	00:22:22
203	906	Josephine Anderson	00:43:53	Female	Ages U19	203	33	00:23:14	00:23:14
204	905	Chelsey Anderson	00:43:53	Female	Ages 35-39	204	41	00:19:45	00:23:14
205	1259	Leah Vargas	00:44:05	Female	Ages 20-24	205	10	00:15:23	00:23:26
206	1065	Kyla Macdonald	00:44:15	Female	Ages U19	206	34	00:23:36	00:23:36
207	1046	Kayla Ladd	00:44:16	Female	Ages U19	207	35	00:23:37	00:23:37
208	1056	Francine Linenko	00:44:18	Female	Ages 55-59	208	14	00:19:31	00:23:39
209	1045	Kayley Lacasse	00:44:18	Female	Ages 30-34	209	32	00:18:31	00:23:39
210	980	Emmi Driedger	00:44:27	Female	Ages 35-39	210	42	00:20:20	00:23:48
211	1219	Carole Wakelin	00:44:28	Female	Ages 35-39	211	43	00:20:20	00:23:49
212	1265	Chelsa Schaefer	00:44:28	Female	Ages 30-34	212	33	00:18:41	00:23:49

# Overall Results: 5k

## Red Deer PCN Women's Run

G.Pos = Gender Position  
C.Pos = Category Position

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Pos	Bib#	Name	Gun Time	Gender	Category	G.Pos	C. Pos	Time Behind Category	Time Behind Winner
213	1204	Shayla Toma	00:44:34	Female	Ages U19	213	36	00:23:55	00:23:55
214	937	Krista Tupala	00:44:35	Female	Ages 30-34	214	34	00:18:48	00:23:56
215	1236	Zoe Woolston	00:44:38	Female	Ages 45-49	215	13	00:19:26	00:23:59
216	1152	Tracy Rowbotham	00:44:41	Female	Ages 45-49	216	14	00:19:29	00:24:02
217	1229	Cheryl Whitehead	00:44:42	Female	Ages 55-59	217	15	00:19:55	00:24:03
218	1263	Debra Kallis	00:45:17	Female	Ages 60-64	218	9	00:13:51	00:24:38
219	1220	Dianna Walls	00:45:53	Female	Ages 40-44	219	28	00:18:14	00:25:14
220	1189	Kieran Sutherland	00:45:53	Female	Ages U19	220	37	00:25:14	00:25:14
221	1072	Tasha Manary	00:45:56	Female	Ages U19	221	38	00:25:17	00:25:17
222	1071	Debbie Manary	00:45:56	Female	Ages 45-49	222	15	00:20:44	00:25:17
223	1238	Gabrielle Girvan	00:46:20	Female	Ages U19	223	39	00:25:41	00:25:41
224	1247	Rebecca Girvan	00:46:21	Female	Ages 35-39	224	44	00:22:13	00:25:42
225	997	Sylvia Friesen	00:46:29	Female	Ages 55-59	225	16	00:21:42	00:25:50
226	1311	Diane Reykdal	00:46:29	Female	Ages 50-54	226	13	00:20:04	00:25:50
227	1040	Lindsey Knudson	00:46:38	Female	Ages 30-34	227	35	00:20:51	00:25:59
228	904	Traeh Allen	00:46:43	Female	Ages U19	228	40	00:26:04	00:26:04
229	1172	Naomi Spendiff	00:46:58	Female	Ages 35-39	229	45	00:22:50	00:26:19
230	1016	Kathy Helm	00:47:31	Female	Ages 30-34	230	36	00:21:44	00:26:52
231	1017	Peggy Helm	00:47:31	Female	Ages 60-64	231	10	00:16:04	00:26:52
232	1273	Katie Jeans	00:47:33	Female	Ages U19	232	41	00:26:54	00:26:54
233	1275	Claire Muir	00:47:34	Female	Ages U19	233	42	00:26:55	00:26:55
234	1267	Lynette Braun	00:47:39	Female	Ages 50-54	234	14	00:21:14	00:27:00
235	1199	Audrey Tibbets	00:47:39	Female	Ages U19	235	43	00:27:00	00:27:00
236	942	Patricia Chadsey	00:47:40	Female	Ages 65-69	236	3	00:09:47	00:27:01
237	1200	Tanya Tibbets	00:47:40	Female	Ages 40-44	237	29	00:20:02	00:27:01
238	1206	Chantelle Trimper	00:47:42	Female	Ages 30-34	238	37	00:21:55	00:27:03
239	991	Angela Flinn	00:47:43	Female	Ages 30-34	239	38	00:21:56	00:27:04
240	1161	Whitney Schacher	00:47:44	Female	Ages 20-24	240	11	00:19:02	00:27:05
241	1160	Cindee Scarrott	00:47:44	Female	Ages 40-44	241	30	00:20:06	00:27:05
242	1159	Caitlin Scarrott	00:47:44	Female	Ages U19	242	44	00:27:05	00:27:05
243	960	Hannah Craig	00:47:56	Female	Ages 35-39	243	46	00:23:49	00:27:17
244	913	Kyra Atilla	00:47:57	Female	Ages 30-34	244	39	00:22:10	00:27:18
245	915	Tasha Balasbas	00:47:57	Female	Ages 30-34	245	40	00:22:10	00:27:18
246	1134	Keely Radmacher	00:48:00	Female	Ages U19	246	45	00:27:21	00:27:21
247	944	Evelyn Chan	00:48:00	Female	Ages 30-34	247	41	00:22:13	00:27:21
248	1036	Lauren Kadar-Gylander	00:48:00	Female	Ages U19	248	46	00:27:21	00:27:21
249	1217	Savannah Vickery	00:48:00	Female	Ages U19	249	47	00:27:21	00:27:21
250	1218	Shelley Vickery	00:48:01	Female	Ages 30-34	250	42	00:22:14	00:27:22
251	916	Rhonda Beers	00:48:34	Female	Ages 55-59	251	17	00:23:48	00:27:55
252	938	Jodi Campbell	00:48:56	Female	Ages 45-49	252	16	00:23:45	00:28:17
253	936	Lynn Brown	00:48:57	Female	Ages 70-79	253	2	00:07:21	00:28:18
254	1102	Hanna Delemont	00:49:08	Female	Ages 20-24	254	12	00:20:27	00:28:29
255	974	Susan Dillabough	00:49:08	Female	Ages 45-49	255	17	00:23:57	00:28:29
256	1297	Bethany Ginter	00:49:12	Female	Ages U19	256	48	00:28:33	00:28:33
257	1298	Jill Ginter	00:49:12	Female	Ages 50-54	257	15	00:22:47	00:28:33
258	1024	Linda Hutton	00:49:17	Female	Ages 55-59	258	18	00:24:31	00:28:38
259	1257	Callee Lundy	00:49:18	Female	Ages U19	259	49	00:28:39	00:28:39
260	1063	Cindy Lundy	00:49:18	Female	Ages 45-49	260	18	00:24:06	00:28:39
261	1209	Ella Vickery	00:49:40	Female	Ages U19	261	50	00:29:01	00:29:01
262	921	Kaiya Berge	00:49:40	Female	Ages U19	262	51	00:29:01	00:29:01
263	1214	Lily Vickery	00:49:40	Female	Ages U19	263	52	00:29:01	00:29:01
264	1213	Lacey Vickery	00:49:40	Female	Ages 35-39	264	47	00:25:33	00:29:01
265	86	Jean Schmidt	00:49:40	Female	Ages 80+	265	1	00:00:00	00:29:01

# Overall Results: 5k

## Red Deer PCN Women's Run

G.Pos = Gender Position  
C.Pos = Category Position

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Pos	Bib#	Name	Gun Time	Gender	Category	G.Pos	C. Pos	Time Behind Category	Time Behind Winner
266	1007	Connie Good	00:49:41	Female	Ages 65-69	266	4	00:11:47	00:29:02
267	1216	Sandi Vickery	00:49:41	Female	Ages 60-64	267	11	00:18:15	00:29:02
268	922	Shauna Berge	00:49:41	Female	Ages 35-39	268	48	00:25:33	00:29:02
269	1211	Jocelyn Vickery	00:49:41	Female	Ages 40-44	269	31	00:22:03	00:29:02
270	1212	Judi Vickery	00:49:42	Female	Ages 65-69	270	5	00:11:48	00:29:03
271	1138	Amber Ray	00:49:42	Female	Ages 40-44	271	32	00:22:03	00:29:03
272	1313	Kirsten Newsham	00:49:42	Female	Ages 20-24	272	13	00:21:00	00:29:03
273	1151	Kaitlin Rose	00:49:42	Female	Ages 25-29	273	16	00:25:07	00:29:03
274	1109	Shelley Newsham	00:49:42	Female	Ages 50-54	274	16	00:23:17	00:29:03
275	1164	Bretton Schmidt	00:49:43	Female	Ages 20-24	275	14	00:21:01	00:29:04
276	935	Jeannie Brown	00:49:43	Female	Ages 60-64	276	12	00:18:17	00:29:04
277	1041	Chantelle Koch	00:49:43	Female	Ages 25-29	277	17	00:25:08	00:29:04
278	1042	Linda Koch	00:49:43	Female	Ages 65-69	278	6	00:11:50	00:29:04
279	1143	Mackenzie Reeves	00:49:43	Female	Ages U19	279	53	00:29:04	00:29:04
280	1167	Laryn Schmidt	00:49:43	Female	Ages 25-29	280	18	00:25:08	00:29:04
281	1165	Cindy Schmidt	00:49:43	Female	Ages 50-54	281	17	00:23:18	00:29:04
282	1144	Michelle Reeves	00:49:43	Female	Ages 40-44	282	33	00:22:05	00:29:04
283	1169	Patty Schmidt	00:49:43	Female	Ages 50-54	283	18	00:23:18	00:29:04
284	1170	Tamryn Schmidt	00:49:44	Female	Ages U19	284	54	00:29:05	00:29:05
285	1150	Caylee Rose	00:49:44	Female	Ages 25-29	285	19	00:25:09	00:29:05
286	1053	Ashlee Lemaire	00:49:44	Female	Ages 30-34	286	43	00:23:57	00:29:05
287	1035	Shauna Kadar	00:50:09	Female	Ages 40-44	287	34	00:22:30	00:29:30
288	1135	Sherry Radmacher	00:50:09	Female	Ages 40-44	288	35	00:22:30	00:29:30
289	976	Deanna Doan	00:50:17	Female	Ages 45-49	289	19	00:25:06	00:29:38
290	1188	Kimberly Streit	00:50:18	Female	Ages 45-49	290	20	00:25:06	00:29:39
291	1034	Lynne Kadar	00:50:23	Female	Ages 70-79	291	3	00:08:47	00:29:44
292	933	Kristy Braun	00:50:48	Female	Ages 25-29	292	20	00:26:12	00:30:09
293	1228	Vanessa Wester	00:50:56	Female	Ages 30-34	293	44	00:25:09	00:30:17
294	1237	Rachel Zimmerlee	00:51:04	Female	Ages 35-39	294	49	00:26:57	00:30:25
295	909	Sophie Anning	00:51:28	Female	Ages U19	295	55	00:30:49	00:30:49
296	910	Susan Anning	00:51:28	Female	Ages 40-44	296	36	00:23:49	00:30:49
297	1235	Kyrstin Woods	00:52:33	Female	Ages 25-29	297	21	00:27:58	00:31:54
298	1044	Bobbie Krobutschek	00:52:34	Female	Ages 50-54	298	19	00:26:09	00:31:55
299	950	Bev Coleman	00:52:51	Female	Ages 60-64	299	13	00:21:24	00:32:12
300	962	Erin Croswell	00:52:51	Female	Ages 30-34	300	45	00:27:04	00:32:12
301	1277	Karen Horsley	00:52:56	Female	Ages 60-64	301	14	00:21:30	00:32:17
302	1198	Vicki Thompson	00:52:57	Female	Ages 30-34	302	46	00:27:10	00:32:18
303	1197	Gayle Thompson	00:52:58	Female	Ages 60-64	303	15	00:21:31	00:32:19
304	1076	Jessica Mayhew	00:53:01	Female	Ages 25-29	304	22	00:28:25	00:32:22
305	945	Dolores Charles	00:53:01	Female	Ages 55-59	305	19	00:28:14	00:32:22
306	1131	Sue Greenbank	00:53:07	Female	Ages 60-64	306	16	00:21:41	00:32:28
307	1230	Debbie Whiteside	00:53:07	Female	Ages 55-59	307	20	00:28:21	00:32:28
308	1069	Emma Malsbury	00:53:17	Female	Ages 20-24	308	15	00:24:35	00:32:38
309	1070	Glenda Malsbury	00:53:17	Female	Ages 55-59	309	21	00:28:31	00:32:38
310	1068	Courtney Malsbury	00:53:17	Female	Ages 25-29	310	23	00:28:42	00:32:38
311	1193	Kylee Tanner	00:53:19	Female	Ages U19	311	56	00:32:40	00:32:40
312	1084	Jayla Mcdougall	00:53:19	Female	Ages U19	312	57	00:32:40	00:32:40
313	981	Bethany Duiker	00:54:31	Female	Ages 30-34	313	47	00:28:44	00:33:52
314	982	Frances Duiker	00:54:31	Female	Ages 55-59	314	22	00:29:45	00:33:52
315	1318	Brittany Pennycook	00:54:42	Female	Ages U19	315	58	00:34:03	00:34:03
316	716	Carol Wilcox	00:54:48	Female	Ages 50-54	316	20	00:28:22	00:34:09
317	924	Sandie Bilik	00:54:48	Female	Ages 50-54	317	21	00:28:23	00:34:09
318	966	June David	00:54:55	Female	Ages 60-64	318	17	00:23:29	00:34:16

# Overall Results: 5k

## Red Deer PCN Women's Run

G.Pos = Gender Position

C.Pos = Category Position

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Pos	Bib#	Name	Gun Time	Gender	Category	G.Pos	C. Pos	Time Behind Category	Time Behind Winner
319	1258	Gladys Lubrin	00:55:03	Female	Ages 25-29	319	24	00:30:28	00:34:24
320	1043	Koralee Kovacs	00:55:03	Female	Ages 45-49	320	21	00:29:52	00:34:24
321	1021	Tanza Hovelkamp	00:55:04	Female	Ages 45-49	321	22	00:29:52	00:34:25
322	1304	Tulasi Kurupati	00:55:05	Female	Ages 35-39	322	50	00:30:58	00:34:26
323	1087	Jennifer Mcghee	00:55:46	Female	Ages 30-34	323	48	00:29:59	00:35:07
324	1086	Barb Mcghee	00:55:46	Female	Ages 55-59	324	23	00:30:59	00:35:07
325	1303	Cieanna Hood	00:56:00	Female	Ages U19	325	59	00:35:21	00:35:21
326	967	Mary Deluca	00:56:35	Female	Ages 45-49	326	23	00:31:23	00:35:55
327	1011	Desirae Grodaes	00:56:37	Female	Ages 30-34	327	49	00:30:49	00:35:58
328	1158	Chantal Savoie	00:56:40	Female	Ages 30-34	328	50	00:30:53	00:36:01
329	1074	Carol Mariott	00:56:41	Female	Ages 35-39	329	51	00:32:33	00:36:02
330	1227	Jennifer Wescott	00:56:41	Female	Ages 35-39	330	52	00:32:34	00:36:02
331	1123	Bev Patterson	00:56:42	Female	Ages 55-59	331	24	00:31:56	00:36:03
332	1079	Debbie McCluskey	00:57:07	Female	Ages 55-59	332	25	00:32:20	00:36:28
333	961	Sarah Creighton	00:57:07	Female	Ages 35-39	333	53	00:32:59	00:36:28
334	80	Virginia Larin	00:57:16	Female	Ages 80+	334	2	00:07:35	00:36:37
335	1039	Sandra Klashinsky	00:57:16	Female	Ages 50-54	335	22	00:30:51	00:36:37
336	1050	Livia Larin Young	00:57:16	Female	Ages 55-59	336	26	00:32:30	00:36:37
337	1302	Deanne Hood	00:57:23	Female	Ages 30-34	337	51	00:31:36	00:36:44
338	920	Lauryn Benjamin	00:57:23	Female	Ages U19	338	60	00:36:44	00:36:44
339	1245	Jennifer Baker	00:57:31	Female	Ages 30-34	339	52	00:31:44	00:36:52
340	1243	Kimberley Brotherton	00:57:32	Female	Ages 25-29	340	25	00:32:57	00:36:53
341	1264	Aubrey Schaefer	00:57:38	Female	Ages U19	341	61	00:36:59	00:36:59
342	1192	Cassidi Tahouney	00:57:43	Female	Ages 25-29	342	26	00:33:08	00:37:04
343	946	Laurel Clarke	00:57:44	Female	Ages 55-59	343	27	00:32:57	00:37:05
344	1225	Debby Wells	00:58:30	Female	Ages 55-59	344	28	00:33:44	00:37:51
345	1226	Jennifer Wells	00:58:30	Female	Ages 30-34	345	53	00:32:43	00:37:51
346	1051	Nataleigh Laurin	00:58:36	Female	Ages U19	346	62	00:37:57	00:37:57
347	1010	Patricia Grobmeier	00:58:45	Female	Ages 45-49	347	24	00:33:33	00:38:06
348	1081	Liz Mcculloch	00:58:45	Female	Ages 45-49	348	25	00:33:33	00:38:06
349	1062	Wendy Lund	00:58:45	Female	Ages 45-49	349	26	00:33:33	00:38:06
350	1317	Audrey Pennycook	00:58:56	Female	Ages 45-49	350	27	00:33:44	00:38:17
351	1222	Brenda Watts	00:59:07	Female	Ages 55-59	351	29	00:34:20	00:38:28
352	1310	Leslee Burton	00:59:07	Female	Ages 55-59	352	30	00:34:20	00:38:28
353	911	Patricia Arango	00:59:07	Female	Ages 50-54	353	23	00:32:42	00:38:28
354	1233	Linda Wilson	00:59:07	Female	Ages 50-54	354	24	00:32:42	00:38:28
355	919	Fallan Benjamin	00:59:33	Female	Ages 35-39	355	54	00:35:25	00:38:54
356	983	Carrie Earl	00:59:33	Female	Ages 25-29	356	27	00:34:58	00:38:54
357	943	Shital Chamadia	00:59:37	Female	Ages 30-34	357	54	00:33:50	00:38:58
358	1073	Nicole Manchur	00:59:45	Female	Ages 30-34	358	55	00:33:58	00:39:06
359	7	Ivy Manchur	00:59:45	Female	Ages U19	359	63	00:39:06	00:39:06
360	1278	J Hirsekorn	00:59:50	Female	Ages 40-44	360	37	00:32:12	00:39:11
361	1279	Hallie Hirsekorn	00:59:51	Female	Ages U19	361	64	00:39:11	00:39:11
362	992	Shelby Fookes	01:00:15	Female	Ages U19	362	65	00:39:36	00:39:36
363	1139	Aryanna Raymond	01:00:15	Female	Ages U19	363	66	00:39:36	00:39:36
364	930	Jessica Blurton	01:00:17	Female	Ages 30-34	364	56	00:34:30	00:39:38
365	1089	Tina Mcinenly	01:00:17	Female	Ages 30-34	365	57	00:34:30	00:39:38
366	1137	Melissa Ramsay	01:00:17	Female	Ages 35-39	366	55	00:36:10	00:39:38
367	987	Brenda Farwell	01:00:18	Female	Ages 55-59	367	31	00:35:31	00:39:39
368	925	Liz Blackmore	01:00:49	Female	Ages 55-59	368	32	00:36:03	00:40:10
369	971	Robyn Dickson	01:00:50	Female	Ages 45-49	369	28	00:35:38	00:40:11
370	1127	Ramona Pearson	01:00:50	Female	Ages 55-59	370	33	00:36:04	00:40:11
371	1147	Paula Rehn	01:01:16	Female	Ages 55-59	371	34	00:36:30	00:40:37

# Overall Results: 5k

## Red Deer PCN Women's Run

G.Pos = Gender Position

C.Pos = Category Position

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Pos	Bib#	Name	Gun Time	Gender	Category	G.Pos	C. Pos	Time Behind Category	Time Behind Winner
372	1146	Lainie Rehn	01:01:18	Female	Ages 20-24	372	16	00:32:36	00:40:39
373	1095	Kaylah Moen	01:01:18	Female	Ages 30-34	373	58	00:35:31	00:40:39
374	1100	Kristen Mckay	01:01:18	Female	Ages 30-34	374	59	00:35:31	00:40:39
375	1001	Brittany Geissler	01:01:25	Female	Ages 30-34	375	60	00:35:38	00:40:46
376	956	Nichole Cornell	01:01:26	Female	Ages 30-34	376	61	00:35:38	00:40:47
377	1002	Michelle Geissler	01:01:26	Female	Ages 25-29	377	28	00:36:51	00:40:47
378	1055	Christina Lewis	01:01:27	Female	Ages 35-39	378	56	00:37:19	00:40:48
379	1207	Danielle Verklan	01:02:14	Female	Ages 35-39	379	57	00:38:06	00:41:35
380	1075	Erin Marshall	01:02:41	Female	Ages 25-29	380	29	00:38:06	00:42:02
381	1099	Lea Moran	01:02:42	Female	Ages 30-34	381	62	00:36:55	00:42:03
382	1115	Theresa Oliver	01:02:47	Female	Ages 45-49	382	29	00:37:35	00:42:08
383	1027	Brittani Hyvonen	01:02:47	Female	Ages 25-29	383	30	00:38:12	00:42:08
384	1208	Louise Verklan	01:02:48	Female	Ages 60-64	384	18	00:31:22	00:42:09
385	953	Kim Connon	01:02:52	Female	Ages 30-34	385	63	00:37:05	00:42:13
386	1173	Val Sherman	01:03:18	Female	Ages 65-69	386	7	00:25:25	00:42:39
387	1203	Niki Toews	01:03:18	Female	Ages 40-44	387	38	00:35:40	00:42:39
388	1201	Jazmine Toews	01:03:18	Female	Ages U19	388	67	00:42:39	00:42:39
389	958	Katie Courser	01:03:19	Female	Ages U19	389	68	00:42:40	00:42:40
390	957	Cheryl Courser	01:03:19	Female	Ages 35-39	390	58	00:39:11	00:42:40
391	1269	Krista Mcelroy	01:03:32	Female	Ages 30-34	391	64	00:37:44	00:42:53
392	1268	Kendal Mcelroy	01:03:32	Female	Ages 30-34	392	65	00:37:45	00:42:53
393	1270	Laurie Mcelroy	01:03:33	Female	Ages 55-59	393	35	00:38:46	00:42:54
394	901	Stephanie Adair	01:04:27	Female	Ages 30-34	394	66	00:38:40	00:43:48
395	903	Melissa Adkins	01:04:31	Female	Ages 30-34	395	67	00:38:44	00:43:52
396	970	Cathy Dick	01:04:39	Female	Ages 55-59	396	36	00:39:52	00:44:00
397	1290	Morgan Rattai	01:05:20	Female	Ages 30-34	397	68	00:39:33	00:44:41
398	1183	Taylor Stasyk	01:05:26	Female	Ages U19	398	69	00:44:47	00:44:47
399	1182	Tamara Stasyk	01:05:30	Female	Ages 30-34	399	69	00:39:43	00:44:51
400	984	Diane Entner	01:05:32	Female	Ages 60-64	400	19	00:34:05	00:44:53
401	1241	Amanda Brotherton	01:06:02	Female	Ages 20-24	401	17	00:37:21	00:45:23
402	1244	Jacqlyn Brotherton	01:06:03	Female	Ages 30-34	402	70	00:40:16	00:45:24
403	1252	Rebecca Brotherton	01:06:04	Female	Ages 60-64	403	20	00:34:38	00:45:25
404	1254	Ruth Watson	01:06:05	Female	Ages 60-64	404	21	00:34:39	00:45:26
405	1309	Elizabeth Monroe	01:10:04	Female	Ages 40-44	405	39	00:42:26	00:49:25
406	1107	Debbie Neal	01:22:19	Female	Ages 50-54	406	25	00:55:54	01:01:40
407	1312	Jenn Craig	02:20:30	Female	Ages 40-44	407	40	01:52:52	01:59:51