

Category Results: 5k

MEC Calgary Road Race Five

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Female Ages 11 & Under

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	7492	London Harris	00:23:09	39	00:00:06	00:03:54
2	7708	Sophie Pfister	00:25:07	64	00:02:04	00:05:52
3	7291	Charlotte Birkby	00:26:03	71	00:03:11	00:06:59
4	7499	Abby Hickey	00:29:53	125	00:07:02	00:10:50
5	7577	Abby Ndegwa	00:34:10	204	00:11:36	00:15:24
6	7779	Alyanna Jillian Tanas	00:37:55	257	00:15:14	00:19:02
7	7563	Clara Mejia	00:39:04	268	00:16:33	00:20:21
8	7584	Anna Nieuwenhuis	00:42:01	281	00:19:41	00:23:29

Male Ages 11 & Under

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	7716	Loren Pope	00:27:41	92	00:00:16	00:10:08
2	7578	Daniel Ndegwa	00:28:10	95	00:00:59	00:10:51
3	7721	Sebastian Prusinkiewicz	00:31:28	160	00:03:58	00:13:50
4	7564	Juan Mejia	00:39:05	269	00:12:02	00:21:54
5	7771	Kolby Stefura	00:40:26	275	00:12:57	00:22:49
6	7717	Terence Pope	00:46:41	293	00:19:11	00:29:03

Female Ages 12-17

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	7295	Rosie Bouchard	00:19:21	6	00:00:00	00:00:00
2	7581	Mackenzie Neufeld	00:21:12	21	00:01:54	00:01:54
3	7838	Claire Nguyen-Cao	00:23:31	45	00:04:20	00:04:20
4	7782	Eve Taplin	00:28:54	105	00:09:38	00:09:38
5	7561	Alexa Mcneill	00:32:20	177	00:13:19	00:13:19

Male Ages 12-17

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	7709	Cayden Pfister	00:19:46	10	00:00:06	00:02:03
2	7840	Eric Nielsen	00:19:49	11	00:00:06	00:02:03
3	7289	Peter Bignold	00:22:25	32	00:02:46	00:04:43
4	7600	Ryan Palmer	00:24:16	52	00:04:36	00:06:33
5	7290	Cameron Birkby	00:26:16	74	00:06:47	00:08:44
6	7875	Aaron Rigg-Goldblun	00:29:02	108	00:09:44	00:11:40
7	7481	Sean Gilluley	00:36:01	237	00:16:36	00:18:33
8	7808	Ezra West	00:42:16	283	00:22:57	00:24:54
9	7593	Mark Kobe Ortiz	01:18:52	311	01:00:11	01:02:08

Category Results: 5k

MEC Calgary Road Race Five

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Female Ages 18-29

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	7795	Alexandria Varty	00:20:34	17	00:00:04	00:01:16
2	7595	Rachael Ostroff	00:21:39	26	00:01:09	00:02:22
3	7288	Georgia Bignold	00:22:47	35	00:02:21	00:03:33
4	7803	Mandy Vocke	00:23:30	44	00:03:03	00:04:16
5	7842	Zhe Lin Bu	00:24:16	51	00:03:49	00:05:01
6	8412	Emily Turner	00:25:03	61	00:04:40	00:05:53
7	8350	Megan Rouse	00:25:06	63	00:04:43	00:05:55
8	8113	Jamie Heuser	00:26:28	80	00:06:18	00:07:31
9	6995	Jennifer Halasz	00:26:59	83	00:06:35	00:07:48
10	7737	Lindsey Rizzo	00:27:30	86	00:07:03	00:08:15
11	7837	Christina Nguyen	00:27:32	88	00:07:20	00:08:33
12	7751	Sofiya Semeniuk	00:28:07	94	00:07:49	00:09:01
13	7518	Joelyn Kozar	00:29:10	110	00:08:53	00:10:05
14	7846	Taylor Lamb	00:29:26	114	00:08:59	00:10:11
15	7511	Anika Joshi	00:29:45	122	00:09:38	00:10:50
16	7425	Stephanie Clarke	00:30:02	129	00:09:41	00:10:53
17	7836	Sophie Lemay	00:30:17	134	00:09:53	00:11:05
18	7823	Lina Maria Yanez-Jaramillo	00:30:23	136	00:09:58	00:11:11
19	6921	Celina Dharamshi	00:30:30	139	00:10:25	00:11:37
20	7787	Brittany Tom	00:30:53	145	00:10:59	00:12:11
21	7547	Keltie Martell	00:31:03	148	00:11:06	00:12:19
22	7732	Miranda Riches	00:31:04	150	00:10:53	00:12:06
23	7498	Ann Herrera	00:31:17	154	00:11:07	00:12:20
24	8180	Melissa Langedahl	00:31:25	157	00:11:11	00:12:24
25	7831	Malorie Hillier	00:32:06	173	00:11:55	00:13:07
26	7582	Julie Ng	00:32:15	176	00:11:57	00:13:10
27	7802	Cassie Vocke	00:32:58	183	00:12:32	00:13:44
28	7855	Crystal Li	00:33:33	192	00:14:01	00:15:13
29	7740	Shay Robertson	00:33:43	197	00:13:45	00:14:58
30	7474	Samantha Garbutt	00:33:54	199	00:13:49	00:15:02
31	7521	Katie Kuiper	00:33:57	201	00:13:49	00:15:01
32	7514	Jenny Kim	00:34:08	203	00:13:58	00:15:11
33	7488	Samantha Griffin	00:35:08	219	00:15:07	00:16:19
34	7487	Christine Griffin	00:35:24	226	00:15:23	00:16:36
35	7730	April Richer	00:36:06	239	00:15:44	00:16:57
36	7448	Lilian Diep	00:36:17	243	00:17:02	00:18:14
37	7712	Sara Pinsky	00:38:34	263	00:18:40	00:19:52
38	7760	Jeannie Shepard	00:38:57	267	00:18:32	00:19:44
39	8432	Kayzia West	00:42:18	284	00:22:11	00:23:23
40	7791	Kha Truong	00:43:46	288	00:23:39	00:24:52
41	7826	Erica Zaremba	00:49:14	297	00:29:28	00:30:41
42	7475	Megan Gaska	00:49:16	298	00:28:50	00:30:03
43	7093	Victoria Amero	01:35:24	315	01:19:59	01:21:11

Category Results: 5k

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Male Ages 18-29

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	7852	Ryan Cormier	00:18:01	3	00:00:03	00:00:15
2	7406	Matthew Burke	00:18:34	4	00:00:36	00:00:49
3	7551	Dylan Mason	00:19:28	8	00:01:34	00:01:46
4	7450	Aidan Donald	00:20:23	16	00:02:28	00:02:40
5	7402	Josh Broughton	00:20:59	19	00:03:02	00:03:15
6	7525	Calvin La	00:21:31	25	00:03:38	00:03:50
7	7537	Josh Lewis	00:22:49	36	00:04:52	00:05:04
8	7575	Adrian Nagle	00:23:55	47	00:06:00	00:06:12
9	7774	Derek Sullivan	00:24:18	53	00:06:25	00:06:38
10	8424	Zubair Virjee	00:24:47	55	00:07:15	00:07:27
11	7422	Michael Choi	00:24:55	57	00:07:06	00:07:18
12	7871	Brandon Walsh	00:26:22	75	00:08:35	00:08:47
13	7701	Winston Pang	00:26:24	77	00:08:36	00:08:48
14	7759	Guanjie Shen	00:27:30	87	00:09:53	00:10:06
15	8468	Niall Heffernan	00:28:33	99	00:10:38	00:10:50
16	7524	Ian Kwok	00:29:30	116	00:11:52	00:12:04
17	7460	Nathaniel Ernst	00:29:52	124	00:12:00	00:12:12
18	7555	Matthew Mcdonald	00:29:53	126	00:12:02	00:12:15
19	7451	Adam Dueck	00:30:00	128	00:12:11	00:12:23
20	7872	Chris Kennedy	00:30:10	131	00:12:24	00:12:36
21	7543	David Ma	00:36:18	244	00:19:35	00:19:47
22	7801	Robert Vo	00:40:16	274	00:22:30	00:22:43
23	8431	Eric West	00:42:05	282	00:24:28	00:24:40

Category Results: 5k

MEC Calgary Road Race Five

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Female Ages 30-39

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	7713	Natalia Pinto	00:23:19	42	00:00:04	00:04:02
2	7797	Kristine Vierneza	00:24:09	49	00:01:06	00:05:04
3	7439	Joanna Czarnecki	00:24:57	59	00:01:51	00:05:49
4	7286	Lori Berry	00:25:41	69	00:02:35	00:06:33
5	7500	Heather Hickey	00:26:30	81	00:03:29	00:07:26
6	7546	Holly Marisco	00:27:41	91	00:04:34	00:08:32
7	8486	Petrina Clingman	00:28:11	96	00:05:06	00:09:04
8	7428	Julie Clements	00:28:28	97	00:05:14	00:09:12
9	8304	Heather Poffenroth	00:28:29	98	00:05:34	00:09:32
10	8150	Jessica Johnston	00:28:35	101	00:05:26	00:09:23
11	7517	Melody Koyata	00:28:41	103	00:05:29	00:09:27
12	7785	Suzanne Thibodeau	00:28:54	106	00:05:49	00:09:47
13	7300	Britney Brooks	00:29:05	109	00:06:20	00:10:18
14	8234	Jonna Mcquade	00:29:43	120	00:06:34	00:10:32
15	7857	Kelly Sauerwein	00:30:16	133	00:07:30	00:11:28
16	7570	Achara Mokharat	00:30:50	143	00:07:39	00:11:37
17	7776	Cheryl Sung	00:30:52	144	00:08:29	00:12:27
18	7719	Heather Pringle	00:31:13	152	00:08:19	00:12:17
19	8317	Shelley Qian	00:31:17	155	00:08:39	00:12:37
20	7526	Nicole Labrie	00:31:28	161	00:08:18	00:12:15
21	7752	Nada Shaban	00:31:39	166	00:08:38	00:12:36
22	7464	Angela Fischer	00:31:58	168	00:09:11	00:13:09
23	7746	Noreen Samra	00:32:02	170	00:09:17	00:13:14
24	7456	Michelle Dyrigas	00:32:06	172	00:09:01	00:12:59
25	7485	Margriet Greidanus	00:32:10	174	00:09:02	00:13:00
26	7849	Robyn Gamber	00:32:12	175	00:09:19	00:13:16
27	7282	Maria Beehan	00:32:32	179	00:09:35	00:13:33
28	7799	Christine Visser	00:33:01	184	00:09:55	00:13:53
29	7723	Krista Purchase	00:33:01	185	00:09:55	00:13:53
30	7473	Mandi Fusaro	00:33:02	186	00:10:04	00:14:02
31	8452	Tanya Yeomans	00:33:08	187	00:10:21	00:14:19
32	7294	Brooke Boser	00:33:13	188	00:10:39	00:14:37
33	7471	Amber Froese	00:33:27	190	00:10:54	00:14:52
34	7459	Allison Ellis	00:33:33	191	00:10:26	00:14:24
35	7834	Angela Knowles	00:33:34	194	00:10:38	00:14:36
36	7744	Lacey Rye	00:33:47	198	00:10:51	00:14:49
37	7540	Lindsay Lorencz	00:34:19	208	00:11:30	00:15:28
38	8254	Jessica Mossiere	00:34:25	210	00:11:44	00:15:42
39	7545	Paola Maldonado	00:34:52	213	00:12:10	00:16:08
40	7548	Silvia Martinez	00:34:55	214	00:11:47	00:15:45
41	7773	Sally Storch	00:34:59	215	00:11:55	00:15:53
42	7804	Stephanie Wall	00:35:16	221	00:12:18	00:16:15
43	7587	Tiffany Ninnim	00:35:21	223	00:12:37	00:16:35
44	7573	Karoliina Munter	00:35:23	225	00:12:22	00:16:20
45	7594	Tina Oslanski	00:35:31	230	00:13:13	00:17:11
46	8365	Stephanie Scott	00:35:50	235	00:12:37	00:16:35
47	7815	Erin Winkler	00:36:14	241	00:13:37	00:17:35
48	7783	Renae Taylor	00:36:21	245	00:13:37	00:17:34
49	6801	Teri Anderson	00:37:06	250	00:13:59	00:17:57
50	7489	Erin Guilteneane	00:38:07	258	00:15:17	00:19:15
51	7858	Victoria Stan Harold	00:38:29	261	00:15:34	00:19:32

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Female Ages 30-39

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
52	7504	Celeste Howard	00:38:29	262	00:15:29	00:19:26
53	7556	Megan Mcginn	00:39:34	272	00:16:48	00:20:46
54	7503	Jody Hopkins	00:39:34	273	00:16:48	00:20:46
55	7753	Rebecca Sharpe	00:40:41	277	00:17:54	00:21:52
56	7447	Becky Dewit	00:41:44	278	00:19:08	00:23:06
57	7553	Jessica Mauro	00:41:51	279	00:19:06	00:23:04
58	7809	Mary West	00:42:24	286	00:19:30	00:23:28
59	7509	Natasha Joachim	00:43:58	289	00:21:08	00:25:06
60	7859	Chatkaew Suhiran	00:44:12	290	00:26:18	00:30:16
61	7412	Promita Chakrabarty	00:47:49	294	00:24:37	00:28:35
62	7715	Laurie Pope	00:49:43	299	00:26:43	00:30:41
63	7706	Karla Pelrine	00:50:49	300	00:28:18	00:32:16
64	7863	Michelle Atienza	00:51:49	305	00:28:55	00:32:53
65	7851	Marizen Acosta	01:18:27	308	00:56:18	01:00:15
66	6943	Leah Escabillas	01:19:07	313	00:56:19	01:00:17
67	7092	Rachael Amero	01:35:25	316	01:17:14	01:21:12

Category Results: 5k

MEC Calgary Road Race Five

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Male Ages 30-39

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	7824	Ryan Zahynacz	00:17:49	1	00:00:03	00:00:03
2	7739	Owen Roberts	00:17:59	2	00:00:14	00:00:14
3	7711	Greg Pierce	00:19:17	5	00:01:32	00:01:32
4	7542	Kevin Lucas	00:20:03	13	00:02:17	00:02:17
5	7819	Roger Woon	00:20:13	15	00:02:31	00:02:31
6	7479	Randy Giguere	00:21:08	20	00:03:26	00:03:26
7	7835	Mark Lagan	00:21:14	22	00:03:28	00:03:28
8	7100	Adam Barnes	00:22:01	27	00:04:20	00:04:20
9	7879	Konstantin Lazutin	00:22:07	28	00:04:25	00:04:25
10	7865	Derek Kemp	00:22:08	29	00:04:41	00:04:41
11	7433	Craig Corder	00:22:15	30	00:06:18	00:06:18
12	7463	Steven Fawkes	00:23:56	48	00:06:26	00:06:26
13	7830	Justin Han	00:24:55	58	00:07:25	00:07:25
14	7828	Bryan Zwueste	00:26:22	76	00:08:53	00:08:53
15	7415	Jeffery Chan	00:26:28	79	00:08:56	00:08:56
16	7825	Hameed Zaman	00:28:37	102	00:11:26	00:11:26
17	7560	Michael Mcleod	00:29:18	111	00:11:38	00:11:38
18	7457	Ian Edwards	00:29:37	119	00:12:09	00:12:09
19	7878	Shawn Brackett	00:29:44	121	00:12:25	00:12:25
20	7702	Ryan Parliment	00:30:34	140	00:13:25	00:13:25
21	7534	Adam Lefevre	00:31:04	149	00:13:38	00:13:38
22	6873	Brad Charlebois	00:31:11	151	00:13:52	00:13:52
23	7810	Sean Whelan	00:31:21	156	00:13:53	00:13:53
24	7854	Ryan Hollingsworth	00:31:35	164	00:14:15	00:14:15
25	7467	Ho-Ming Fong	00:31:42	167	00:14:15	00:14:15
26	8118	Emmanuel Ho	00:33:33	193	00:16:19	00:16:19
27	7421	Jong In Choi	00:33:42	196	00:16:30	00:16:30
28	7565	Steve Melloni	00:34:00	202	00:16:46	00:16:46
29	8284	Chanhee Park	00:36:28	246	00:19:22	00:19:22
30	7780	Janice Tanas	00:39:18	271	00:21:57	00:21:57

Category Results: 5k

MEC Calgary Road Race Five

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Female Ages 40-49

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	7864	Karen Cambaliza	00:23:11	40	00:00:11	00:04:01
2	7832	Joni Kaul	00:24:34	54	00:01:29	00:05:19
3	7820	Stephanie Workman	00:25:06	62	00:02:07	00:05:56
4	7579	Diana Ndegwa	00:26:05	72	00:03:25	00:07:14
5	7853	Fedeliza Espiritu-Lopez	00:26:59	82	00:04:04	00:07:54
6	7781	Erin Taplin	00:27:15	84	00:04:10	00:07:59
7	7793	Dorota Ulkowska	00:27:34	89	00:04:51	00:08:41
8	7589	Shelley Nixon	00:27:49	93	00:04:55	00:08:45
9	7466	Sabina Floyd	00:28:34	100	00:05:54	00:09:44
10	7704	Tammy Patel	00:28:45	104	00:05:52	00:09:41
11	7516	Anita Koles	00:28:59	107	00:06:08	00:09:57
12	7533	Adrienne Lefavre	00:29:31	117	00:06:36	00:10:25
13	7769	Anik St-Denis	00:29:59	127	00:07:00	00:10:50
14	7726	Catherine Reynolds	00:30:44	142	00:08:06	00:11:56
15	7098	Nathalie Babineau	00:30:55	146	00:08:07	00:11:57
16	7491	Juliana Harris	00:31:28	159	00:08:57	00:12:47
17	8354	Claudia Sanchez	00:31:33	163	00:09:01	00:12:51
18	7458	Joann Elliott	00:31:58	169	00:09:19	00:13:09
19	8396	Liz Strom	00:34:19	207	00:11:40	00:15:29
20	7847	Kelly Kreiger	00:34:25	209	00:11:45	00:15:35
21	7283	Alytta Bekesi	00:34:59	216	00:12:04	00:15:53
22	7426	Tracy Clary	00:35:41	233	00:13:03	00:16:53
23	7281	Jean Beebe	00:35:46	234	00:13:12	00:17:02
24	7480	Amanda Gilluley	00:36:01	236	00:13:11	00:17:01
25	7090	W Adeyinka	00:37:07	251	00:14:17	00:18:07
26	8201	Rodelyn Macatula	00:37:19	252	00:14:34	00:18:24
27	7862	Lisa Nortoft-Daigle	00:37:28	253	00:14:43	00:18:33
28	7724	Gale Ranta	00:38:44	264	00:16:12	00:20:01
29	7786	Bonnie Ting	00:38:46	265	00:16:21	00:20:11
30	7557	Priscilla Mckay	00:38:50	266	00:16:04	00:19:54
31	7411	Yvonne Caulder	00:39:10	270	00:16:14	00:20:04
32	7770	Jennifer Stefura	00:40:26	276	00:17:28	00:21:18
33	7454	Angela Dumancic	00:42:22	285	00:20:00	00:23:50
34	7442	Mianne De Guia	00:43:28	287	00:20:32	00:24:21
35	6926	Josefa Donato	00:51:44	302	00:29:02	00:32:52
36	7550	Verna Marzo	01:18:41	309	00:56:39	01:00:29
37	7790	Maida Tresenio	01:18:44	310	00:56:40	01:00:30
38	7869	Connie Graham	01:19:05	312	00:56:30	01:00:19
39	7549	Debie Marzo	01:19:51	314	00:56:40	01:00:30

Category Results: 5k

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Male Ages 40-49

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	7868	Jason Lewis	00:19:40	9	00:00:04	00:01:55
2	7714	Andrew Platten	00:20:12	14	00:00:35	00:02:26
3	8290	J.S. Patel	00:22:18	31	00:02:44	00:04:35
4	7508	Humberto Jijon	00:22:49	37	00:03:18	00:05:09
5	7839	Kevin Nguyen-Cao	00:25:00	60	00:05:30	00:07:21
6	7567	Michael Meredith	00:25:12	65	00:05:39	00:07:31
7	7755	Chris Shaw	00:25:19	66	00:05:52	00:07:44
8	7465	Jeff Floyd	00:25:36	68	00:06:23	00:08:14
9	7493	Mike Harris	00:27:19	85	00:08:19	00:10:11
10	7866	Chris Knibb	00:30:12	132	00:10:58	00:12:50
11	7720	Chris Prusinkiewicz	00:31:28	158	00:11:59	00:13:50
12	7580	Douglas Ndegwa	00:34:10	205	00:15:05	00:16:57
13	7861	David Daigle	00:37:28	254	00:18:14	00:20:05
14	7559	Robin Mckittrick	00:37:34	255	00:18:15	00:20:06
15	7767	Bing So	00:41:57	280	00:23:02	00:24:53
16	7860	Kroekwut Suhiran	00:44:12	291	00:29:58	00:31:49
17	7590	Barry Nolke	00:50:50	301	00:31:57	00:33:48

Female Ages 50-59

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	8487	Hilda Duffield	00:23:29	43	00:00:05	00:04:13
2	7874	Anne Guiot	00:29:18	112	00:05:58	00:10:06
3	7805	Sandi Wasyluniuk	00:31:17	153	00:07:58	00:12:07
4	7735	Lesley Rigg	00:32:32	180	00:09:32	00:13:40
5	7403	Jennefer Brown	00:33:39	195	00:10:26	00:14:34
6	7758	Denele Shelby	00:35:19	222	00:12:38	00:16:47
7	7788	Debbie Tomaszewski	00:36:35	247	00:13:41	00:17:49
8	7298	Karen Brietzke	00:36:36	248	00:13:17	00:17:26
9	7094	Catherine Anderson	00:36:54	249	00:13:44	00:17:53
10	7768	Eileen Stan	00:38:29	260	00:15:23	00:19:32
11	7867	Rebecca Therrien	01:10:18	307	00:47:36	00:51:44

Male Ages 50-59

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	7833	Sidhartha Kaul	00:21:20	23	00:00:05	00:03:35
2	7599	Dale Palmer	00:24:52	56	00:03:38	00:07:08
3	7544	Thom Mahler	00:29:23	113	00:08:18	00:11:49
4	7845	Brian Lamb	00:29:27	115	00:08:14	00:11:45
5	7710	Howard Phillips	00:29:35	118	00:08:35	00:12:05
6	7761	Garry Shepherd	00:30:10	130	00:09:07	00:12:37
7	7530	Gene Laverty	00:48:25	295	00:27:49	00:31:20
8	4231	Wally Macnaughton	00:51:44	303	00:31:06	00:34:36

Category Results: 5k

MEC Calgary Road Race Five

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Female Ages 69-69

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	7850	Beatrice Wilhelm	00:30:56	147	00:00:07	00:11:43
2	7876	Yvonne Morrison	00:33:15	189	00:02:33	00:14:08
3	7843	Patsy Marsh	00:34:34	211	00:04:11	00:15:46
4	7472	Sylvia Fuchek	00:48:46	296	00:18:27	00:30:02

Male Ages 69-69

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	7285	Wayne Benz	00:22:28	33	00:00:07	00:04:46
2	7478	Roland Gervais	00:29:51	123	00:07:33	00:12:12
3	7725	Cec Rau	00:30:35	141	00:08:12	00:12:51
4	7877	Gary Galbraith	00:31:32	162	00:09:35	00:14:14

Female Ages 70 +

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	7800	Helly Visser	00:37:43	256	00:00:05	00:18:27

Male Ages 70 +

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	7440	Roger Davies	00:30:24	138	00:00:05	00:12:40

Category Results: 5k

MEC Calgary Road Race Five

LIVE RACE RESULTS: <http://results.blitzevents.ca>

Female No Age Specified

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	7527	Christina Lam	00:22:29	34	00:00:09	00:03:16
2	7583	Sara Ngan	00:23:34	46	00:01:10	00:04:17
3	7414	Eva Chan	00:25:31	67	00:03:09	00:06:17
4	7822	Christine Yaholnitsky	00:25:49	70	00:03:33	00:06:41
5	6904	Brittany Dadamo	00:26:10	73	00:03:47	00:06:54
6	7731	Ruth Richert	00:26:25	78	00:04:10	00:07:18
7	7757	Chrissy Shaw	00:27:40	90	00:05:27	00:08:35
8	7287	Claudia Bianchin	00:30:20	135	00:08:02	00:11:09
9	7792	Danielle Turko	00:30:23	137	00:08:03	00:11:10
10	7510	Nicole Joachim	00:31:36	165	00:09:35	00:12:43
11	7532	Chantelle Lee	00:32:02	171	00:10:08	00:13:15
12	7745	Andrea Sampson	00:32:43	181	00:10:30	00:13:38
13	7856	Colby Salisbury	00:33:54	200	00:11:53	00:15:01
14	7536	Kara Levis	00:34:14	206	00:12:03	00:15:10
15	7764	Alicia Simmonds	00:34:41	212	00:12:42	00:15:50
16	7741	Odessa Robinson	00:35:05	217	00:12:54	00:16:01
17	7423	Karen Christopherson	00:35:05	218	00:12:54	00:16:01
18	8406	Emily Timmons	00:35:08	220	00:13:06	00:16:14
19	7585	Friso Nieuwenhuis	00:35:22	224	00:13:03	00:16:10
20	7750	Saumya Selvaraj	00:35:27	227	00:13:11	00:16:19
21	7506	Stephanie Ireland	00:35:28	228	00:13:12	00:16:19
22	7707	Karen Petzold	00:35:39	231	00:13:47	00:16:55
23	7452	Grace Duke	00:35:40	232	00:13:40	00:16:48
24	7813	Catharine Wild	00:36:05	238	00:14:15	00:17:22
25	7844	Aimee Schoenberger	00:38:25	259	00:16:13	00:19:20
26	7848	Melanie Singson	00:51:48	304	00:29:44	00:32:52

Male No Age Specified

Pos	Bib#	Name	Time	Overall Position	Time Behind Categ	Time Behind Winner
1	7519	Jan Krol	00:19:23	7	00:00:04	00:01:38
2	7449	Shane Dignum	00:19:58	12	00:00:38	00:02:12
3	7775	Gladwin Sun	00:20:49	18	00:01:29	00:03:03
4	7870	Babikel Adam	00:21:28	24	00:02:09	00:03:43
5	7419	Joshua Chik	00:23:06	38	00:03:51	00:05:25
6	8243	Cruz Miraback	00:23:18	41	00:04:22	00:05:56
7	7816	Reece Winter	00:24:10	50	00:04:58	00:06:32
8	7727	Daniel Rhodes	00:32:22	178	00:13:08	00:14:41
9	7873	UNKNOWN UNKNOWN	00:32:48	182	00:13:35	00:15:08
10	8286	Sangkeun Park	00:35:28	229	00:16:49	00:18:22
11	7798	Chris Villalva	00:36:09	240	00:17:05	00:18:38
12	7703	UNKNOWN UNKNOWN	00:36:16	242	00:16:53	00:18:27
13	7453	UNKNOWN UNKNOWN	00:44:38	292	00:25:15	00:26:49
14	7520	UNKNOWN UNKNOWN	00:57:00	306	00:37:36	00:39:10